

T H E
B O O K
Bible O F *Old Test*
P S A L M S

Made F I T for the
C L O S E T;
W I T H
COLLECTS and PRAYERS
Out of the L I T U R G Y of the
Church of E N G L A N D;
And other P R O V S
M E D I T A T I O N S,
Particularly adapted;
With T I T L E S to each P S A L M.

*Let these Words be in thine Heart, and teach them
diligently unto thy Children, talk of them when
thou sittest in thine House, and when thou
walkest by the Way, and when thou liest down,
and when thou risest up. DEUT. VI.*

L O N D O N:
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BOOK
PSALMS

CLUSTER

COLLECTED
BY THE



Church of England

MEDITATIONS

With Titles to each Psalm

By the Rev. John W. ...
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...
...
...



THE P R E F A C E.



TH E Book of Psalms has had the greatest Eulogies and Praises of any Part of the Old Testament, and indeed most deservedly, for the Composers of it seem to have been blessed with a larger Portion of the Holy Spirit, than any of the Prophets. Wherefore it is, that the Wisdom of our Church Governours hath thought fit to order the reading of it, in our publick Service, quite thorough once every Month; whereas the other Parts of the Old Testament are read over but once in twelve Months.

Many and good have been the Expositors and Commentators upon these Psalms, inas-

The PREFACE.

much as I think the true Meaning of every one has been so fully opened, that there is no doubt left of the right Sense of any of them: But as most of the Expositions run by way of Paraphrase, and large Comments annexed; some have not Leisure, and others will not give themselves Time to compare them together. The Poor are not able to purchase, nor indeed have Understanding to make the right Use of them: Besides, all that I have hitherto met withal expound them as they were first written and relate to the Prophet David himself, so that ordinary Capacities are at a loss for a particular Application to themselves. I have therefore attempted to make them speak after a private manner, so that any Pious and well disposed Christian may make use of them in his Closet Devotions, without consulting any Comment or Exposition.

They may be said to be divided into three Parts, Personal, Practical, and Prophe-tical.

As for those that relate to David's own Person, it cannot be supposed that the particular Circumstances of any private Man's Life can be like to his, who was a King and Prophet; but as he has ever been allowed

to

The P R E F A C E.

to be the Type of, and to represent the Church, every Christian may make use of his Words under the Name of the Church, and so I have applied them. As for the doctrinal or practical ones, they are very little altered, being suitable to every pious Soul in what Station soever.

But those that are prophetical I have mostly varied, owning the Goodness and Grace of God in fulfilling them, and giving Thanks for it.

I thought also a short Meditation or Prayer, giving an hint of the most material Point in each Psalm, would not be amiss; and therefore to those Psalms that are in themselves Prayers, have put Meditations, and to those that are not, have applied some one of the Collects or Prayers out of the Liturgy of the Church, as I found most suitable to the Matter of the Psalm.

The Design of the Whole is to encourage and assist private Devotion, being of Opinion with the Author of the Common-Prayer-Book, the best Companion in the House and Closet as well as the Temple, that the more we can bring out of our publick Service into our private Devotions the better; and I am sure no part of the

THE PREFACE.

Bible is more proper for the Exercise of the Closet, than the Book of Psalms; for we cannot conceive any Condition a Believer may be in here in this Life, whether of Prosperity or Adversity, of Temptation or Deliverance, of Striving or Victory, of Health or Sickness, or any other Circumstance, but he will meet with an Entertainment suitable to it in this Book, to the Quieting of his Conscience, or Advancement of his Salvation.

I shall add no more but my Request to God, to give a Blessing to all those that shall use these Papers, and me Grace to serve him. Amen.

25 SE 60

THE

T H E
Book of P S A L M S

Made Fit for the

C L O S E T.

The First Day of the Month.

Morning Prayer.

P S A L M I.

A Representation of the different State of good and bad Men, in this World, and in the World to come.

Blessed is the man that hath not walked in the counsel of the ungodly, nor stood in the way of sinners: and hath not kept company with the scornful.

2. But his delight is in the law of the Lord: and in his Law will he exercise himself day and night.

3. Such a one shall thrive like a Tree planted by the water-side: which being refreshed by the stream will bring forth his fruit in due season.

A 4.

4. His

4. His happiness shall not decay : and look whatsoever he doth it shall prosper.

5. As for the ungodly, it is not so with them : but they are like the chaff which the wind scattereth away from the face of the earth.

6. Therefore the ungodly shall not be able to stand when God comes to judge the world : neither the sinners find any place among the righteous.

7. But the Lord will approve of the way of the righteous : and the way of the ungodly shall perish.

MEDITATION.

LET who will place their happiness in riches, power, honour, or sensual delights, I desire to imitate the *Blessed Man* described in this Psalm, and do beg of God to give me grace, so to walk in the ways of his Commandments, so to order my whole life and conversation in this world, that I may be received among the righteous into his heavenly habitations in the world to come.

PSALM II.

An Acknowledgment of the coming of Our Saviour.

WH Y did the jews and romans so furiously rage together ? why did they think to hinder what God resolved to do ?

2. The kings of the earth conspired, and the rulers took counsel together : against the Lord, and against Christ, saying,

3. Let

The First Day.

9

3. Let us throw off all subjection : and obedience to this new king.

4. But God whose fear is in heaven did laugh them to scorn : the Lord did blast their wicked designs.

5. He shewed them that he was angry with them : for he punished them in his sore displeasure.

6. And notwithstanding their power and malice : did set up Christ our Saviour in the room of their false Gods.

7. According to his eternal decree he sent his only Son to take our flesh upon him : and to be the redeemer of mankind.

8. He gave him this world for his dominion : the whole earth to be governed by his law.

9. All his enemies will he destroy : and break down the strong holds of sin.

10. Be wise now therefore, O ye sinners : be advised, ye that are great upon earth.

11. Serve the Lord in fear : and rejoyce unto him with reverence.

12. Accept the offers of mercy he holds out to you, that ye perish not : for should his wrath be kindled at your obstinacy, ye are undone ; but blessed are all they that put their trust in him.

COLLECT.

Almighty God, who hast given us thine only begotten Son to take our nature upon him, grant that I being regenerate and made thy child by adoption and grace may daily be renewed by thy holy Spirit, through the same our Lord Jesus Christ, who liveth and reigneth with thee and the same Spirit, ever one God world without end. *Amen.*

PSALM III.

A Prayer in behalf of the Church.

LORD how are they increased that trouble thy Church: many are they that rise up against her.

2. Many there be that say of her: that God hath forsaken her.

3. But thou, O Lord, art her defender: thou wilt protect and guard her from all danger.

4. She has called upon thee often in her distress: and thou hast heard and relieved her.

5. She has often rested in safety: for thou hast been her security.

6. Therefore shall she not be afraid for ten thousands of the people: that have set themselves against her round about.

7. Arise now, O God, and turn the hearts of her enemies: make them examples of thy justice or mercy.

8. There is none other can work such a deliverance: 'tis thou only canst give this blessing to thy people.

MEDITATION.

GOD is my Saviour, whom shall I fear?
 God is my Protector, of whom then shall I be afraid?

PSALM

PSALM IV.

The Prayer of a Christian putting his Trust in God, and begging his Protection.

Hear me when I call, O God of my righteousness: thou hast set me at liberty, when I was in trouble; have mercy upon me, and hearken unto my prayer.

2. O ye sons of men, how long will ye neglect your God: and have such pleasure in vanity and lies?

3. Know this, that the Lord hath chosen to himself the man that is godly: when I call upon the Lord he will hear me.

4. Stand in awe and sin not: commune with your own heart; and in your chamber, and be still.

5. Offer the sacrifice of righteousness: and put your trust in the Lord.

6. There be many that say: who will shew us any good?

7. Yet I hope, O Lord, thou wilt lift up: the light of thy countenance upon me.

8. Which will give me more joy than others find: in the greatest flow of earthly blessings.

9. I will trust in thy providence, and take my rest: for it is thou, Lord, only that makest me dwell in safety.

MEDITATION.

THE Lord's hand is not shortned that it cannot save, neither his ear heavy that it cannot hear; but as he that is mighty has done great things already, so his mercy
is

is on them that fear him from generation to generation.

PSALM V.

*A Prayer for Protection against wicked Men,
and for Grace to serve God.*

Give ear to my words, O Lord: consider my meditation.

2. O hearken unto the voice of my calling, my King and my God: for unto thee will I make my prayer.

3. My voice shalt thou hear betimes, O Lord: early in the morning will I direct my prayer unto thee, and will look up towards heaven.

4. For thou art the God that hast no pleasure in wickedness: neither shall any evil dwell with thee.

5. Such as be wicked shall not stand in thy sight: for thou hatest all them that work vanity.

6. Thou shalt destroy them that speak lies: the Lord will abhor both the blood-thirsty and deceitful man.

7. But as for me, I will come into thine house trusting in thy mercy: and in thy fear will I worship thee in thy holy Temple.

8. Direct me, O Lord, by thy grace to live according to thy laws, that the enemy of mankind may not accuse me: make my duty so clear, that I may not mistake it.

9. For there is no truth in the workers of iniquity: their secret counsels are wickedness.

10. When they open their mouths, 'tis to blaspheme the innocent: when they speak softly, they are full of deceit.

11. Destroy thou them, O God, let them perish as they would have others: cast them away with their ungodliness, for they have rebelled against thee.

12. But let all them that put their trust in thee rejoyce: they shall ever be giving of thanks, because thou defendest them; they that love thy name shall be joyful in thee.

13. For thou, Lord, will give thy blessing unto the righteous: and with thy favourable kindness wilt thou defend him as with a Shield.

MEDITATION.

ALL thy ways, O God, are mercy, and all thy counsels tend to our happiness: happy are we who have God so near us, happy shall we be, if our pious lives keep near to him.

Evening Prayer.

PSALM VI.

A Prayer for pardon of Sins.

O Lord, rebuke me not in thine anger: neither chasten me in thy displeasure.

2. Have mercy upon me, O Lord, for I have sinned: O Lord, forgive me for I repent.

3. My soul also is sore troubled: but do thou, Lord, speak peace to me.

4. Turn thee, O Lord, and forgive mine offences: O save me, for thy mercies sake.

5. For if I dye under this pressure I cannot pray to thee: neither can I give thee thanks in the grave.

6. I am weary of my sins: and every night sorrowfully lament them.

7. Mine eyes are weak because of my grief: and my spirits are wasted with the thoughts of my transgressions.

8. Away from me, all ye that work vanity: for the Lord will hear the voice of my weeping.

9. The Lord will hear my petition: the Lord will receive my prayer.

10. Let all those that would entice me to sin, be put to confusion: let them return without success, and be put to shame suddenly.

MEDITATION.

O! that I could hear my God once say to me, as he did to the man in the Gospel, *my Son be of good cheer, thy Sins are forgiven thee*, how would my drooping Spirits revive! how would my wounded Soul break forth into Hymns and Praises! receive me, O my God, as a sheep that hath wandred, but am now returning to the great shepherd of my soul.

PSALM VII.

A Prayer for Defence against our Enemies.

O Lord my God, in thee have I put my trust :
save me from all them that persecute me, and
deliver me.

2. Let not satan devour my soul like a lion, and
tear it in pieces : while there is none to help.

3. O Lord my God, if I have done any very no-
torious sinful action : or if there be any extravagant
wickedness in my hands ;

4. If I have rewarded evil to him that dealt
friendly with me : or if I have not done good to
mine enemies ;

5. Let me undergo any punishment upon earth :
or if it be thy will, even die with reproach.

6. But if I be innocent, stand up, O Lord,
in my defence : and do me justice against the in-
jurious.

7. So shall the congregation of the people ad-
mire thy justice : for thy servant's sake lift up thy
self on my behalf.

8. The Lord shall judge the people : give
sentence with me, O Lord, according to my righ-
teousness, and according to the innocency that is
in me.

9. O let the wickedness of the ungodly come to
an end : but guide thou the just.

10. For the righteous God : trieth the very hearts
and reins.

11. My help cometh of God : who preserveth
them that are true of heart.

12. God is a righteous judge, strong and patient :
and God is provoked every day.

13. If

13. If a man will not turn, he will whet his sword to slay him: he hath bent his bow and made it ready to shoot him.

14. He hath prepared for him the instruments of death: he ordaineth his arrows against the wicked.

15. Behold sinful man travelleth with mischief: he hath conceived sorrow, and brought forth ungodliness.

16. Though he hath digged a pit and made it: he shall fall himself into the destruction that he made for others.

17. For his travel shall come upon his own head: and his wickedness shall fall on his own pate.

18. Therefore I will give thanks unto the Lord for his justice: and I will praise the name of the Lord most high.

MEDITATION.

Lord! how secure and quiet they live, whom thy grace preserves in innocency. Let me ever remember, that a good life is the best title to thy protection, and thy favour the only security against all danger.

PSALM VIII.

Of the Power of God, and of his Goodness to Mankind.

O Lord our governour, how excellent is thy name in all the world: thou that hast set thy glory above the heavens!

2. Thou

2. Thou hast made choice of the meanest and lowest persons to promote thy kingdom: and hast brought low the proud that despised thee.

3. When I consider the heavens, even the works of thy fingers: the moon and the stars which thou hast ordained.

4. What is man, that thou art mindful of him: and the son of man, that thou art so indulgent to him?

5. Thou madest him lower than the angels: yet hast crowned him with glory, and honour.

6. Thou makest him to have dominion of the works of thy hands: and thou hast put all things in subjection under his feet;

7. All sheep and oxen: yea, and the beasts of the Field.

8. The fowls of the air, and the fishes of the sea: and whatever walketh through the paths of the seas.

9. O Lord our governour: how excellent is thy name in all the world.

MEDITATION.

I praise thee, O God, I acknowledge thee to be the Lord: heaven and earth are full of the majesty of thy glory: day by day I will magnify thee: and worship thy name ever world without end.

The Second Day.

Morning Prayer.

PSALM IX.

*A Thanksgiving in the name of the Church
for Victory over her Enemies.*

I will give thanks unto thee, O Lord, with my whole heart : I will speak of all thy marvellous works.

2. I will be glad and rejoyce in thee : yea I will sing praises to thy name, O thou most highest.

3. By thee are mine enemies turned back : they shall fall and perish at thy presence.

4. For thou wilt maintain my right and my cause : thou art set in the throne that judgest right.

5. Thou hast broken the strong holds of satan : thou hast put him in subjection for ever and ever.

6. O thou enemy, thy destructions shall be brought to an end : the memorial of them shall perish.

7. But the Lord shall endure for ever : he hath also prepared his seat for judgment.

8. For he shall judge the world in righteousness : and minister true judgment unto the people.

9. The Lord also will be a defence for the oppressed : even a refuge in due time of trouble.

10. So that all they that know thy name will put their trust in thee : for thou, Lord, hast never failed them that seek thee.

11. O praise the Lord which dwelleth in heaven : shew the people of his doings.

12. For

12. For when he maketh inquisition for blood, he remembreth them : and forgetteth not the complaint of the poor.

13. Have mercy, O Lord, on all those that are in trouble : consider their condition : thou that hast power of life and death.

14. That we may return thee thanks in our congregations : and rejoyce in thy salvation.

15. But let the wicked sink down in the pit that they have made : in the same net which they hide for others let their own feet be taken.

16. The Lord is known to execute judgment : the ungodly is trapped in the work of his own hands.

17. The wicked shall be cast into hell : and all the people that forget God.

18. For the poor shall not always be forgotten : the patient abiding of the meek shall not perish for ever.

19. Up, Lord, and let not man have the upper hand : let the wicked be judged in thy sight.

20. Put them in fear, O Lord : that they may know themselves to be but men.

MEDITATION.

O how adorable are thy counsels, O Lord ! how endearing the ways of thy love !

PSALM X.

The Church under the Oppression of Persecutors sadly complains to God, describes their madness and violence, and implores the divine aid against them.

STand not at a distance, O Lord : nor hide thy face in the needful time of trouble.

2. Thou knowest the ungodly will persecute the innocent : but let them be taken in the devices which they have imagined.

3. For they boast of their great power : and delight in that which thou abhorrest.

4. The ungodly is so proud, that he careth not for God : neither is God in all his thoughts.

5. His ways are always grievous : thy judgments are far above out of his sight, and, therefore desieth he all his enemies.

6. For he hath said in his heart, Tush, I shall never be cast down : there shall no harm happen unto me.

7. His mouth is full of cursing, deceit and fraud : under his tongue is ungodliness and vanity.

8. He sitteth lurking in all by corners : and privily doth he murder the innocent, his eyes are set against the poor.

9. For he lieth waiting secretly, even as a lion lurketh he in his den : that he may ravish the poor.

10. He doth ravish the poor : when he getteth him into his net.

11. He maketh a shew of meekness, and humility : that the poor may be the sooner deceived.

12. He hath said in his heart, Tush, God hath forgotten: he hides away his face and he will never see it.

13. Arise, O Lord God, and lift up thine hand: forget not the poor.

14. Wherefore should the wicked blaspheme God: while he doth say in his heart, Tush, thou God carest not for it.

15. Surely thou hast seen their wickedness: and beholdest their ungodliness and wrong.

16. That thou mayest take the matter into thy hand: the poor committeth himself unto thee; for thou art the helper of the friendless.

17. Break thou the power of the ungodly and malicious: take away his ungodliness till thou shalt find none.

18. The Lord is king for ever and ever: and the ungodly shall perish out of the land.

19. Lord, thou wilt hear the prayer of thy servants: thou preparest their heart, and thine ear hearkneth thereto.

20. To help the fatherless and poor unto their right: that the wicked may no longer oppress them.

COLLECT.

GRant, O Lord, I beseech thee, that the course of this world may be so peaceably ordered by thy governance, that thy church may joyfully serve thee in all godly quietness through Jesus Christ our Lord. *Amen.*

PSALM XI.

Of the Providence and Justice of God.

IN thee, O Lord, do I put my trust: I will fly
no where else but unto thee for safety.

2. If the ungodly bend their bows, and make
ready their arrows within their quivers: that they
may privily shoot at them that are true of heart.

3. If they subvert the laws: what can the right-
eous do?

4. I am sure the Lord dwells amongst us in his
holy temple: his seat also is in heaven.

5. His eyes behold the case of the poor: and
his eye-lids try the children of men.

6. The Lord vindicateth the righteous: but the
ungodly and him that delighteth in wickedness
doth his soul abhor.

7. Upon the ungodly he shall rain snares, fire and
brimstone, storm and tempest: this shall be their
portion to drink.

8. For the righteous Lord loveth righteousness:
his countenance will behold the thing that is
just.

COLLECT.

O Lord, who never failest to help and
govern them whom thou dost bring
up in thy steadfast fear and love: keep me
I beseech thee under the protection of thy
good providence, and make me to have a
perpetual fear and love of thy holy name,
through Jesus Christ our Lord. *Amen.*

Evening

Evening Prayer.

PSALM XII.

A complaint of the falsehood and flattery of Men, with a comfortable expectation of help from God.

Help, Lord, for there are few godly men left: for the faithful are decreased among the children of men.

2. They talk of vanity every one with his neighbour: they do but flatter with their lips, and dissemble in their double heart.

3. The Lord shall root out all deceitful lips: and the tongue that speaketh proud things.

4. Which have said, with our tongue will we prevail: we are they that ought to speak, who is Lord over us?

5. Now for the comfortless troubles sake of the needy: and because of the deep sighing of the poor;

6. I will up, saith the Lord: and will help every one from him that swelleth against him, and will set him at rest.

7. The words of the Lord are pure words: even as the silver, which from the earth is tried, and purified seven times in the fire.

8. Thou shalt keep them, O Lord: thou shalt preserve him from this generation for ever.

9. For thou knowest the ungodly are continually seeking some advantage: and that when they are exalted to power the righteous are oppressed.

COLLECT.

O God, who knowest me to be set in the midst of so many and great dangers, that by reason of the frailty of my nature I cannot always stand upright: Grant unto me such strength and protection, as may support me in all dangers, and carry me through all temptations through Jesus Christ our Lord. *Amen.*

PSALM XIII.

A Prayer in time of Distress.

HOW long wilt thou forget me, O Lord, forever: how long wilt thou hide thy face from me?

2. How long shall I mourn in my soul; and be so vexed in my heart: how long shall my spiritual enemies triumph over me?

3. Consider and hear me, O Lord my God: lighten mine eyes, that I sleep not in death.

4. Lest satan say, I have prevailed against him: for if I be cast down, they that trouble me will rejoyce at it.

5. But my trust is in thy mercy: and my heart is joyful in thy salvation.

6. I will sing of the Lord, because he will deal lovingly with me: yea, I will praise the name of the Lord most highest.

MEDITATION.

ALL our lives are in the hands of God,
and all our safety in the assistance of
his grace.

PSALM XIV.

*A Complaint of the Atheism and Irreligion
of the World.*

THE fool hath said in his heart, though he
dare not publicly own it: that there is no
God.

2. The inhabitants of the earth are corrupt,
and become abominable in their doings: there is
none that doeth good, no not one.

3. Should the Lord look down from heaven upon
the children of men: to see if there were any that
would understand, and seek after God;

4. He would find them all gone out of the way,
they are all together abominable: there is none
that doeth good, no not one.

5. Their throat is an open sepulchre, with their
tongues have they deceived: the poyson of asps is
under their lips.

6. Their mouth is full of cursing, and bitterness:
their feet are swift to shed blood.

7. Destruction and unhappiness is in their ways,
and the way of peace have they not known:
there is no fear of God before their eyes.

8. O that men would consider! that they are such
workers of mischief: cruel and oppressing, and
call not upon the name of the Lord:

9. That divine vengeance will overtake them, even when they think themselves most secure: for God dwells with the righteous.

10. He sees how the wicked mock at the counsel of the poor: because he putteth his trust in the Lord.

11. Who shall give salvation unto the people of God? when the Lord shall be pleased to deliver us from the power of satan: then shall the church rejoice, and the whole earth be glad.

MEDITATION.

Tell me, where be those atheistical prophane persons, who so lately defied God and religion? nothing remains of them but dust and worms: observe what they were, they did eat, drink, laugh, and led merry days, and in a moment sunk into hell. Let their fate call upon me to amend my life, and not only believe there is a God, but live according to that belief.

The Third Day.

Morning Prayer.

PSALM XV.

The Character of a true Member of the Church of God.

Lord! who shall sojourn in thy House below: or who shall inhabit thy courts above?

2. Even

2. Even he that leadeth an incorrupt life : and doeth the thing which is right, and speaketh the truth from his heart.

3. He that hath used no deceit in his tongue, nor done evil to his neighbour : and hath not slandered his neighbour.

4. He that is not proud of himself, but is lowly in his own eyes : and maketh much of them that fear the Lord.

5. He that sweareth unto his neighbour, and disappointeth him not : though it were to his own hindrance.

6. He that hath not oppressed the poor by unlawful usury : nor taken reward against the innocent.

7. Whoso doeth these things : shall never fall.

COLLECT.

GRant to me, O Lord, I beseech thee, the spirit to think and do always such things as be rightful, that I who cannot do any thing that is good without thee, may by thee be enabled to live according to thy will, through Jesus Christ our Lord. Amen.

PSALM XVI.

A protestation against false Worship, as also a profession of confidence in the Lord against all Evils, and hopes of eternal Life through the resurrection of Christ.

Preserve me, O God : for in thee have I put my trust.

2. O my soul, thou hast said unto the Lord : thou art my God, my goodness is no benefit to thee.

3. Yet my delight shall be to imitate the saints that are in the earth : and follow after such as excel in virtue.

4. But they that run after another God : shall have great trouble.

5. Their idolatrous worship I will not offer : nor make mention of their names within my lips.

6. The Lord only shall be the portion of mine inheritance : he will maintain my lot.

7. I am happy to be born within the pale of the church : yea, thereby I have a goodly heritage.

8. I will thank the Lord who hath given me counsel : my inward thoughts chasten me in the night season.

9. I will set God always before me : when he is on my right hand, I shall not fall.

10. This will make my heart glad and my tongue shall rejoyce : my flesh also shall rest in hope.

11. That after death I shall rise again with my saviour : and be made incorruptible ;

12. Through his merits enter into the path of life : be in thy presence, O Lord, where is fulness of joy : and at thy right hand where is pleasure for evermore.

MEDITATION.

THis is the comfortable hope of all christians, that God who spared not his own son, but delivered him up for us all, will also glorify us with him ; therefore let not tribulation, nor distress, nor persecution, nor famine, nor nakedness, nor peril, nor sword,

sword, nor any other thing be able to separate me from the love of God which is in Christ Jesus.

PSALM XVII.

A Prayer for Deliverance from the prosperous Enemies, both of Body and Soul.

Hear the right, O Lord, consider my complaint: and hearken unto my prayer, that goeth not out of feigned lips.

2. Do thou judge me, O Lord, and not mine enemies: thine eyes look upon the thing that is equal.

3. Thou hast proved and visited mine heart in the night season; thou hast tried me and shalt find no wickedness in me: for I am utterly purposed that my mouth shall not offend.

4. Because of men's works, that are done against the words of thy lips: I have kept me from the ways of the destroyer.

5. O hold thou up my goings in thy paths: that my footsteps slip not.

6. I will call upon thee, for thou wilt hear me: incline thine ear to me, and hearken unto my words.

7. Shew thy marvellous loving kindness, that thou art the saviour of them which put their trust in thee: from such as resist thy right hand.

8. Keep me as the apple of an eye: hide me under the shadow of thy wings.

9. From the ungodly oppressour: from all enemies both of body and soul.

10. They grow fat with temporal enjoyments: and their mouth speaketh proud things.

11. They lye waiting in our way on every side :
and watch all opportunities.

12. Like as a lion that is greedy of his prey :
and as it were a lions whelp lurking in secret places.

13. Up, Lord, disappoint them and cast them
down : deliver my soul from the ungodly, which is
a sword of thine.

14. From the men of thy hand, O Lord, from
the men, I say, and from the evil world : which
have their portion in this life, whose appetites thou
art pleased to gratify to the full.

15. They have children at their desire : and
leave abundance to their posterity.

16. But as for me, I will comfort my self in
doing righteously : and doubt not but when I awake,
at the last day after thy likeness, I shall be satisfied.

MEDITATION.

A good conscience is a continual feast,
and a peaceful mind the earnest of
heaven.

Evening Prayer.

PSALM XVIII.

*A protestation of confidence in God, with a
memorial of God's delivering his chosen
People the Jews of old from their Ene-
mies ; more particularly his Servant David,
with a Prayer for prosperity to our King
and Nation.*

I will love thee, O Lord, my strength ; the Lord
is my stony rock, and my defence : my saviour,
my

my God and my might, in whom I will trust, my buckler, the horn also of my salvation, and my refuge.

2. I will call upon the Lord, which is worthy to be praised: so shall I be safe from mine enemies.

3. Whenever the sorrows of death compass me, or the overflowings of ungodliness make me afraid.

4. When I have no power to help my self: but appear as a dying man.

5. In my trouble I will call upon the Lord: and complain unto my God.

6. So shall he hear my voice out of his holy temple: and my complaint shall come before him, it shall enter even into his ears.

7. At his presence of old the earth trembled, and quaked: the very foundations also of the hills shook and were removed, because he was wroth.

8. There went a smোক out in his presence: and a consuming fire out of his mouth, so that coals were kindled at it.

9. He bowed the heavens also and came down: and it was dark under his feet.

10. He rode upon the cherubims, and did fly: he came flying upon the wings of the wind.

11. He made darkness his secret place: his tent round about him with dark water, and thick clouds to cover him.

12. Afterwards at the brightness of his presence his clouds removed: and hail-stones and coals of fire succeeded.

13. The Lord also thundred out of heaven, and the highest gave his thunder: hail-stones and coals of fire.

14. He sent these as his arrows, and scattered the ungodly: he cast forth lightnings and destroyed them.

15. The springs of waters were seen, and the foundations of the round world were discovered at thy chiding, O Lord: at the blasting of the breath of thy displeasure.

16. He sent from above and delivered David his servant: he drew him out of the waters of affliction.

17. He delivered him from his enemy, and from them which hated him: and would have been too mighty for him without the help of God.

18. Though they surprized him oftentimes un-awares: the Lord was his upholder.

19. He brought him forth also into a place of liberty: he brought him forth even because he had a favour unto him.

20. The Lord will reward all persons after their righteous dealing: according to the cleanness of our hands will he recompense us.

21. If we keep the ways of the Lord: and do not forsake God as the wicked doth;

22. If we observe his laws: and will not cast out his commandments from us;

23. If we endeavour after a pure life: and avoid every known sin;

24. The Lord will reward us after our righteous dealing: and according to the cleanness of our hands in his eye-sight.

25. With the holy, O God, thou wilt be holy: and with a perfect man thou shalt be perfect.

26. With the clean thou shalt be clean: but the froward thou wilt consider with frowardness.

27. For thou shalt save the people that are in adversity: and shall bring down the high looks of the proud.

28. Thou also wilt refresh our drooping Spirits: thou wilt make our darkness to be light.

29. By God's assistance we shall rout our enemies: by the help of our God we shall escape all danger.

30. The way of God is an undefiled way : the word of the Lord also is tried in the fire ; he is the defender of all them that put their trust in him.

31. For who is God but the Lord : or who hath any strength, except our God ?

32. It is God that girdeth us with strength of war : and maketh our ways perfect.

33. He maketh us swift to execute our designs : and setteth us up on high.

34. He teacheth our hands to fight : and giveth us strength against our enemies.

35. Thou wilt give us the defence of thy salvation : thy right hand also shall hold us up, and thy loving correction shall make us great.

36. Thou shalt lead our souldiers in safety : and support them in the most difficult ways.

37. Make them to follow their enemies and overtake them : nor let them turn again till they have destroyed them.

38. Smite them, O Lord, that they may not be able to stand : but fall under our feet.

39. For 'tis thou only canst gird us with strength unto the battle : 'tis thou only canst throw down our enemies under us.

40. Thou hast oftentimes made our enemies to turn their backs upon us : and destroyed them that hated us.

41. When they cry, let there be none to help them : yea, if they cry unto thee, O Lord, hear them not.

42. But scatter them as dust before the wind : and cast them out as clay in the streets.

43. Deliver our king from all rebellions : and let neighbouring princes own his power.

44. Let distant nations when they hear of his fame : submit themselves unto him.

45. Make them to obey him sincerely : and not dissemble with him.

46. Let all strangers tremble at his name : and be afraid of him even in their strong holds.

47. The Lord liveth, and blessed be our strong helper : and praised be the God of our salvation.

48. Even the God that seeth that we be avenged : and subdueth the people unto us.

49. It is he that delivereth us from our cruel enemies ; and setteth us up above our adversaries : and shall rid us from wicked men.

50. For this cause will we give thanks unto thee, O Lord, before all people : and sing praises unto thy name.

51. Thou hast given great prosperity unto our king : and we pray thee to continue thy loving kindness unto thine anointed, and unto his seed for evermore.

MEDITATION.

WE see how God dealt with the Jews of old his chosen people ; whilst they were obedient to his commands, he protected and blessed them ; but when they were disobedient and rebelled against him, he severely plagued and punished them. Let this be an instruction to us, so to demean our selves, that our lives and conversations may call for a blessing, and not a curse upon us.

The Fourth Day.

Morning Prayer.

PSALM XIX.

A Declaration of the Glory of God manifested in the Creation, and in the Revelation of his Word.

TH E heavens declare the glory of God : and the firmament sheweth his handy work.

2. The regular and useful succession of day and night : sheweth God's wisdom.

3. They have indeed neither speech nor language : yet are they understood by all nations.

4. Their sound is gone out into all lands : and their words into the ends of the world.

5. Among the heavenly bodies hath he placed the sun : which cometh forth as a bridegroom out of his chamber, and rejoiceth as a giant to run his course.

6. It goeth forth from the uttermost part of the heaven, and runneth about to the end of it again : and there is nothing hid from the heat thereof.

7. The law of the Lord is an undefiled law, converting the soul : the testimony of the Lord is sure, and giveth wisdom unto the simple.

8. The statutes of the Lord are right, and rejoyce the heart : the commandment of the Lord is pure, and giveth light unto the eyes.

9. The fear of the Lord is clean and endureth for ever : the precepts of the Lord are true, and righteous altogether.

10. More

10. More to be desired are they than gold, yea, than much fine gold: sweeter also than Honey and the honey-comb.

11. Moreover by them is thy servant taught: and by keeping of them there is great reward.

12. Who can tell how oft he offendeth: O cleanse thou me from my secret faults?

13. Keep thy servant also from presumptuous sins, lest they get the dominion over me: so shall I be free from such a degree of guilt as excludes thy favour.

14. Let the words of my mouth and the meditation of my heart: be always acceptable in thy sight.

15. O Lord: my strength and my redeemer.

MEDITATION.

Shall the sun, moon, and stars shew the glory of God in the regular discharge of their several offices, and man alone be silent in the praises of his creator? no, I will for ever declare, that thou art worthy, O Lord, to receive glory and honour and power, for thou hast created all things, and for thy pleasure they are and were created.

P A S L M XX.

A Prayer for the King.

TH E Lord hear our King in the day of trouble: the name of the God of jacob defend him.

2. Send

2. Send him the help that he shall want:
and give him strength from heaven.

3. Hear all his supplications: and accept his
prayers.

4. Grant him his hearts desire: and fulfill all
his mind.

5. So shall we rejoyce in thy salvation, and tri-
umph in the name of the Lord our God: the Lord
prosper our petitions.

6. I verily believe the Lord will help his an-
ointed; and will hear him from his holy heaven:
even with the wholsom strength of his right hand.

7. Some put their trust in chariots, and some
in horses: but we will remember the name of the
Lord our God.

8. So shall our enemies be brought down and
fall: but we shall rise and stand upright.

9. Save, Lord, and hear us, O king of heaven:
when we call upon thee.

MEDITATION.

PPrayer is the only way granted us of
exercising our charity towards princes.
They are above the reach of private bene-
ficence, we cannot prefer them to a better
state, we can hardly come to impart good
advice, or reprove them, yet the poorest
soul may benefit the greatest prince by pray-
ing for the safety of his person, the prospe-
rity of his government, and for God's fa-
vour and direction in all his affairs.

PSALM XXI.*A Prayer for the King.*

TH E king shall rejoyce in thy strength, O Lord: exceeding glad shall he be of thy salvation.

2. Thou hast given him his hearts desire: and hast not denied him the request of his lips,

3. Thou hast met him with the blessings of goodness: thou hast set a crown of pure gold upon his head.

4. Prolong his days as a blessing to us: and continue the crown to his posterity for ever.

5. His honour is great in thy salvation: glory and great worship shalt thou lay upon him.

6. For thou shalt give him everlasting felicity: and make him glad with the joy of thy countenance.

7. And why? because the king putteth his trust in the Lord: and in the mercy of the most highest he shall not miscarry.

8. All thine enemies shall feel thy hand: thy right hand shall find out them that hate thee.

9. Thou shalt make them like a fiery oven in the time of thy wrath: the Lord shall destroy them in his displeasure, and the fire shall consume them.

10. Their fruit shalt thou root out of the earth: and their seed from among the children of men.

11. For they intended mischief against thee! and imagined such a device as they are not able to perform.

12. Therefore shalt thou put them to flight: and the strings of thy bow shalt thou make ready against the face of them.

13. Be thou exalted, Lord, in thine own strength: so will we sing and praise thy power.

MEDL

MEDITATION.

HE that will not pray for and serve his king whom he hath upon earth, will never truly fear and obey the king of kings which is in heaven.

Evening Prayer.

PSALM XXII.

The Complaint of the Church against her Enemies, with a promise of all her true Sons to serve God for ever.

MY God, my God, look upon me, why hast thou forsaken thy church: and art so far from me, and from the words of my complaint?

2. O my God, I cry in the day time, but thou hearest not: and in the night season I take no rest.

3. And thou continuest holy: O thou God of thy people.

4. Our fathers hoped in thee, they trusted in thee: and thou didst deliver them.

5. They called upon thee and were holpen: they put their trust in thee, and were not confounded.

6. But as for me I am rendred contemptible: the very scorn of men and despised of the people.

7. They laugh me to scorn as they did Christ: and shake their heads, saying as they did to him.

8. He

8. He trusteth in God, that he would deliver him : let him deliver him, if he will have him.

9. But thou art he, that first establishedst me : and my hope was always placed in thee.

10. Thou didst appoint thy church at first : and thou dost sustain and uphold me.

11. O go not from me, for trouble is hard at hand : and there is none to help me.

12. Mine enemies are many and strong : they are as fierce as bulls that close me in on every side.

13. They gape upon me with their mouths : as it were a ramping and a roaring lion.

14. I am poured out like water : and am like a painful consumptive body.

15. Whose strength is dried up like a potsherd, and whose tongue cleaveth to his gums : and thou hast well nigh brought me to my end.

16. For the wicked have combined together to persecute me : and are as fierce as dogs against me.

17. They endeavour to wound me as they did Christ : and look upon me with contempt.

18. They divide my revenues : and seize mine inheritance.

19. But be not thou far from me, O Lord : thou art my succour, haste thee to help me.

20. Deliver me from persecution : thy church from the malice of bloody men.

21. Save me from the violent : thou hast preserved me in as great danger.

22. I will declare thy name unto thy people : in the midst of the congregation will I praise thee.

23. O praise the Lord ye that fear him : magnify him all ye christians.

24. For he hath not despised nor abhorred the low estate of the poor : he hath not hid his face from him, but when he called upon him, he heard him.

25. My praise shall be of thee in the great congregation: I will thank God in the sight of them that fear him.

26. The poor shall eat and be satisfied: they that seek after the Lord shall praise him, they shall live for ever.

27. All the ends of the world shall be turned unto the Lord: and all the kindreds of the nations shall worship before him.

28. For he hath erected his kingdom: and he is the governour among the people.

29. The rich and powerful: shall adore and worship him.

30. All they that go down into the dust shall kneel before him: and no man hath quickned his own soul.

31. All the true sons of the church shall serve him: they shall be accounted the family of the Lord.

32. They shall declare his righteousness: and publish the loving kindness of the Lord to future generations.

COLLECT.

O Lord, I beseech thee, let thy continual pity cleanse and defend thy church, and because it cannot continue in safety without thy succour, preserve it evermore by thy help and goodness, through Jesus Christ our Lord. *Amen.*

PSALM XXIII.

Of God's Providence.

THE Lord is my shepherd: therefore I can lack nothing.

2. He will feed me after a plentiful manner: and make me enjoy the calm delights of a good conscience.

3. He shall keep back my soul from wandering: and bring me forth in the paths of righteousness, for his names sake.

4. Yea, though I am brought into the greatest danger, I will fear no evil: for thou art with me, thy pastoral care will comfort me.

5. Thou shalt feast me plentifully to the grief of mine adversaries: they shall see my cup full.

6. Thy loving kindness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

MEDITATION.

WHither, O my God, should we wander, if left to our selves, where should we fix our hearts, if not directed to thee?

The Fifth Day.

Morning Prayer.

PSALM XXIV.

An acknowledgment of God's dominion over the World, with a description of the Qualifications requisite to fit Man for Heaven.

THE earth is the Lords, and all that therein is: the compass of the world, and they that dwell therein.

2. For he hath founded it upon the seas: and prepared it upon the floods.

3. Who shall ascend from thence into heaven: or who shall rise up into that holy place?

4. Even he that hath clean hands and a pure heart: and that hath not lifted up his mind unto vanity, nor sworn to deceive his neighbour.

5. He shall receive the blessing from the Lord: and righteousness from the God of his salvation.

6. This is the generation of them that seek him: even of them that seek thy face, O God.

7. Therefore open your hearts, O ye children of God, and let the doors of his house be set wide: and the king of glory shall come in.

8. Who is the king of glory: is is the Lord strong and mighty, even the Lord mighty in battle.

9. Open your hearts, O ye children of God, and let the doors of his house be set wide: and the king of glory shall come in.

10. Who is the king of glory: even the Lord of hosts, he is the king of glory.

COL-

COLLECT.

O God whose blessed son was manifested, that he might destroy the works of the devil, and make us the sons of God, and heirs of eternal life: Grant me, I beseech thee, that having this hope, I may purify my self even as he is pure, that when he shall appear again with power and great glory, I may be made like unto him in his eternal and glorious kingdom, where with thee, O father, and thee, O holy Ghost, he liveth and reigneth ever one God, world without end. *Amen.*

PSALM XXV.

A Prayer for deliverance from Sin and Punishment.

UNto thee, O Lord, will I lift up my soul, my God, I have put my trust in thee: O let me not be confounded, neither let mine enemies triumph over me.

2. For all they that hope in thee shall not be ashamed: but such as rely on their own ungodly policies shall be put to confusion.

3. Show me thy ways, O Lord: and teach me thy paths.

4. Lead me forth in thy truth, and learn me: for thou art the God of my salvation; in thee hath been my hope all the day long.

5. Call

5. Call to remembrance, O Lord, thy tender mercies : and thy loving kindnesse which have been ever of old.

6. O remember not the sins, and offences of my youth : but according to thy mercy think thou upon me, O Lord, for thy goodness.

7. Gracious and righteous is the Lord : therefore will he teach sinners in the way of holiness.

8. Them that are meek will he guide in judgment : and lead the humble in the ways of vertue.

9. All the paths of the Lord are mercy and truth : unto such as keep his covenant and his testimonies.

10. For thy names sake O Lord : be merciful unto my sins, for they are great.

11. What man is he that feareth the Lord : him shall he teach in the way that he shall choose.

12. His soul shall dwell at ease : and his seed shall inherit the Land.

13. The secret of the Lord is among them that fear him : and he will shew them his covenant.

14. Mine eyes are ever looking upon the Lord : for he shall deliver me from all danger.

15. Turn thou unto me and have mercy upon me : for without thy help I am desolate.

16. I am sorrowful and troubled at heart : O bring thou me out of my troubles.

17. Look upon my humiliation and repentance : and forgive me all my sins.

18. Consider how many my spiritual enemies are : and they bear a tyrannous hate against me.

19. O keep my soul and deliver me : let me not be confounded, for I have put my trust in thee.

20. Let uprightnesse and righteous dealing pre-serve me : for my hope is in thee.

21. Deliver me and all thy servants, O God : out of all our troubles.

MEDITATION.

Satan daily sollicitis me to sin, alluring me with baits best pleasing my corrupt nature, I well know if I consent, this very tempter will be my accuser, therefore I will withstand his temptations and flatly refuse his deceitful tenders.

P S A L M XXVI.

A Resolution to lead a godly Life.

BE thou my judge, O Lord, for I have walked innocently : my trust hath been also in the Lord, therefore shall I not fall.

2. Examine me, O Lord, and prove me : try me as it seems best to thee.

3. For thy loving kindness is ever before mine eyes : and I will walk in thy truth.

4. I will not keep company with vain persons : neither will I have fellowship with the deceitful.

5. I have hated the conversation of the wicked : and will not sit among the ungodly.

6. I will wash my hands in innocency, O Lord : and so will I go to thine altar,

7. That I may shew the voice of thanksgiving : and tell of all thy wondrous works.

8. Lord, I have loved the habitation of thy house : and the place where thine Honour dwelleth.

9. O shut not up my soul with the sinners : nor my life with the blood-thirsty ;

10. In whose hands is wickedness : and who live by fraud and corruption.

11. But as for me I will walk innocently : O deliver me and be merciful unto me.

12. My heart standeth right : I will praise the Lord in the congregation.

MEDITATION.

HE who keeps out of the society and conversation of sinful and debauched persons avoids abundance of temptations, is more free and secure to live in quiet, and concurs more with the grace of God to preserve himself in innocency.

Evening Prayer.

PSALM XXVII.

An Act of Trust in God.

THE Lord is my light, and my salvation ; whom then shall I fear : the Lord is the strength of my life ; of whom then shall I be afraid ?

2. When my spiritual enemies have approached me : through the help of God they have been disappointed.

3. Let their number be ever so many, yet shall not my heart be afraid : though I am oppressed on every side, yet I will put my trust in him.

4. One thing I desire of the Lord, and I hope to obtain it from him : even that I may have free access to the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple.

5. For

5. For in the time of trouble he shall hide me in his tabernacle : there shall I be as secure as in a fortress.

6. There shall I triumph over all mine enemies : that are gathered round about me.

7. Therefore will I offer in his dwelling my thanks with great gladness : I will sing and speak praises unto the Lord.

8. Hearken unto my voice, Lord, when I cry unto thee : have mercy upon me and hear me.

9. Thou hast commanded me to seek thy face by prayer : thy face, Lord, will I seek,

10. O hide not thou thy face from me : nor cast thy servant away in displeasure.

11. Thou hast been my succour : leave me not, neither forsake me, O God of my salvation.

12. When all my worldly friends forsake me : the Lord will take care of me.

13. Teach me thy way, O Lord : and lead me in the right way because of mine enemies.

14. Deliver me not over into the will of mine adversaries : who bear false witness against me, and speak wrong.

15. I should utterly have fainted : but that I believe verily to see the goodness of the Lord in the land of the living.

16. O tarry thou the Lord's leisure, O my soul : be strong, and he shall comfort thee ; and put thou thy trust in the Lord.

MEDITATION.

GOD never fails his servants, all his promises are sure ; if we find not his favour as soon as we expect, we must patiently wait his leisure. Perhaps we ask
not

not aright, or some lurking sin hinders, or what we desire may not be convenient. I will put my hopes and confidence in God who will certainly bring me comfort in his own good time: why should I be uneasy? what is a moment of time compared with eternity?

MEDITATION

PSALM XXVIII.

A Prayer for Deliverance from our Enemies.

UNto thee will I cry, O Lord my strength: think no scorn of me, lest if thou make as though thou hearest not, I seem to mine enemies to be forsaken by thee.

2. Hear the voice of my humble petitions when I cry unto thee: when I hold up my hands in thy holy temple.

3. O pluck me not away, neither destroy me with the ungodly and wicked doers: which speak friendly to their neighbours, but imagine mischief in their heart.

4. Reward them according to their deeds: and according to the wickedness of their own inventions.

5. Recompence them after the work of their hands: pay them that they have deserved.

6. For they regard not in their mind the works of the Lord, nor the operation of his hands: therefore shall he break them down and not build them up.

7. Praised be the Lord: for he hath heard the voice of my humble petitions.

8. The Lord is my strength, and my shield, my heart hath trusted in him, and I am helped: there-
fore

fore my heart danceth for joy, and in my song will I praise him.

9. The Lord is my strength : and the wholsom defence of them that trust in him.

10. O save thy people, and give thy blessing unto thine inheritance : feed them, and set them up for ever.

MEDITATION.

ALL is unquiet 'till we come to God and repose in the kingdom of peace.

PSALM XXIX.

Of the Power of God.

DO your homage, O ye mighty, unto the Lord : ascribe unto the Lord worship and strength.

2. Give the Lord the honour due unto his name : worship the Lord with holy worship.

3. It is the voice of the Lord that commandeth the waters : it is the glorious God that maketh the thunder.

4. It is the Lord that ruleth the sea ; the voice of the Lord is mighty in operation : the voice of the Lord is a glorious voice.

5. The voice of the Lord breaketh the cedar-trees : yea, the Lord breaketh the cedars of Libanus.

6. He maketh them also to skip like a calf : the greatest mountains like young unicorns.

7. The voice of the Lord divideth the flames of fire, the voice of the Lord shaketh the wilderness : yea, the Lord shaketh the greatest wilderness.

8. The

The Fifth Day.

51

8. The voice of the Lord forceth the cattle to bring forth their young, and lays bare the thick bushes : in his temple doth every man speak of his honour.

9. The Lord sitteth above the water-flood : and the Lord remaineth king for ever.

10. The Lord shall give strength unto his people : the Lord shall give his people the blessing of peace.

MEDITATION.

HE surely must be deeply rooted in the ways of wickedness, whom the consideration of the mighty power of God cannot incite, nor the acts of his grace allure to goodness. Dreadful art thou, O Lord, in the terror of thy judgments, but infinitely more amiable in the sweetness of thy mercies.

The Sixth Day.

Morning Prayer.

PSALM XXX.

A Prayer in Time of Sicknefs or Trouble.

I Will magnify thee, O Lord, for thou hast preserved me : and keepest me still in the land of the living.

2. O Lord my God, I cried unto thee when I was sick : and thou didst heal me.

C 2

3. Thou,

3. Thou, Lord, didst redeem my life from destruction: thou hast kept me from them that go down to the grave.

4. Sing praises unto the Lord, O ye saints of his: and give thanks unto him for a remembrance of his holiness.

5. For his wrath endureth but the twinkling of an eye, and his pleasure is life: heaviness may endure for a night, but joy cometh in the morning.

6. When we are in prosperity, we are too apt to say, our condition will never alter: the Lord of his goodness has so secured all things to us.

7. But if thou turnest thy face from us: we soon fall into trouble.

8. Then must we cry unto thee, O Lord: and address our selves to him in prayer, saying,

9. What profit is there in our blood: when we go down to the grave?

10. Shall the dust give thanks unto thee: or shall it declare thy truth?

11. Hear, O Lord, and have mercy upon us: Lord, be thou our helper.

12. Thou hast turned our heaviness into joy: thou hast accepted our repentance, and clothed us with gladness.

13. Therefore shall every good man sing of thy praise without ceasing: O my God, I will give thanks unto thee for ever.

MEDITATION.

Gold is tried and refined in the fire,
and the faithful man in the furnace
of affliction.

PSALM XXXI.

A Prayer to God for his Salvation.

IN thee, O Lord, have I put my trust : let me never be put to confusion, deliver me in thy righteousness.

2. Bow down thine ear to me : make haste to deliver me.

3. And be thou my strong rock, and house of defence : that thou may'st save me.

4. For thou art my strong rock and my castle : be thou also my guide, and lead me for thy name's sake.

5. Draw me out of the net, which satan has privily laid for me : for thou art my strength.

6. Into thy hands I commend my spirit : for thou hast redeemed me, O Lord, thou God of truth.

7. I utterly detest all superstitious vanities : my trust shall be in the Lord.

8. I will be glad and rejoyce in thy mercy : for thou hast known my soul in adversity, and hast saved me.

9. Thou hast not given me over to the power of the devil : but securest me from all his wiles.

10. Have mercy upon me, O Lord, lest I fall into trouble : for if thou withholdest thy protection, I shall be consumed.

11. My life will decay through heaviness : and my years with mourning.

12. I shall sink under the burthen of my sins : and my strength will fail me.

13. I shall be scoffed at both by friends and enemies : a good man will be ashamed to be seen in my company.

14. If thou forsakeſt me too, I ſhall be as a dead man out of mind : I ſhall become like a broken veſſel.

15. For I know the malice of the wicked : and am afraid of their evil deſigns.

16. But my hope is in thee, O Lord : I have ſaid, thou art my God.

17. My life is in thy hands : diſpoſe of it as thou ſhalt judge moſt fit.

18. But ſhew me the light of thy countenance if thou prolongeſt it : and proteſt me for thy mercies ſake.

19. Let me not be confounded, O Lord, for I have called upon thee : let the ungodly be put to confuſion, and be put to ſilence in the grave.

20. Let the lying lips be put to ſilence : which cruelly, diſdainfully, and deſpitefully ſpeak againſt the righteous.

21. O how plentiful is thy goodneſs which thou haſt laid up for them that fear thee : and that thou haſt prepared for them that put their truſt in thee, even before the ſons of men !

22. Thou ſhalt hide them from the pride of man : thou ſhalt keep them ſecretly from the ſtriſe of tongues.

23. Thanks be to the Lord : who ſheweth ſo much loving kindneſs to his ſervants.

24. And affordeth us his wonderful deliverance : when we have no hopes left.

25. Nevertheleſs he will hear the voice of our prayer : when we cry unto him.

26. O love the Lord, all ye his ſaints : for the Lord preſerveth them that are faithful, and plentifully rewardeth the proud doer.

27. Be of good courage, and he ſhall ſtrengthen your heart : all ye that put your truſt in the Lord.

MEDITATION.

WHoso secureth the favour of God by walking in the ways of his commandments, need not fear the threatnings of evil men in this life, nor be concerned for the fate of his soul in the life to come; for God will assuredly take care of him both here and hereafter.

Evening Prayer.

PSALM XXXII.

A Penitential.

Blessed is he whose unrighteousness is forgiven: and whose sin is covered.

2. Blessed is the man unto whom the Lord imputeth no sin: and in whose spirit there is no guile.

3. But he, who confesseth not his sins, nor prayeth unto God: shall smart under the torture of his own mind.

4. The hand of God shall be heavy upon him day and night: and the stings of an evil conscience shall lash him.

5. Therefore will I acknowledge my sins: and mine unrighteousness will I not hide.

6. I will confess my sins unto the Lord: and so wilt thou forgive the wickedness of my transgressions.

7. For this shall every one that is godly make his prayer unto thee, whilst thy grace is open to relieve us: before the floods of our iniquities shut thee from us.

8. Thou, Lord, art my refuge, to thee will I fly for safety: and though I have been a grievous sinner trust in thee for my deliverance.

9. Instruct me, and teach me in the way wherein I should go: and guide me with thine eye.

10. Give me grace to subdue my lusts, and sinful appetites: let me not live like a beast that hath no understanding.

11. Let me consider that great plagues remain for the ungodly: but whoso putteth his trust in the Lord, mercy embraceth him on every side.

12. Be glad, O ye righteous, and rejoyce in the Lord: and be joyful all ye that are true of heart.

MEDITATION.

TH E tortures and stings of an evil conscience, though grievous and irksome to flesh and blood, yet fall infinitely short of that misery we shall justly suffer in the next world for the sinful deeds of a mispent life, if we repent not, and make our peace, before we go hence and be no more seen. I will therefore no longer put off this one thing necessary.

PSALM XXXIII.

*A Song of Praise to God for his Goodness,
Power, and Providence.*

Rejoyce in the Lord, O ye righteous: for it becometh well the just to be thankful.

2. Praise the Lord with a joyful heart: sing praises unto him for his goodness.

3. Thank

3. Thank the Lord for his daily blessings : with utmost diligence and application.

4. For the word of the Lord is true : and all his works are faithful.

5. He loveth righteousness and judgment : the earth is full of the goodness of the Lord.

6. By the word of the Lord were the heavens made : and all the hosts of them by the breath of his mouth.

7. He gathereth the waters of the sea together, as it were upon an heap : and layeth up the deep as in a treasure-house.

8. Let all the earth fear the Lord : stand in awe of him, all ye that dwell in the world ;

9. For he spake, and all things were created : he commanded and they were fixed according to his word.

10. The Lord bringeth the counsel of the wicked to nought : and maketh the devices of the people to be of none effect, and casteth out the counsels of princes.

11. But the counsel of the Lord shall endure for ever : and the thoughts of his heart from generation to generation.

12. Blessed are the people whose God is the Lord *Jehovah* : and blessed are the folk that he hath chosen to him to be his inheritance.

13. The Lord looketh down from heaven, and beholdeth all the children of men : from the habitation of his dwelling he considereth all them that dwell on the earth.

14. He fashioneth all the hearts of them : and understandeth all their works.

15. There is no king that can be saved by the multitude of his souldiers : neither is any mighty man delivered by much strength.

16. A Horse is counted but a vain thing to save a man: neither shall he deliver any man by his great strength.

17. Behold, the eye of the Lord is upon them that fear him: and upon them that put their trust in his mercy.

18. To deliver their soul from death: and to protect them in all danger.

19. Therefore will we wait for relief from the Lord: for he is our help and our shield.

20. Our heart shall rejoyce in him: because we have hoped in his holy name.

21. Let thy merciful kindness, O Lord, be upon us: like as we do put our trust in thee.

MEDITATION.

THE power of almighty God is daily shewn in preserving this world, and particularly his own people, as well as in creating them at first; for did he not in his wisdom uphold the one, and with his grace direct the other, both would inevitably perish.

PSALM XXXIV.

An Exhortation to Piety, and to trust in God.

I Will always give thanks unto the Lord: his praise shall ever be in my mouth.

2. My soul shall make her boast in the Lord: the humble shall hear thereof and be glad.

3. Let

3. Let us magnify the name of the Lord together : when we meet in our holy assemblies.

4. In sickness and other dangers have I sought the Lord, and he hath heard me : yea, and delivered me out of all my fear.

5. They that trust in the Lord shall not be disappointed : their faces shall never be ashamed.

6. Lo, the poor crieth, and the Lord heareth him : yea, and saveth him out of all his troubles.

7. The angel of the Lord tarrieth round about them that fear him : and delivereth them.

8. O taste, and see, how gracious the Lord is : blessed is the man that trusteth in him.

9. O fear the Lord, ye that are his servants : for they that fear him lack nothing.

10. The lions do lack and suffer hunger : but they who seek the Lord, shall want no manner of thing that is good.

11. Come all ye that desire to learn : and hear what it is to fear the Lord.

12. What man is he that is willing to live : and would fain see good days ?

13. Keep thy tongue from evil : and thy lips that they speak no guile.

14. Depart from evil, and do good : seek peace, and ensue it.

15. The eyes of the Lord are over the righteous : and his ears are open unto their prayers.

16. The countenance of the Lord is against them that do evil : to root out the remembrance of them from the earth.

17. The righteous cry and the Lord heareth them : and delivereth them out of all their troubles.

18. The Lord is nigh unto them that are penitent : and will save such as be of an humble spirit.

19. Great

19. Great are the troubles of the righteous: but the Lord delivereth him out of all.

20. He keepeth all his bones: so that none of them is broken.

21. But misfortune shall slay the ungodly: and they that hate the righteous shall be desolate.

22. The Lord delivereth the souls of his servants: and all they that put their trust in him, shall not be forsaken.

MEDITATION.

LET it remain as a perpetual record, that piety of life will secure to every true christian the blessing of the life that now is, and of that which is to come.

The Seventh Day.

Morning Prayer.

PSALM XXXV.

A Prayer in the name and behalf of the Church.

MAintain thy Church, O Lord, against those that strive with her: and fight thou against them that fight against her.

2. Preserve her under the shield of thy providence: and stand up to help her.

3. Convert them who persecute her: say unto thy Church, I am thy salvation.

4. Let

4. Let them be confounded and put to shame that seek her ruin: let them be defeated and brought to confusion that imagine mischief for her.

5. Let them be as the dust before the wind: and the angel of the Lord scattering them.

6. Let their way be dark and slippery: and let the angel of the Lord persecute them.

7. For they have privily laid their net to destroy thy Church: yea, without any provocation have they designed mischief against her.

8. Let sudden destruction come upon them unawares, and the net that they have laid privily, catch themselves: that they may fall into their own mischief.

9. Then shall my soul be joyful in the Lord: it shall rejoyce in his salvation.

10. With all my power and strength will I praise the Lord and say, Lord, who is like unto thee, who deliverest the poor from him that is too strong for him: yea, the poor, and him that is in misery, from him that spoileth him?

11. Though they forge lies against her: and lay false things to her charge.

12. Though they return evil for good: to her great grief and concern.

13. Nevertheless does she pray for her enemies, humbling her self with fasting: and her charity will not lose its reward.

14. Whilst she behaves her self thus as a friend or near relation: and is sorry for them as their mother.

15. Yet do they scoff and deride her: and cease not publickly to affront her.

16. At all festival meetings abuse her: and rail at her continually.

17. Lord, how long wilt thou look upon this: O deliver thy Church from the calamities which these devouring lions threaten to bring upon her.

18. So will I give thee thanks in the great congregation: I will praise thee among much people.

19. O let not satan and his accomplices triumph over the godly: let them not insult as, if they had gotten the victory.

20. And why? they speak not peace: they design nothing but fraud and deceit.

21. They open their mouths wide with lies: and pretend to speak from their own knowledge what is far from truth.

22. This thou knowest, O Lord: hold not thy tongue then, go not far from me O Lord.

23. Awake and stand up to judge my quarrel: avenge thou my cause, my God and my Lord.

24. Judge me, O Lord my God, according to thy righteousness: and let them not triumph over me.

25. Let them not say in their hearts, there, there, so we would have it: neither let them say, we have devoured her.

26. Let them be put to confusion and shame together that rejoice at my trouble: let them be clothed with rebuke and dishonour, that boast themselves against me.

27. But let them be glad and rejoyce that favour my righteous dealing: yea, let them say alway, blessed be the Lord, who hath pleasure in the prosperity of his servants.

28. And as for my tongue, it shall be talking of thy righteousness: and of thy praise all the day long.

MEDITATION.

THE wicked suffer affliction and despair, but the church of God enjoys peace even in trouble, comforting her self with the promise of our saviour, that the gates of hell shall not prevail against her to her overthrow.

PSALM XXXVI.

The Goodness of God opposed to the treachery of wicked Men.

I Am fully convinced of the wickedness of the ungodly : that there is no fear of God before his eyes.

2. He may flatter himself in his own sight : but his abominable sin will be found out.

3. The words of his mouth are unrighteous and full of deceit : he hath left off to behave himself wisely, and to do good.

4. He imagineth mischief when he should be at rest, and hath set himself in no good way : neither doth he abhor any thing that is evil.

5. Thy mercy, O Lord, reacheth unto the heavens : and thy faithfulness unto the clouds.

6. Thy righteousness standeth like the strong mountains : thy judgments are like the great deep.

7. Thou,

7. Thou, Lord, shalt save both man and beast, how excellent is thy mercy, O God : and the children of men shall put their trust under the shadow of thy wings !

8. They shall be satisfied with the plenteousness of thy house : and thou shalt give them drink of thy pleasures, as out of the river.

9. For with thee is the well of life : and in thy light shall we see light.

10. O continue forth thy loving kindness unto them that know thee : and thy righteousness unto them that are true of heart.

11. O let not the foot of pride come against them : and let not the hand of the ungodly cast them down.

12. But let them fall that work wickedness : cast them down so that they shall never be able to rise again.

COLLECT.

Almighty and everlasting God, mercifully look upon my infirmities, and in all dangers and necessities stretch forth thy right hand to help and defend me, through Jesus Christ our Lord. *Amen.*

Even

Evening Prayer.

PSALM XXXVII.

A Description of the false Prosperity of the Wicked, and the differing End of Good and Bad Men.

FRet not thy self at the prosperity of the ungodly : neither be thou envious against the evil-doers.

2. For they shall soon be cut down like the grass : and be withered even as the green herb.

3. Put thou thy trust in the Lord, and be doing good : dwell in the land, and verily thou shalt be fed.

4. Delight thou in the Lord : and he shall give thee thy heart's desire.

5. Commit thy way unto the Lord, and put thy trust in him : and he will give success to thy honest endeavours.

6. He shall make thy righteousness as clear as the light : and thy just dealing as the noon-day.

7. Hold thee still in the Lord, and abide patiently upon him : but grieve not thy self at him whose way doth prosper, against the man that doeth after evil counsels.

8. Leave off from wrath, and let go displeasure : fret not thy self, lest thou be moved to do evil.

9. Wicked doers shall be rooted out : and they that patiently abide the Lord, those shall inherit the land.

10. Yet a little while and the ungodly shall be clean gone : thou shalt look after his place, and he shall be away.

11. But

11. But the meek spirited shall possess the earth : and shall be refreshed in the multitude of peace.

12. The ungodly seeketh counsel against the just : and gnasheth upon him with his teeth.

13. The Lord shall laugh him to scorn : for he seeth his ruin approaching.

14. The ungodly have drawn out the sword, and have bent their bow : to cast down the poor and needy, and to slay such as are of a right conversation.

15. But their sword shall go through their own heart : and their bow shall be broken.

16. A small thing that the righteous hath : is better than great riches of the ungodly.

17. For the arms of the ungodly shall be broken : but the Lord upholdeth the righteous.

18. The Lord knoweth the days of the godly : and their inheritance shall endure for ever.

19. They shall not be confounded in the perilous times : and in the days of dearth they shall have enough.

20. As for the ungodly they shall perish, and the enemies of the Lord shall waste as fat in the fire : yea, even as the smoke shall they consume away.

21. The ungodly borroweth and payeth not again : but the righteous is merciful and liberal.

22. Such as are blessed of God shall possess the land : and they that are cursed of him shall be rooted out.

23. The Lord ordereth a good man's going : and maketh his way acceptable to himself.

24. Though he fall, he shall not be cast away : for the Lord upholdeth him with his hand.

25. If you make your observation, you will find it true : you shall never see the righteous forsaken, nor his seed begging their bread.

26. The righteous is ever merciful and lendeth :
and his seed is blessed.

27. Flee from evil, and do the thing that is good :
and dwell for evermore.

28. For the Lord loveth the thing that is right :
he forsaketh not his that be godly, but they are
preserved for ever.

29. The unrighteous shall be punished : as for
thy seed of the ungodly, it shall be rooted out.

30. The righteous shall inherit the land : and
dwell therein for ever.

31. The mouth of the righteous is exercised in
wisdom : and his tongue will be talking of good
things.

32. The law of his God is in his heart : and his
goings shall not slide.

33. The ungodly watcheth the righteous : and
seeketh occasion to slay him.

34. But the Lord will not give him power to
effect it : nor condemn him when falsely accused.

35. Hope thou in the Lord, and keep his way,
and he shall promote thee, that thou shalt possess
the land : when the ungodly shall perish, thou shalt
see it.

36. I my self have seen the ungodly in great
power : and flourishing like a green bay-tree.

37. I went by, and lo, he was gone : I sought
him, but his place could no where be found.

38. Keep innocency, and take heed unto the thing
that is right : for that shall bring a man peace at
the last.

39. As for the transgressors, they shall perish to-
gether : and the end of the ungodly is, they shall
be rooted out at the last.

40. But the Salvation of the righteous cometh of
the Lord : who is also their strength in time of
trouble.

41. And

41. And the Lord shall stand by them and save them : he shall deliver them from the ungodly, and shall save them, because they put their trust in him.

MEDITATION.

THE chief happiness of man consists in his interest in, and enjoyment of God, and not in the false shew of the external honours and profits of this world ; for the wicked are poor in the midst of all their wealth, being subject every moment to the wrath of God, whilst the righteous is truly happy in the midst of seeming misery, for having done the thing that is right, it will bring him peace at the last.

The Eighth Day.

Morning Prayer.

PSALM XXXVIII.

A Penitential.

Correct me not, O Lord, in thine Anger : neither chasten me in thy heavy displeasure.

2. Be not too severe upon me : nor let thy hands press me too hard.

3. I have no quiet because of thy displeasure : neither can I take any rest because of my transgressions.

4. For

4. For my wickednesses overwhelm me : and are like a sore burden, too heavy for me to bear.

5. I am wounded with grief and shame : by reason of my sins.

6. I am so full of sorrow and misery : and make so great lamentations ;

7. That my heart is ready to burst : it cannot perform its offices.

8. I am as it were upon the rack : knowing how I have offended.

9. Lord, thou knowest all my desire : and my groaning is not hid from thee.

10. Let me not suffer thus under thy displeasure : and be as if I was just expiring ;

11. Without any comfort from neighbours or relations : for who but thou, O Lord, can help me in my distress.

12. Give me not over to the snares of the devil : nor let me suffer through his deceitful contrivances.

13. As for me, I will endeavour what I can to resist his temptations : and bear my afflictions patiently.

14. I will not murmur, nor repine : nor any ways distrust thy providence.

15. But in thee, O Lord, I will put my trust : thou shalt hear me, O Lord my God.

16. Hear me, O Lord, I beseech thee, leave me not to the will of mine enemies : let not the wicked triumph over me.

17. For I am truly troubled for my guilt : and my heaviness is ever in my sight.

18. For I will confess my wickedness : and be sorry for my sin.

19. But by making thus a conscience of my ways : I shall encrease the number of mine enemies.

20. They

20. They also that reward evil for good are against me : because I follow the thing that good is.

21. Forfake me not, O Lord my God : be not thou far from me.

22. Hasten to help me : O Lord God of my salvation.

MEDITATION.

HOly David, who was a king, disdained not to humble himself, and though a prophet also, afflicted himself with fasting and prayer, that he might recover God's favour; and shall I, an inferiour person, think any thing too much to please my God? no, I will confess my faults, and be sorry for my sins; I will humble my self in all true devotion, 'till I have appeased his anger, and obtained his Pardon.

PSALM XXXIX.

Of the Shortness and Vanity of this Life.

I Am resolved to keep a strict guard over my self : that I offend not in my Tongue.

2. I will keep my mouth as it were with a bridle : while the ungodly is in my sight.

3. Therefore will I refrain as much as I can from speaking : yea, even from religious discourses in their company, which will be pain and grief to me.

4. Yet if I cannot conceal my passion, but my thoughts will vent themselves : I will direct my words to God, and say after this manner ;

5. Lord,

5. Lord, let me know my end, and the number of my days : that I may be certified how long I have to live.

6. Behold, thou hast made my days as it were a span long : and mine age is even as nothing in respect of thee, and verily, every man living is altogether vanity.

7. For man walketh in a vain shadow, disquieteth himself in vain : he heapeth up riches, and cannot tell who shall gather them.

8. And now, Lord, whom can I trust that will not deceive me : truly my hope is even in thee.

9. Deliver me from all mine Offences : and make me not a rebuke unto the foolish.

10. I will not repine at my sufferings : for it is thy doing.

11. But be pleased to remove thy stroke away from me : and let me not be consumed by means of thy heavy hand.

12. When thou with rebukes dost chasten man for sin, thou makest his beauty to consume away, like as it were a moth fretting a garment : every man therefore is but vanity.

13. Hear my prayer, O Lord, and with thine ears consider my calling : hold not thy peace at my tears.

14. For I am a stranger with thee, and a sojourner : as all my fathers were.

15. O spare me a little, that I may glorify thee on earth : before I go hence and be no more seen.

MEDITATION.

Since we are to live but a short time here, and that too by God's leave, why do we not live to his glory? All I desire is, that as my life was thy gift, O God, to me, so it may be my gift again to thee: I can afford God but little, if not his own.

PSALM XL.

Of the coming of the Messias, and our Obedience to our Saviour Jesus Christ.

I Will wait patiently for the Lord: in due season he will give me his assistance.

2. He will help me out of the greatest distress: and bring me into a place of safety.

3. He will put a new song in my mouth: even a thanksgiving unto our God.

4. Which when others shall hear and consider: they will joyn with me in his worship and service.

5. Blessed is the man, that hath set his hope in the Lord: and turneth not unto the proud, and to such as go about with lies.

6. O Lord my God, great are the wondrous works, which thou hast done, like as be also thy thoughts, which are to us ward: and yet there is no man that ordereth them unto thee.

7. If I should declare them and speak of them: they would be more than I am able to express.

8. But I will thank thee more particularly for that wonderful blessing the sending the Messias: a Saviour for our redemption.

9. Burnt

9. Burnt offerings and sacrifices for sin are now no longer required : by the blood of our redeemer, and a right faith in Jesus Christ, shall we be saved.

10. Thou didst promise in thy word to send a saviour to mankind : thou didst send him, even thy son Jesus Christ to die for us.

11. Him will I own before all people in our publick assemblies : lo, I will not refrain my lips from praising thee, O Lord, and that thou knowest.

12. I will not only meditate on thy righteousness within my heart : but will declare to others thy truth, and thy salvation.

13. I will not conceal thy saving mercy : but publish thy kindness to all people.

14. Withdraw not thou thy mercy from me, O Lord : let thy loving kindness, and thy truth always preserve me.

15. Whenever any troubles come about me, or my sins take such hold upon me that I cannot look up : when the number of them increase, so that my heart faileth me.

16. O Lord, let it be thy pleasure to deliver me : make haste, O Lord, to help me.

17. Let them be ashamed, and confounded together, that seek after my soul to destroy it : let them be driven backward and put to rebuke that wish me evil.

18. Put a stop to their evil designs, and reward them with shame : that mock at my affliction.

19. Let all those that seek thee, be joyful and glad in thee : and let such as love thy salvation, say alway, the Lord be praised.

20. As for me, I am poor and in misery : but the Lord careth for me.

21. Thou art my helper, and redeemer : make no long tarrying, O my God.

MEDITATION.

O Happy state of man ! who having been so long in the shades of darkness doest at last partake of the glorious light of the Son of God : Thanks be to our heavenly Father, for sending our saviour Jesus Christ to abolish the sacrifices of the old law, and to bring life and immortality to light through the gospel.

Evening Prayer.

P S A L M XLI.

*A Prayer for a Blessing upon the Charitable,
and for Deliverance from false Friends.*

Blessed is he that relieveth the poor and needy : the Lord shall deliver him in the time of trouble.

2. The Lord preserve him and keep him alive, that he may be blessed upon the earth : and deliver not thou him into the will of his enemies.

3. The Lord comfort him when he lieth sick upon his bed : make thou all his bed in his sickness.

4. Lord, be merciful unto me : heal my soul for I have sinned against thee.

5. Save me from my enemies that speak wrongfully of me : and with my death.

6. Guard me from deceitful neighbours, who under the disguise of a friendly visit : seek opportunity to do me mischief.

7. Many

7. Many are the enemies that conspire against me : many are they that tempt me to evil.

8. That with God would punish me for my misdeeds : and when I am sick, hope I may rise no more.

9. Yea, some whom I thought to have been my friends, and to whom I have been very kind : have layed great wait for me.

10. But be thou merciful unto me, O Lord : give me grace to resist their temptations.

11. By this I shall know that thou favourest me ; when the wicked have not force to delude me into sin.

12. Thou upholdest me in my integrity : and preservest me for thy service.

13. Therefore blessed be the Lord God : world without end. *Amen.*

MEDITATION.

IF we relieve not the poor, nor forgive our enemies, we are false friends to our selves, and how can we expect God should do that for us, which we will not do for one another ?

PSALM XLII.

A Prayer in the Name of the Church.

LIke as the hart desireth the water-brooks : so longeth thy Church after thee, O God.

2. She thirsteth for God, yea, even for the living God : when, saith she, shall I come to appear before the presence of God ?

D 2

3. I cry

3. I cry day and night to hear the wicked say :
that God careth not for me.

4. I remember the time, and with sorrow think
thereupon : when all thy servants went together
into the house of God :

5. And with the voice of praise and thank-
giving : sung hymns to thine honour.

6. But now I am full of heaviness and disqui-
eted : to behold so many divisions.

7. Yet will I put my trust in God : I will give
him thanks for the help of his countenance.

8. My God, I am vexed at heart : but I remem-
ber thy loving kindneses of old.

9. How thou didst save me from the storms of
afflictions : which like waves of the sea threatned
to overwhelm me.

10. I did not distrust thy providence : but made
my prayer unto the God of my life.

11. And now I pray unto the God of my strength :
and beg of thee to restore thy worship.

12. Cease all our unhappy divisions : and make
us to be of one mind.

13. Give not Satan occasion to say : where is now
thy God ?

14. Why art thou so vexed, O my soul : and why
art thou so disquieted within me ?

15. O put thy trust in God : for I will yet thank
him, which is the help of my countenance, and
my God.

MEDITATION.

HAve we not all one father ? hath not
one God created us ? why do we then
deal treacherously every man against his
brother ?

PSALM

PSALM XLIII.

A Prayer in time of Temptation.

GIve sentence with me, O God, and defend my cause against the ungodly people : O deliver me from the deceitful and wicked man.

2. For thou art the God of my strength, why hast thou put me from thee : and why go I so heavily, while the enemy oppresseth me ?

3. O send out thy light and thy truth, that they may lead me : that they may bring me unto thy house, and to thy dwelling.

4. That I may go unto the altar of God, even unto the God of my joy and gladness : and with an unfeigned heart give thanks unto thee, O God, my God.

5. Why art thou so heavy, O my soul : and why art thou so disquieted within me ?

6. O put thy trust in God : for I will yet give him thanks, which is the help of my countenance, and my God.

MEDITATION.

Suffering is the way to glory : It is good for me, that I have been afflicted. Let God use me how he will upon earth, so I may obtain what he has promised to those that love him in heaven. Who would not be a *Lazarus* for a day, that he might live in *Abraham's* bosom for ever ?

The Ninth Day.

Morning Prayer.

PSALM XLIV.

A Commemoration of God's former Mercies to his Church and People, and a Prayer for the Continuance of his Favour to this Kingdom and Nation.

WE have heard with our ears, O God, our fathers have told us : what thou hast done in their time of old.

2. How thou hast driven out the heathen with thy hand, and planted thy people Israel in their room : how thou hast destroyed the nations, and cast them out.

3. Our fathers gat not the land in possession through their own sword : neither was it their own arm that saved them.

4. But thy right hand, and thine arm, and the light of thy countenance : because thou hadst a favour unto them.

5. Thou art our king, O God : send help unto this nation.

6. Through thee will we overthrow our enemies : and in thy name will we tread them under that rise up against us.

7. For we will not trust in our own strength : it is not our own swords that can save us.

8. But it is thou that savest us from our enemies : and puttest them to confusion that hate us.

9. We

9. We will therefore make our boast of God all the day long : and will praise thy name for ever.

10. But should our sins put thee far off : and cause thee to forsake our armies.

11. We must certainly turn our backs upon our enemies : and our camp be a spoil to them that hate us.

12. We shall be slain like sheep : and be made prisoners among strange people.

13. We shall be cast away as the worst of slaves : not worthy to be ransomed.

14. Thou wilt make us to be rebuked of our neighbours : to be laughed to scorn, and had in derision of them that are round about us.

15. Thou makest us to be a By-word among the heathen : and that the People shake their heads at us.

16. Confusion will be continually before us : we must cover our faces with shame.

17. Dread the voice of the slanderer and blasphemer : and be afraid of the enemy and avenger.

18. All this will come upon us, if we be tempted to fall from the true religion : if we swerve from the commandments of God.

19. But, O Lord, our hearts shall not depart from thy worship : we will not turn to falsehood.

20. No, we will be constant in our loyalty to thee : though thou bringest us under the rod, and the shades of death should cover our nation.

21. For if we forget thy name, and hold up our hands to any strange God : shall not God search it out ? for he knoweth the very secrets of the heart.

22. For our religion we will suffer all misfortunes : yea, choose to die rather than worship any other God.

23. Arise therefore, O Lord : and hide not thyself from us.

24. Forsake us not in our trouble : nor leave us without thy protection.

25. Let us not sink under our misfortune : and be as men without hope.

26. But arise, and help us : and deliver us for thy mercies sake.

MEDITATION.

LET no earthly enjoyments tempt me to deny God, nor any threats of wicked men affright me from his worship, for the wrath of man is but of short duration, but God's anger is for ever.

PSALM XLV.

A Nuptial Song describing the Union of Christ and his Church, under the Figure of wedding Solemnities.

MY heart is full of joyful matter : I will sing of the Messias, the bridegroom of the church.

2. My tongue shall move to publish his praises : as fast as the pen of a ready writer.

3. Thou art fairer, O king Messias, than the children of men : full of grace are thy lips, because God hath blessed thee for ever.

4. Gird thy self with power as with a sword, O most mighty prince : appear like thy self in splendour and majesty.

5. Good luck attend thee throughout the world : settle thy true faith amongst men, make them humble and righteous, and let thy powerful works astonish the Beholders.

6. Let thy word pierce like sharp arrows : and destroy all idolatrous worship.

7. Thy

7. Thy throne, O God, is for ever and ever : the scepter of thy kingdom is a right scepter.

8. Thou hast loved righteousness and hated iniquity : wherefore God, even thy God hath exalted thee above men and angels.

9. Thou cloathest thy self with vertues and graces as with perfumes : when thou goest to espouse thy church.

10. The noblewomen whom thou hast converted shall be as bride-maids at thy nuptials : the church thy spouse shall shine with thy favour at thy right hand.

11. Hearken, O royal bride, and consider the happiness to have such a husband : forget the rites of thy former law, and obey the commands of the gospel.

12. So shall the king Messias have pleasure in thee : for he is thy Lord God, and worship thou him.

13. The heathen nations shall come into thy faith : and the rich among the people shall make their supplication as thou dost.

14. The spouse of the Messias is endued with all the inward vertues of the mind : as well as the outward ornaments of the body.

15. She shall be brought unto the king in a flourishing condition : both jew and gentile shall bear her company.

16. With joy and gladness shall they come together : and be received by Christ within the pale of the church.

17. Instead of idolatrous fathers, there shall be a succession of pious christians : who shall be pastors of the church in all lands.

18. Therefore will we remember thy name from one generation to another : therefore shall the people give thanks unto thee, world without end.

MEDITATION.

SINCE God has been pleased after so gracious a manner to espouse our mother the church, let not the lives of her sons hinder the happy fruits this nuptial union may produce. If a bride can be joined to her bridegroom here on earth with such ardency of mind that she can enjoy no rest, nor suffer his absence without great anxiety; with what affection, with what fervency ought the soul whom thou, O Lord, hast espoused, to love thee her true God and glorious bridegroom?

PSALM XLVI.

A Thanksgiving for the Safety of the Church, through the Power of God.

GOD is our hope and strength: a very present help in trouble.

2. Therefore will we not fear though the earth be moved: and though the hills be carried into the midst of the sea.

3. Though the waters thereof rage and swell: and though the mountains shake at the tempest of the same.

4. The church of God shall still be secure: his places of worship shall continue in safety.

5. God is in the midst of her, therefore shall she not be removed: God shall help her, and that speedily.

6. The

6. The heathen may rage, and kingdoms combine against her : yet if God but shew his voice, their hearts shall melt for fear.

7. The Lord of Hosts is with us : the God of Jacob is our refuge.

8. O come hither and behold the works of the Lord : what power he hath upon earth.

9. He maketh wars to cease in all the world : he breaketh the bow, and knappeth the spear in funder.

10. Be still then, and acknowledge him to be God : He shall be exalted among the heathen, and he shall be exalted on the earth.

11. The Lord of hosts is with us : the God of Jacob is our refuge.

MEDITATION.

Happy are we that have God so near us :
Happy in all states of life, whilst he
is pleased to be our God.

Evening Prayer.

PSALM XLVII.

Of our Saviour's Ascension into Heaven.

O Clap your hands together, all ye people :
O sing unto God with the voice of thanksgiving.

2. For the Lord is high, and to be feared : he is the great king above all the earth.

3. His doctrine shall be spread amongst all people : the sound thereof shall be heard among all nations.

4. He

4. He shall prepare an heritage for us : all true believers shall be called his sons as well as Jacob, whom he loved.

5. Our saviour Christ is ascended up to heaven : our Lord is exalted above all creatures.

6. O sing praises, sing praises unto our God : O sing praises, sing praises unto our king.

7. For God is the king of all the earth : sing ye praises with understanding.

8. God reigneth over the heathen as well as us : God sitteth upon his holy seat.

9. By his power will he bring all nations to worship him : for God, which is very high exalted, doth defend the earth, as it were with a shield.

COLLECT.

GRant, I beseech thee, Almighty God, that like as I do believe thy only begotten Son our Lord Jesus Christ to have ascended into the Heavens, so I may also in heart and mind thither ascend, and with him continually dwell who liveth and reigneth with thee and the holy Ghost one God, world without end. *Amen.*

PSALM XLVIII.

*An Exhortation to keep strictly to the publick
Worship of God in Churches.*

Great is the Lord and highly to be praised : in all the places set apart for his worship.

2. For there is his gospel preached unto sinners : his word and sacraments given as pledges of his divine favour ; God is present in all our congregations as a sure refuge.

3. So that if we worship him faithfully : nothing shall hurt us.

4. The wicked shall be amazed to see such things : they shall be astonished and suddenly cast down.

5. Fear shall come upon them and sorrow : as upon a woman in her travail.

6. All their evil designs shall be brought to nought : they shall be broken as the east wind breaketh the ships of the sea.

7. We have heard how the Lord has defended his church in former days : we believe that God will uphold the same for ever.

8. We will wait for thy loving kindness, O God : in the midst of thy temple.

9. O God, as thy power and dignity is above all things, so shall thy praise continue to the world's end : thy right hand is full of righteousness.

10. Let all thy servants rejoyce ; because of thy justice and goodness to them.

11. Let them consider the blessings they at present enjoy : and recount the noble acts the Lord has done for them.

12. Let them remember the deliverances God has vouchsafed them : and leave it upon record for them that come after.

13. That God is continually exercised in our defence : he shall be our guide unto death.

PRAYER.

PRAYER.

O God, merciful father, grant that those evils which the craft and subtilty of the devil or man worketh against me may be brought to nought, and by the providence of thy goodness they may be dispersed, that I thy servant being hurt by no persecutions, may evermore give thanks unto thee in thy holy church, through Jesus Christ our Lord. *Amen.*

PSALM XLIX.

Of the Danger of trusting in Riches.

O Hear this, all ye people : give ear all ye that dwell in the world.

2. High and low, rich and poor : one with another.

3. My mouth shall speak of wisdom : and the meditation of my heart shall be of understanding.

4. I shall give you the best advice : and resolve a difficult question.

5. Why should a good man be disturbed because the wicked flourish : or why should he be afraid in old age, in sickness, or in death ?

6. There be some that put their trust in their goods : and boast themselves in the multitude of their riches.

7. But their riches cannot deliver one soul from the grave : or purchase one moment of life, when God pronounces the sentence of death.

8. The redemption of our lives from death is not to be purchased with silver or gold : we must let that alone, 'twill be a vain endeavour.

9. Yea, though God permits us to enjoy a long life : we must at last descend into the grave.

10. For we see that wise men also die and perish together : as well as the ignorant and foolish, and leave their wealth to others.

11. And yet they think that their houses shall continue for ever : and that their dwelling places shall endure from one generation to another, and call the lands after their own names,

12. Nevertheless they must submit to the stroke of death : they shall perish as the beasts of the field ; this is the way of them.

13. This is their foolishness : yet those that succeed them imitate their folly.

14. And they too shall die and go like sheep to the grave, and the righteous shall triumph over them in the morning of the resurrection : their beauty shall consume in the sepulchre.

15. But God will redeem the just from the power of the grave : and receive his soul into his hands.

16. Therefore be not thou afraid though one be made rich : or if the glory of his house be increased ;

17. For he shall carry nothing away with him when he dieth : neither shall his pomp follow him.

18. He might count himself happy, whilst he lived : and so may any one that indulges himself in sin have the outward applause of this wicked world.

19. But he shall die as his Predecessors did : and find cold comfort in the other world.

20. Verily man being rich and in honour without virtue and religion : is like unto the beasts that perish.

MEDITATION.

LET not the wise man glory in his wisdom, neither let the mighty man glory in his might, nor the rich man glory in his riches; but let him that glorieth, glory in this, that he understandeth and knoweth God, that it is the Lord which exerciseth loving kindness, judgment and righteousness in the earth.

The Tenth Day.

*Morning Prayer.***PSALM L.***Of the Judgment of God at the last Day.*

THE Lord, even the most mighty God hath spoken: and called the world to repentance, from the rising up of the Sun, unto the going down thereof.

2. Out of heaven hath our Saviour appeared: in perfect beauty.

3. He shall come again also, and make himself known: there shall go before him a consuming fire, and a mighty tempest shall be stirred round about him.

4. He shall call the heavens from above: and the earth to be witnesses whilst he judges the nations.

5. He

5. He shall call his ancient people the Jews before him : those that made a covenant with him, and confirmed it with sacrifices.

6. The heavens shall see the justice of his judgment : for God, who cannot do unrighteously, is judge himself.

7. Hear, O my people, will God then say : I myself will testify against thee, O Israel ; for I am God, even thy God.

8. I will not reprove thee because of thy sacrifices, or for thy burnt-offerings : because they were not alway before me.

9. I took no bullock out of thine house : no he-goat out of thy folds.

10. For all the beasts of the forest were mine : and so are the cattle upon a thousand hills.

11. I know all the fowls upon the mountains : and the wild beasts of the field are in my sight.

12. If I was hungry, I need not tell thee : for the whole earth was mine, and all that was therein.

13. Thinkest thou that I did eat bull's-flesh : or drink the blood of goats.

14. No, the sacrifice that always was most acceptable to me was an humble spirit : and the true incense was a godly life.

15. Thou shouldst have called upon me by prayer in the time of trouble : so would I have heard thee, and thou shouldst have praised me.

16. But unto the ungodly will God say : why dost thou preach my laws, and takest my covenant in thy mouth ;

17. Whereas thou hatest to be reformed : and hast cast my words behind thee ?

18. When thou sawest a thief, thou consentedst unto him : and hast been partaker with the adulterers.

19. Thou

19. Thou hast let thy mouth speak wickedness :
and with thy tongue thou hast set forth deceit.

20. Thou satest and spakest against thy brother :
yea, and hast slander'd thy own mother's son.

21. These things hast thou done, and I held my
tongue, and thou thoughtest wickedly, that I was
even such a one as thy self: but I will reprove
thee, and set before thee the things that thou hast
done.

22. O consider this, ye that forget God : return
before his patience be tired out, and there be none
to deliver you.

23. Whoso offereth God thanks and praise ho-
noureth him : and to him that ordereth his con-
versation aright, will he shew the salvation of
God.

COLLECT.

A Almighty God, give me grace that I
may cast away the works of dark-
ness, and put upon me the armour of light
now in the time of this mortal life, that
in the last day when my saviour Jesus
Christ shall come in his glorious majesty
to judge both the quick and the dead, I
may rise to the life immortal through him
who liveth and reigneth with thee and the
holy ghost, now and ever. *Amen.*

PSALM

PSALM LI.

A Penitential.

HAve mercy upon me, O God, after thy great goodness : according to the multitude of thy mercies do away mine offences.

2. Wash me thoroughly from my wickedness : and cleanse me from my sin.

3. For I acknowledge my faults : and my sins are ever before me.

4. Against thee have I sinned, and done evil in thy sight : and will clear thy justice in whatever punishment thou shalt lay upon me.

5. Behold, I was shapen in wickedness : and brought bad inclinations into the world with me.

6. But thou requirest purity of heart and affections : grant me therefore thy grace, and give me wisdom to understand my duty.

7. Purify me with the blood of the lamb of God : wash me in it and I shall be clean.

8. Turn the sorrow of my penitent soul into Joy : that I may no longer suffer under the weight of thy displeasure.

9. Turn thy face from my sins : and blot out all my misdeeds.

10. Make me a clean heart, O God : and renew a right spirit within me.

11. Cast me not away from thy presence : and take not thy holy spirit from me.

12. O give me the comfort of thy help again : and assist me with larger measures of thy spirit.

13. Then shall I teach thy ways unto the wicked : and sinners shall be converted unto thee.

14. De-

14. Deliver me from blood-guiltiness, O God, thou that art the God of my health: and my tongue shall sing of thy righteousness.

15. Open my lips, O Lord: and my mouth shall shew thy praise.

16. For thou desirest no sacrifice, else would I give it thee: but thou delightest not in burnt offerings.

17. The sacrifice of God is a troubled spirit: a broken and penitent heart, O God, shalt thou not despise.

18. O be favourable and gracious unto this church and nation: be their defence against their enemies.

19. Then shalt thou be pleased with their sacrifices of praise and thanksgiving; then shall their hearts be poured out in acts of piety and devotion at thy holy table.

MEDITATION.

THE best have their faults; he is happiest who has least and fewest. I can never be so holy as to have no sins; my care shall be to repent of those I have, and if my repentance be true and daily, my score will never be long.

PSALM

PSALM LII.

*Comfort to the Righteous in the Promise of
God to punish the Wicked.*

WH Y boastest thou thy self, thou enemy of the church : that thou canst do mischief ?

2. Consider, vain man ! that the goodness of God : continueth daily to preserve it.

3. Thy tongue poureth forth premeditated mischief : and with lies thou cuttest like a sharp rasour.

4. Thou hast loved unrighteousness more than goodness : and to talk of lies more than righteousness.

5. Thou hast loved to speak all words that may do hurt : O thou false tongue.

6. Therefore shall God destroy thee for ever : he shall take thee and pluck thee out of thy dwelling, and root thee out of the land of the living.

7. The righteous shall see the just judgment of God upon thee, and fear to offend him : they shall laugh at thy folly and say ;

8. Lo, this is the man that took not God for his strength : but trusted in the multitude of his riches, and strengthened himself in his wickedness.

9. As for me, I will frequent the publick worship of God in his house : my trust shall be in the tender mercy of God for ever and ever.

10. I will always give thanks unto thee, for that thou hast done : and I will hope in thy name ; for all good men think it their wisest course.

MEDITATION.

Wealth cannot secure happiness, heaven is not to be purchased with silver or gold. All my care shall be how to live well, and then I am sure I shall never die poor.

Evening Prayer.

PSALM LIII.

A Lamentation for the Wickedness of the World.

THE foolish body hath said in his heart : there is no God.

2. The world is so corrupt, and grown abominable in wickedness : that there is comparatively none that do good.

3. Should God look down from heaven upon the children of men : to see if there were any that would understand, and seek after God.

4. He would find most of them are gone out of the way, most of them become abominable : there are few that do good, very few.

5. Are they not without understanding that work such wickedness : that devour good men as a morsel of bread ? the reason is, they have no Religion.

6. Therefore shall they be afraid where no fear is : for God shall scatter the strength of them that encamp against his church ; she shall put them to confusion because God hath despised them.

7. Oh

7. Oh that God would give salvation out of heaven : Oh that the Lord would deliver his people from the troubles of this world.

8. Then should the righteous rejoyce : and the servants of God be right glad.

COLLECT.

O God, who declarest thy almighty power most chiefly in shewing mercy and pity : mercifully grant unto me such a measure of thy grace, that running the way of thy commandments, I may obtain thy gracious promises, and be made partaker of thy heavenly treasure, through Jesus Christ our Lord. *Amen.*

PSALM LIV.

A Prayer in the Name of the Church.

SAve thy church, O God, for thy name's sake : and send them help in time of danger.

2. Hear my Prayer, O God : and hearken unto the words of my mouth.

3. For the ungodly are risen up against me : and the proud, which have not God before their eyes, seek to destroy me.

4. Behold, God is my helper : the Lord is with them that uphold me.

5. He shall reward evil unto mine enemies : destroy thou the incorrigible as thou hast threatned.

6. An offering of a free heart will I give thee, and praise thy name, O Lord : because it is so comfortable.

7. For

7. For he will deliver me out of all my trouble : and mine eyes shall behold with pleasure the downfall of mine enemies.

MEDITATION.

I Fear not them which kill the body, but are not able to kill the soul : I fear him only who is able to destroy both body and soul in hell.

PSALM LV.

The Prayer and Complaint of the Church.

Hear my prayer, O God : and hide not thyself from my petition.

2. Consider my condition, and hear me : how I mourn in my prayer, and am vexed.

3. The enemy crieth so, and the ungodly cometh on so fast : for they are minded to do me some mischief, so maliciously are they set against me.

4. My heart is disquieted within me : and the terrors of death are fallen upon me.

5. Fearfulness and trembling are come upon me : and an horrible dread hath overwhelmed me.

6. In this confusion, I wish for wings like a Dove : that I might fly from the malicious attempts of the wicked.

7. Lo, then would I get me away far off : and hide my self in some desert place.

8. I would make haste to escape : because of the evil designs of factious men.

9. Confound, O Lord, and divide their counsels : for there is nothing but strife and injustice among them.

10. There

10. There is nothing seen day or night, but iniquity and oppression: mischief and sorrow are the constant fruit of their devices.

11. Wickedness is in the midst of them: deceit and guile go not out of their streets.

12. Neither are these the Jews or Infidels that do me this dishonour: I could expect no other from them.

13. Neither is it any professed adversary, that magnifies himself against me: for then peradventure I might fence my self against him.

14. But they are those that at the same time own the christian religion: and pretend to be my friends.

15. Joyn with the church in her assemblies: and walk to the house of God in company.

16. Defeat their treacherous projects, and confound their devices: for wickedness is in their dwellings and among them.

17. As for me I will call upon God: and the Lord shall save me.

18. I will take hold of all opportunities to pray unto him, and that most fervently: and he shall hear my voice.

19. It is he that hath protected me in all the dangers I have hitherto been in: which have been strongly contrived against me.

20. Yea, even God that endureth for ever shall hear me, and bring them down: for as long as they prosper in their villany, they will not fear God.

21. But lay their hands upon such as be at peace with God: and continually break his covenant.

22. The words of their mouth will be softer than butter, when they have the most villanous contrivances at heart: their words will be smoother than oil, and yet they be very swords.

23. But I will cast my burden upon the Lord, and he shall nourish me : and shall not suffer the righteous to fall for ever.

24. And as for the wicked : thou, O God, shalt bring them into the pit of destruction.

25. The blood-thirsty and deceitful men shall not live out half their days : nevertheless my trust shall be in thee, O Lord.

MEDITATION.

Satan does not always attempt the ruin of the church by sword and slaughter, he sometimes assumes the shape of sanctity and friendship. 'Twas by Judas a disciple and apostle that he betrayed our Saviour ; and St. Paul says, *All are not Israel that are of Israel*. If the hypocrite is to meet with the severest punishment at the day of judgment, surely of all hypocrites, the sanctified one will drink the largest portion of God's wrath. Give me, O Lord, not only the form of godliness, but the power also.

The Eleventh Day.

Morning Prayer.

PSALM LVI.

The Prayer and Complaint of the Church.

BE merciful unto me, O God, for Satan goeth about to destroy me : he is daily tempting and troubling me.

2. He watches all opportunities to ensnare me : many are the temptations which he throws before me, O thou most highest.

3. Nevertheless, tho' I am sometime afraid : yet put I my trust in thee.

4. I will praise God, because he has promised his protection to them that seek him : I have put my trust in God, and will not fear what the flesh, the world, or the devil can do unto me.

5. Mine enemies daily mistake my words : all that they imagine is to do me evil.

6. They hold all together and secretly contrive : always to ensnare and ruin me.

7. Shall they escape for their wickedness : thou, O God, in thy displeasure shalt cast them down.

8. Thou knowest all my troubles, thou numberest all my tears : are not all my afflictions noted in thy book ?

9. Whensoever I call upon thee, then shall my enemies be put to flight : this I know, for God is on my side.

10. In God's word will I rejoice : in the Lord's word will I comfort me.

11. Yea, in God have I put my trust : I will not be afraid what man can do unto me.

12. Unto thee, O God, will I pay my vows : unto thee will I give thanks.

13. For thou hast delivered me from the snares of the enemy, and preserved me from destruction : therefore will I worship my God before the face of the whole earth.

MEDITATION.

THE church is secure in the promise of our Saviour, that *the gates of hell shall never prevail against her* to her overthrow ; she may be afflicted but not destroyed : for he that has preserved her hitherto in the midst of so many enemies without, and traitors within, does and will continue ever to defend her ; but *Wo* be to them that force her to fly to God for that defence.

PSALM LVII.

A Prayer for God's Protection.

BE merciful unto me, O God, be merciful unto me, for my soul trusteth in thee ; and under the shadow of thy wings shall be my refuge, until my calamities be overpast.

2. I will call unto the most high God : even unto the God that performeth all things for me.

3. He

The Eleventh Day.

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3. He shall send from heaven : and save me from the reproach of him that would destroy me.

4. God shall send forth his mercy and truth : and secure me from my cruel adversaries.

5. I lie even among the children of men that are set on fire : whose teeth are spears and arrows, and their tongue a sharp sword.

6. Set up thy self, O God, above the heavens : and thy glory above all the earth.

7. They have laid a net for my feet, and snares to entrap me : they have digged a pit before me, but let them fall into the midst of it themselves.

8. My heart is fixed, O God, my heart is fixed : I will sing and give praise.

9. Awake all ye faculties of my soul, bestir your selves both heart and voice : yea, I will awake with all my power.

10. I will give thanks unto thee, O Lord, among the people : and I will sing unto thee among the nations.

11. For the greatness of thy mercy reacheth unto the heavens : and thy truth unto the clouds.

12. Set up thy self, O God, above the heavens : and thy glory above all the earth.

MEDITATION.

I Care not how wrongfully the Devil accuses me here, so that he has no just cause of complaint hereafter. I desire to live so that God's goodness may protect me in this, and his mercy acquit me in the world to come.

PSALM LVIII.

The Complaint of the Church.

AR E your minds set upon righteousness, O ye congregations : and do ye judge the things that are right, O ye sons of men ?

2. Yea, ye imagine mischief in your heart upon the earth : and your hands deal with wickedness.

3. The ungodly are wickedly bent, even from their mothers womb : as soon as they are born they go astray, and speak lies.

4. They are as venomous as the Poison of a serpent : even like the deaf adder, that stoppeth her ears.

5. They refuse to take the counsel which is preached unto them : and hearken not to the voice of the gospel.

6. Break, O Lord, the strength of these enemies and take away their fury : let their Power fall away like water that runneth apace, and never obtain their malicious ends.

7. Let them miscarry in all their mischievous designs : and never obtain their desired end.

8. As quick as the pots can feel the lighted thorns : let thy vengeance overtake them.

9. The righteous shall rejoyce at the just Judgment of God : and bless his name for their deliverance.

10. So that every one that behold it shall say, verily there is a reward for the righteous : doubtless there is a God that judgeth the earth.

MEDITATION.

OUR greatest enemies are within us, therefore our greatest victory is to subdue our selves.

Evening Prayer.

PSALM LIX.

The Prayer of the Church against her Enemies.

Deliver me from mine enemies, O God : defend me from them that rise up against me.

2. O deliver me from the workers of iniquity : and save me from blood-thirsty men.

3. For lo, they lie waiting to persecute me : the wicked are gathered against me without any offence or fault of me, O Lord.

4. They run and prepare themselves against me without any provocation : arise thou therefore to help me, and behold my danger.

5. Stand up, O Lord God of hosts, thou father of thy church, and visit those that are false and treacherous as heathens : do not spare them that wilfully violate thy laws.

6. That make it their continual business : to disgrace thy commandments.

7. Behold they curse with their mouths and threaten me severely : saying, who shall bring us to account for it ?

8. But thou, O Lord, shalt have them in derision : thou shalt disappoint their wicked designs.

9. My security will I ascribe unto thee : for thou art the God of my refuge.

10. God sheweth me his goodness plenteously : and God shall make me to overcome mine enemies.

11. Slay them not, lest thy people forget it : but scatter them by thy power, and put them down, O Lord our defence.

12. For the sin of their mouth, and for the words of their lips they deserve this punishment : and why ? their conversation is cursing and lies.

13. If they will not repent and amend let them perish : and know that it is God that ruleth in the heavens, and unto the ends of the world.

14. Let the hunger of dogs be their plague : as ravenousness was their sin.

15. Let them wander up and down for meat : and find nothing to satisfy their appetites.

16. As for me, I will sing of thy power, and will praise thy mercy betimes in the morning : for thou hast been my defence and refuge in the day of my trouble.

17. Unto thee, O my strength will I sing : for thou, O God, art my refuge, and my merciful God.

MEDITATION.

IF we did as certainly consider, as we do often discourse of God's providence in every action, it would give us courage in our undertakings and patience in our sufferings ; for if God have the over-ruling hand, and I make him my Friend, why should I fear the power of any adversary ?

PSALM LX.

*A Thanksgiving of this Church and Nation
for God's delivering of them from Factions
at home and War abroad, with a Prayer for
the Continuance of God's Protection.*

O God, thou hast cast us out, and scattered us
abroad : thou hast also been displeased, O
turn thee unto us again.

2. Thou hast suffered divisions to be among us :
unite us again in faith and love.

3. Thou hast made us to drink deep of the cup
of affliction : thou hast punished us with wars a-
broad, and factions at home.

4. Yet hast thou protected thy servants that trust-
ed in thee : thou hast preserved them according to
thy promise.

5. Out of thy pure love to us were we deliver'd :
help us still with thy right hand, and hear our
prayer.

6. I doubt not but God will continue his pro-
tection to us : who governeth kings and magi-
strates as he pleases.

7. The hearts of the senators and soldiers are
in his hand : the rulers and judges are moved by
him.

8. The mighty are subjected to him, the haughty
will he cast down : but thy servants shall rejoyce
in thy salvation.

9. Who is he that shall do these great things for
us : who is he that shall protect us ?

10. 'Tis thou, O Lord, who hast not cast us
out : wilt not thou, O God, go out with our
hosts ?

11. O be thou our help in trouble: for vain is the help of man.

12. Through God will we do great acts: for it is he that shall tread down our enemies.

MEDITATION.

HOW great are the loving kindnesſes which thou haſt laid up, O Lord, for them that fear thee! Bleſſing, and glory, and wiſdom, and thankſgiving, and honour, and power, and might be to our God for ever and ever. *Amen.*

PSALM LXI.

A Prayer for the King.

Hear my cry, O God: give ear unto my prayer.

2. From the bottom of my heart will I call upon thee: when I am in heavineſs.

3. O ſecure me, and bring me into a place of ſafety: for thou haſt been my hope, and a ſtrong tower for me againſt the enemy.

4. I will continue to worſhip in thy holy temple: and my Truſt ſhall be under the covering of thy wings:

5. For thou, O Lord, haſt often heard my deſires: and ſent thy ſuccour to thoſe that feared thy name.

6. I beſeech thee grant the King a long life: let him enjoy a long and prosperous reign.

7. Make him to govern his ſubjects in the fear of God: O prepare thy loving mercy and faithfulneſs, that they may preſerve him.

8. So

8. So will I always sing praise unto thy Name :
and daily offer up unto thee my vows of thank-
giving.

MEDITATION.

THE welfare of the subject is in the
safety of his Prince; All that truly
give him their hearts, will give him their
prayers also. I will pray for the King, as
for my self.

The Twelfth Day.

Morning Prayer.

PSALM LXII.

*A Declaration that no trust is to be put in
Man, for Power and Mercy only belong to
God.*

MY soul truly waiteth still upon God : for of
him cometh my salvation.

2. He verily is my strength and my salvation :
he is my defence, so that I shall not greatly fall.

3. How long will ye imagine mischief ye wicked
ones : ye shall be slain all the sort of you ;
yea, as a tottering wall ye be, and like a broken
hedge.

4. Their device is only how to put him out whom
God will exalt : their delight is in lies ; they give
good words with their mouth, but curse with their
heart.

5. Never-

5. Nevertheless, my soul wait thou still upon God : for my hope is in him.

6. He truly is my strength and my salvation : he is my Defence so that I shall not fall.

7. In God is my health and my glory : the rock of my might, and in God is my trust.

8. O put you trust in him alway, ye people : pour out your hearts before him, for God is our hope.

9. As for the children of men, they have no power : the children of men are deceitful upon the weights, they are altogether lighter than vanity it self.

10. O trust not in oppression and robbery, give not your selves over to work vanity : if Riches encrease set not your heart upon them.

11. God has frequently declared, and I believe : That power belongeth only to God :

12. And that thou, Lord, art merciful : for thou rewardest every man according to his work.

MEDITATION.

I Will admire God for his power, but I will love him only for himself.

PSALM LXIII.

An Acknowledgment of the Privilege of serving God in his Church.

O God, thou art my God : early will I seek thee.

2. My soul thirsteth for thee, my flesh also longeth after thee : as it would for moisture in a barren and dry land where no water is.

3. Thus

3. Thus have I looked for thy power and glory : and have seen thee by faith in thy sanctuary.

4. For the comfort, which thou givest to a pious soul serving thee, is more desirable than life it self : my lips shall praise thee for it.

5. As long as I live will I magnify thee on this manner : and make my addressee to thee in thy church.

6. My soul shall be satisfied even as it were with marrow and fatness : when my mouth praiseth thee with joyful lips.

7. Have I not remembered thee in my bed : and thought upon thee when I was waking ?

8. Because thou hast been my helper : therefore under the shadow of thy wings will I rejoyce.

9. My soul keepeth close unto thee : thy right hand upholdeth me.

10. But those that seek the hurt of my soul : shall sink into obscurity.

11. Let them feel thy displeasure : and never more be able to do hurt.

12. But the righteous shall rejoyce in God ; all they that swear by his name and perform their vows shall be commended : but the mouth of them that speak lies shall be stopped.

COLLECT.

A Almighty and merciful God of whose only gift it cometh, that thy faithful people do unto thee true and laudable service ; Grant, I beseech thee, that I may so faithfully serve thee in this life, that I fail not finally to attain thy heavenly promises

mises through the merits of Jesus Christ our Lord.

PSALM LXIV.

A Prayer for Deliverance from the Snares of the Wicked.

Hear my voice, O God, in my prayer : preserve my life from fear of the enemy.

2. Hide me from the gathering together of the froward : and from the Insurrection of wicked Doers.

3. Who have whet their tongues like a sword : and shoot out their arrows, even bitter words.

4. That they may bring innocent men into trouble : by flanders which they are not aware of.

5. They encourage themselves in mischief : and contrive among themselves, how they may lay snares, and say that no man shall see them.

6. They imagine wickedness and practise it : with all secrecy imaginable.

7. But God shall bring to light their subtle contrivances : he shall blast their wicked designs.

8. Yea, their own tongues shall discover their own mischief, and bring the evil upon themselves : insomuch that whoso seeth them shall laugh them to scorn.

9. And all men that see it, shall say, This hath God done : for they shall perceive that it is his work.

10. The righteous shall rejoyce in the Lord, and put his trust in him : and all they that are true of heart shall be glad.

MEDITATION.

THE fiercer Satan and his agents are, the louder we must cry unto God. Malice never wants a mark; if I cannot avoid the slander of ill Tongues, my care shall be not to deserve them.

Evening Prayer.

PSALM LXV.

A Thanksgiving to God for the Blessings which out of his own pure Love he bestows upon Mankind.

PRaise waiteth for thee, O God, in thy sanctuary: and unto thee shall our vows of thanksgiving be performed in all our churches.

2. O thou that hearest prayer: unto thee shall all flesh come.

3. We confess, our misdeeds have justly incurred thy displeasure: O be thou merciful unto our sins.

4. Blessed is the man whom thou choolest, and receivest unto thee: he shall dwell in thy Court, and shall be satisfied with the pleasures of thy house, even of thy holy temple.

5. Thou shalt shew us wonderful things in thy righteousness, O God of our salvation: thou that art the hope of all the ends of the earth, and of them that remain in the broad sea.

6. Thou in thy strength settest fast the mountains: and art girded about with power.

7. Thou

7. Thou stillest the raging of the Sea : and the noise of his waves, and the madness of the people.

8. They also that dwell in the uttermost parts of the earth, shall be afraid at thy tokens : thou that makest the outgoings of the morning and evening to praise thee.

9. Thou visitest the earth and bledest it : thou makest it very plenteous.

10. Thou enrichest it from the stores of water : thou preparest corn to nourish the inhabitants thereof.

11. Thou waterest her furrows, thou sendest rain into the little vallies thereof : thou makest it soft with the drops of rain, and bledest the encrease of it.

12. Thou crownest the year with thy goodness : and thy clouds drop fatness.

13. They shall drop upon the barren and dry places : and the little hills shall rejoyce on every side.

14. The folds shall be full of sheep : the valleys also shall stand so thick of corn, that they shall laugh and sing.

COLLECT.

O God, who hast prepared for them that love thee, such good things as pass man's understanding, pour into my heart such love towards thee, that I loving thee above all things may obtain thy promises, which exceed all that I can desire, through Jesus Christ our Lord. *Amen.*

PSALM

PSALM LXVI:

An Exhortation to glorify the Name of God.

O Be joyful in the Lord, all ye Lands: sing praises unto the honour of his name, make his praise to be glorious.

2. Say unto God, O how wonderful art thou in thy works: through the greatness of thy power shall thine enemies be found liars unto thee!

3. For all the world shall worship thee: sing of thee and praise thy name.

4. O come hither and behold the works of God: how wonderful he is in his doing toward the children of men.

5. He turned the sea into dry land, so that the Israelites went through the water on foot: there did they rejoyce in him.

6. He ruleth still the whole earth with his power, his eyes behold the people: and such as will not believe shall not be able to exalt themselves.

7. O praise our God, ye people: and make the voice of his praise to be heard.

8. Who preserveth our souls in affliction: and suffereth us not to sink under our calamities.

9. Thou, O God, hast proved us: thou also hast tried us, like as silver is tried.

10. Thou hast caused us to suffer trouble: and laid many afflictions upon us.

11. Our enemies have driven us into great straits: we have endured variety of miseries, but thou of thy goodness hast carried us through them all.

12. I will go into thine house with a thankful heart: I will acknowledge the blessing of thy deliverance.

13. I will praise thee in partaking of thy Sacraments : and testify my love to thee in my charity to the poor.

14. O come hither and hearken, all ye that fear God : and I will tell you what he hath done for my soul.

15. I called unto him with my mouth : and gave him praises with my tongue.

16. If I incline unto wickedness with mine heart : the Lord will not hear me.

17. But God hath heard me : and considered the voice of my prayer.

18. Praised be God who hath not cast out my prayer : nor turned his mercy from me.

MEDITATION.

WE can never say too much of the love of God, never think enough of his kindness to mankind.

PSALM LXVII.

A Prayer that the Kingdom of God may be manifested to the whole World.

God be merciful unto us, and bless us : and shew us the light of his countenance, and be merciful unto us.

2. That thy gospel may be preached over the whole earth : the truth of our redemption be made known among all nations.

3. Let all the people praise thee, O God : yea, let all the people praise thee.

4. O let the nations rejoyce and be glad : for thou shalt judge the folk righteously, and govern the nations upon earth.

5. Let

5. Let the people praise thee, O God : let all the people praise thee.

6 Then shall the earth bring forth her encrease : and God, even our own God shall give us his blessing.

7. God shall bless us : and all the ends of the world shall fear him.

MEDITATION.

WHO would not serve that Master whose service is perfect freedom, and his ways eternal life ? I cannot be more mine own friend than by being God's servant and the world's enemy.

The Thirteenth Day.

Morning Prayer.

PSALM LXVIII.

Of the Kindness of God to the Israelites of old, of sending our Saviour, and calling all Nations into his Faith.

LET God arise, and let his enemies be scattered : let them also that hate him, flee before him.

2. Like as the smok vanissheth, so shall thou drive them away : and like as wax melteth at the fire, so let the ungodly perish at the presence of God.

3. But

3. But let the righteous be glad, and rejoyce before God : let them also be merry and joyful.

4. O sing unto God, and sing praises unto his name : magnify him that rideth upon the heavens as it were upon an Horse ; praise him and rejoyce before him.

5. He is a father of the fatherless, and defendeth the cause of the Widdows : even God in his holy habitation.

6. He is the God that maketh men to be of one mind in an house, and bringeth the prisoners out of Captivity : but suffereth the wicked to continue in adversity.

7. O God ! when thou wentest forth before the people of Israel : when thou wentest through the wilderness of old.

8. The earth shook, and the heavens dropped at the presence of God : mount Sinai also trembled at the presence of God, who is the God of Israel.

9. Thou, O God, sentest a gracious rain of manna upon thine inheritance : and refreshedst it when it was weary.

10. A vast multitude were fed by thy bounty : for thou, O God, of thy goodness didst prepare food for them.

11. The Lord gave the word, and they overcame their enemies : and returned to their tents in triumph.

12. Kings with their Armies did flee and were discomfited : and they of the household divided the spoil.

13. Though they lay a great while in servitude, yet the Lord did release them from bondage : He made their shields as glorious in their enemies eyes as silver and gold.

14. When the Almighty scattered kings for their sake : his providence shined most illustriously bright.

15. As

15. As God Almighty did protect the children of Israel of old : so doth our God and Saviour guide and defend his church and servants in these days.

16. Were the mountains proud that had the ark and the tabernacle placed on them ? Our land also hath cause to rejoyce, for our saviour has planted his church amongst us : yea, the Lord has promised to be with it for ever.

17. He also has thousands of angels to attend him : he hath all the host of heaven continually employed in his service.

18. For our Saviour is ascended up into heaven, hath overcome sin and death, hath sent his apostles and evangelists to preach the gospel : and to call unbelievers to his faith, that the Lord our God may dwell among us.

19. Praised be the Lord daily : even the God who saveth us, and poureth his benefits upon us.

20. He is our God, even the God of whom cometh salvation : God is the Lord, by whom we shall escape eternal death.

21. God shall wound the heart of his enemies : and punish such as go on still in their wickedness.

22. The Lord hath said, I will do as many wonders for my people as were wrought in former times : I will deliver my servants from spiritual, as I did Israel from temporal evils.

23. I will rid them from their spiritual enemies : I will give them a compleat victory.

24. It is well known, O God, how thou didst institute thy church : how thou our God and king didst plant the gospel.

25. The prophets foretold it, and the apostles confirmed it : and many pious men and women rejoyced as witnesses thereof.

26. Give

26. Give thanks, O christians, unto God the Lord in your congregations : from the bottom of your hearts.

27. Let all the mighty potentates and great men : submit themselves to the kingdom of the Messiah.

28. Our God hath given us power to subdue sin and satan : stablish, O God, the grace that thou hast given us.

29. In like manner grant : that the heathen world may embrace the faith of Christ.

30. When thou hast rebuked our cruel Persecutors : and scattered the people that war against thy servants ;

31. Then shall the heathens embrace thy Law : and all nations be subject to christianity.

32. Sing unto God, O ye kingdoms of the earth : O sing praises unto the Lord.

33. Who sitteth in the heavens over all from the beginning : and hath sent his Son, even his only begotten Son to redeem us.

34. Ascribe ye the power unto God over the christian church : his strength is in heaven.

35. O God, wonderful art thou in thy holy places : even the God of our salvation ; he will give strength and power unto his people ; blessed be God.

COLLECT.

O Merciful God, who hast made all men, and hatest nothing that thou hast made, nor wouldst the death of a sinner but rather that he should be converted and live : Have mercy upon all Jews, Infidels, and Hereticks, and take from them all ignorance, hardness

hardness of heart and contempt of thy word, and so fetch them home; blessed Lord, to thy flock, that they may be saved among the remnant of the true Israelites, and be made one fold under one shepherd Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit one God world without end. *Amen.*

Evening Prayer.

PSALM LXIX.

The Complaint of the Church, with a Caution to her Enemies to consider the Fate of the Jews for rejecting our Saviour.

SAve me, O God: for many troubles like torrents of waters have flowed in upon me.

2. I am as it were in a deep mire, where no bottom is: or like one carried by the violence of the stream into the deep.

3. I have a long while implored thy help, and am almost dis-heartned: because thou art not yet pleased to hearken unto me.

4. They that hate me without a cause are numberless: they that are mine enemies and would destroy me without a cause are mighty.

5. I am ready to pay them any dues, even more than they can demand: God, thou knowest my simplicity, and my faults are not hid from thee.

6. Let not them that trust in thee, O Lord God of hosts, be ashamed for my cause: let not those that seek thee be confounded for my sake, O Lord God of Israel.

7. And

7. And why? for thy sake have I suffered reproof: and been rendred most contemptible.

8. Those that should have been most kind to me: have taken the least care of me.

9. My zeal for thy honour and worship has brought this hatred upon me: and the reproaches that atheists have cast upon thee, are fallen upon me.

10. When I bemoan my sins with tears, or humble my self with fasting and prayer: they mock at my devotion.

11. If I appear as a religious penitent: they laugh and jest upon me.

12. They that sit in the seat of judgment speak against me: and the drunkards make songs upon me.

13. But Lord, I make my prayer unto thee: in this sad condition.

14. Hear me, O God, in the multitude of thy mercy: even in the truth of thy salvation.

15. Preserve me from these dangers, that I perish not: O let me be delivered from them that hate me, and from these heavy pressures.

16. Let not the waters of affliction overflow me, nor the deep designs of mine enemies ruine me: and let me not be as it were buried alive in these misfortunes.

17. Hear me, O Lord, for thy loving kindness is comfortable: turn thee unto me according to the multitude of thy mercies.

18. And hide not thy face from thy church, for I am in trouble: O haste thee and hear me.

19. Draw nigh unto me and save me: O deliver me, because of mine enemies.

20. Thou hast known my reproof, my shame, and my dishonour: my adversaries are all in thy sight.

21. To

21. To be thus reproached and not suffered to clear my self, makes me heavy with grief: When I look for help I find none, nor any that will give me comfort.

22. They make me to undergo bitter things: and serve me as the Jews did our Saviour.

23. But let them remember the fate of the Jews: how their state and temple were destroyed.

24. God suffered their understandings to be so darkned, as not to see their approaching fate: he made them bow their necks to foreign yokes.

25. He poured out his indignation upon them: and his wrathful displeasure took hold of them.

26. He turned them out of their own country: and left none of their posterity in Judæa.

27. For they persecuted him, on whom thou hast laid the Chastisement of us all: they put to death he Lord of life.

28. Therefore God let them fall from one wickedness to another: and took his holy spirit from them.

29. He discarded them from being among the number of his children: and will not suffer them to be mentioned among the righteous.

30. As for me, when I am in trouble and affliction: thy help, O God, shall lift me up.

31. I will praise the name of God with a Psalm: and magnify it with thanksgiving.

32. This also shall please the Lord: this shall be esteemed the christian's sacrifice.

33. The humble shall consider this and be glad: seek ye after God, and your soul shall live.

34. For the Lord heareth the poor: and despiseth not his servants in affliction.

35. Let heaven and earth praise him: the sea and all that moveth therein.

36. For God will save his church and establish it: that men may worship and profess their faith in him.

37. The posterity also of his servants shall constantly joyn with her : and they that love his name shall praise God with her.

COLLECT.

O Almighty God, whom truly to know is everlasting life ! Grant me perfectly to know thy Son Jesus Christ to be the way, the truth, and the life, that following his steps, I may stedfastly walk in the way that leadeth to eternal life, through the same thy Son Jesus Christ our Lord.

P S A L M LXX.

A Prayer for Relief out of present Trouble.

Haste thee, O God, to deliver me : make haste to help me, O Lord.

2. Let them be ashamed and confounded that seek after my soul : let them be turned backward and put to confusion that wish me evil.

3. Let them for their reward be soon brought to shame : that scornfully deride me.

4. But let all those that seek thee, be joyful and glad in thee : and let all such as delight in thy salvation say alway, The Lord be praised.

5. As for me, I am in a miserable condition : haste thee unto me, O God.

6. Thou art my helper and redeemer : O Lord, make no long tarrying.

MEDI-

MEDITATION.

IF I am ever so much oppressed with sickness, want, or any other adversity, I must with patience wait God's leisure, and remember that I came not into this world to take my rest, but to prepare for it.

The Fourteenth Day.

Morning Prayer.

PSALM LXXI.

*A Prayer for God's Favour and Support
especially in Old Age.*

IN thee, O Lord, have I put my trust, let me never be put to confusion: but deliver me in thy righteousness; incline thine ear unto me and save me.

2. Be thou my strong hold, whereunto I may alway resort: thou hast promised to help me, for thou art my house of defence, and my castle.

3. Deliver me, O my God, out of the hand of the ungodly: out of the hand of the unrighteous and cruel man.

4. For thou, O Lord God, art the thing that I long for: thou hast been my hope even from my youth.

5. Through thee have I been holden up ever since I was born: thou art he that took me out

of my mothers womb, my praise shall be always of thee.

6. I am laughed at and reproached by ill people : but my sure trust is in thee.

7. O let my mouth be filled with thy praise : that I may sing of thy glory and honour all the day long.

8. Cast me not away in the time of age : forsake me not when my strength faileth me.

9. For then mine enemies will speak against me, and they that lay wait for my soul will take counsel together, saying : God hath forsaken him, persecute and take him, for there is none to deliver him.

10. Go not far from me, O God : my God, haste thee to help me.

11. Let these implacable enemies be shamefully disappointed : let them be covered with shame and dishonour, that seek to do me evil.

12. As for me, I will patiently hope in the Lord : and will praise thee more and more.

13. My mouth shall daily speak of thy righteousness and salvation : for I know no end thereof.

14. I will go forth in the strength of the Lord God : and will make mention of thy righteousness only.

15. Thou, O God, hast taught me from my youth up until now : therefore will I tell of thy wondrous works.

16. Forsake me not, O God, in mine old age, when I am grey headed : give me time to proclaim thy salvation to many more than I have yet done ; and to leave thy power upon record for all them that are yet to come.

17. Thy righteousness, O God, is very high : and great things are they that thou hast done ; O God who is like unto thee ?

18. O what troubles and adversities hast thou shewed me! and yet didst thou turn and refresh me: yea, and broughtest me up into safety again.

19. Thou hast encreased my satisfaction: and comforted me on every side.

20. Therefore will I praise thee and thy faithfulness, O God, with a grateful heart: unto thee will I sing a Psalm of Thanksgiving, O thou holy one of Israel.

21. My lips shall greatly rejoyce when I sing unto thee: and so shall my soul whom thou hast delivered.

22. My tongue also shall talk of thy righteousness all the day long: for they shall be confounded and brought to shame that seek to do me evil.

MEDITATION.

I Will labour to be old in goodness, and then I shall not complain of the infirmities of age: Let me be too strong for my sins, and I shall find strength enough.

PSALM LXXII.

A Prayer for the Graces of the Holy Spirit upon the Governours of our Church, with an acknowledgment of Christ's Ascension and Power.

Give the governours of thy Church the spirit of right judgment, O God: give them uprightness and integrity of heart.

2. That they may preach the gospel of the Messiah : and declare his salvation.

3. That all kingdoms and provinces may hear the sound of peace : and every place partake of the righteousness of our Saviour.

4. Who has caused the gospel to be preached to ordinary as well as higher persons : who offers to the meanest the blessing of his covenant, and threatens to punish the wrong-doer.

5. The Religion he has established shall last as long as the sun and moon endureth : it shall continue to the end of the world.

6. It shall descend into the hearts of the godly as rain into a fleece of wool : even as the dew that settles upon the grass.

7. He will favour none but the righteous : they shall enjoy peace of conscience for ever.

8. The power of the gospel shall reach from the one sea to the other : and from the flood to the worlds end.

9. They that dwell in the remotest places shall hear the sound thereof : they that perhaps now hate him, shall yet be converted unto him.

10. The Kings of the most distant countries shall worship him : and pay tokens of respect and reverence to him.

11. Yea, all Kings shall fall down before him : all nations shall do him service.

12. For he shall deliver the poor when he crieth : the needy also, and him that hath no helper.

13. He shall be favourable to the simple and needy : and shall preserve the souls of the poor.

14. He shall deliver their souls from falsehood and wrong : and dear shall their blood be in his sight.

15. He is ascended into heaven, has received a crown more valuable than the gold of Arabia : prayer shall be made ever unto him, and daily shall he be praised.

16. He

16. He shall send plenty upon the earth : his word shall encrease among the nations as grass in a fertile pasture.

17. His name shall endure for ever, his name shall remain under the Sun among posterities : which shall be blessed through him, and all the heathen shall praise him.

18. Blessed be the Lord God, even the God of Israel : which only doth wondrous things.

19. And blessed be the name of his majesty for ever : and all the world shall be filled with his majesty. Amen. Amen.

MEDITATION.

MY sins plead against me, but my Saviour Jesus Christ is my Advocate. It is much that my rebellions has deserved, but it is more that my Redeemer hath merited; so that though my flesh hath provoked thee, O Lord, to vengeance; yet the blood of Christ can, and I hope will move thee to mercy.

Evening Prayer.

P S A L M LXXIII.

A Discourse of the wise Purposes of God's Providence in permitting Wicked Men to prosper, though but for a Time.

TRuly God is loving unto the righteous : even unto such as are of a clean heart.

2. Nevertheless I began to doubt of this truth : I had no small temptation to think hardly of the ways of providence.

3. And why ? I was grieved at the good success of the wicked : I do also see the ungodly in such prosperity.

4. For they are in no peril of death : but are lusty and strong.

5. They come in no misfortune like other folk : neither are they plagued like other men.

6. And this is the cause that they are so holden with pride : and so full of cruelty.

7. Their eyes swell with fatness : and they do even what they list.

8. They endeavour to corrupt their neighbours, speaking blasphemy : their talking is against the most high.

9. For they spare neither God nor man in their discourses : they will abuse the holiest person upon earth.

10. Therefore some unsteady people turn to their way : and suck in their poisonous opinions.

11. Tush, say they, how should God perceive it : is there knowledge in the most high ?

12. Lo,

12. Lo, these are the ungodly, these prosper in the world, and these have riches in possession: and I said, then have I cleansed my heart in vain, and washed my hands in innocency.

13. For I am daily disturbed with the malice of evil-doers: and continually exercised by afflictions.

14. Yea, and I had said almost even as they: but lo! then I should have condemned all true religion.

15. I studied to find a solution for the inequalities of providence: but it was too hard for me.

16. Until I addressed my self to God in his house, for his enlightning grace; and listned to his holy word: then understood I the end of these men.

17. Namely, how thou dost set them in slippery places: and castest them down and destroyest them.

18. Oh how suddenly do they consume: perish and come to a fearful end!

19. Yea, even like as a Dream when one awakeneth: so shalt thou make them and their false pleasures to vanish away.

20. Thus my heart was grieved: and my spirit boiled within me.

21. So foolish was I, and ignorant: concerning the distribution of providence.

22. I might have considered, O Lord, that I have always been supported by thee: for thou hast holden me by my right hand.

23. I hope thou wilt still guide me with thy counsel here upon earth: and after this life take me to thy self in glory.

24. Whom have I in heaven but thee? and there is none upon earth, that I desire in comparison of thee.

Evening Prayer.

P S A L M LXXIII.

A Discourse of the wise Purposes of God's Providence in permitting Wicked Men to prosper, though but for a Time.

TRuly God is loving unto the righteous : even unto such as are of a clean heart.

2. Nevertheless I began to doubt of this truth : I had no small temptation to think hardly of the ways of providence.

3. And why ? I was grieved at the good success of the wicked : I do also see the ungodly in such prosperity.

4. For they are in no peril of death : but are lusty and strong.

5. They come in no misfortune like other folk : neither are they plagued like other men.

6. And this is the cause that they are so holden with pride : and so full of cruelty.

7. Their eyes swell with fatness : and they do even what they list.

8. They endeavour to corrupt their neighbours, speaking blasphemy : their talking is against the most high.

9. For they spare neither God nor man in their discourses : they will abuse the holiest person upon earth.

10. Therefore some unsteady people turn to their way : and suck in their poisonous opinions.

11. Tush, say they, how should God perceive it : is there knowledge in the most high ?

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22. I might have considered, O Lord, that I have always been supported by thee : for thou hast holden me by my right hand.

23. I hope thou wilt still guide me with thy counsel here upon earth : and after this life take me to thy self in glory.

24. Whom have I in heaven but thee ? and there is none upon earth, that I desire in comparison of thee.

25. Though never so great afflictions befall me :
God shall still be the strength of my heart, and
my portion for ever.

26. But they that forsake thee shall perish : thou
shalt destroy all them that desert thy holy re-
ligion.

27. But it is good for me to hold me fast by
God, to put my trust in the Lord God : and to
proclaim the gracious acts of his wisdom and
providence.

COLLECT.

O God, the protector of all that trust in
thee, without whom nothing is strong,
nothing is holy : Encrease and multiply up-
on me thy mercy, that thou being my ruler
and guide, I may so pass through things
temporal, that I finally lose not the things
eternal : Grant this, O heavenly Father, for
Jesus Christ's sake our Lord. *Amen.*

PSALM LXXIV.

*A Prayer in the Name of the Church, against
Idolatry.*

O God, wherefore art thou absent from us so
long : why is thy wrath so hot against the
sheep of thy pasture ?

2. O think upon, thy church : whom thou hast
purchased and redeemed.

3. Think upon the tribe of thine inheritance :
and all the places consecrated to thy service.

4. Take

4. Take vengeance upon those prophane wretches : who have done evil in thy sanctuary.

5. Let not thine adversaries disturb the congregations of thy faithful people : suffer them not to impose a false way of worship upon us.

6. He that hewed timber afore out of the thick trees : was known to bring it to an excellent work.

7. It served to adorn thy temple and altars : but now they worship and adore it.

8. They worship images in thy holy places : and have defiled the dwelling-places of thy name.

9. Yea, they say in their hearts, let us make havock of them altogether : let us destroy all them that will not worship in our way.

10. They say, we enjoy not the comfort of heavenly messengers : that we have no true ministers among us.

11. O God, how long shall the adversary do this dishonour : how long shall the enemy blaspheme thy name, for ever?

12. Why withholdest thou thy correction : why art thou so slow to punish them?

13. Thou wast my defender of old : thou didst work deliverances for thy servants.

14. Thou didst divide the sea through thy power : thou didst drown the Egyptians thine enemies in the waters.

15. Thou gavest Pharaoh and his proud host to be devoured by the fishes of the red sea : and made those fishes afterwards to be meat for the people in the wilderness.

16. Thou broughtest out fountains and waters out of the hard rocks : thou driedst up the waters of Jordan.

17. The day is thine, and the night is thine : thou hast prepared the light and the sun.

18. Thou hast set all the borders of the earth : thou hast made summer and winter.

19. Inter-

19. Interpose therefore with thy power, O Lord : and remember how the foolish people have blasphemed thy name.

20. O deliver Christendom from error : and let not thy congregations be tempted to false-worship.

21. Remember thy promise of protecting thy church : especially now the earth is full of darkness and cruelty.

22. O let not our reliance on thee be disappointed : but let thy afflicted servants give praise unto thy name for thy protection.

23. Arise, O God, maintain thine own cause : remember how the foolish man blasphemeth thee daily.

24. Forget not the insulting language of thine enemies : the presumption of them that hate thee increaseth ever more and more.

COLLECT.

Lord of all power and might, who art the Author and Giver of all good things : Graft in my heart the love of thy Name, increase in me true Religion, nourish me with all goodness, and of thy great mercy keep me in the same, through Christ our Lord. *Amen.*

The Fifteenth Day.

Morning Prayer.

PSALM LXXV.

An Acknowledgment of the Power and Justice of God, with a Promise to imitate him.

UNto thee, O God, do we give thanks : yea,
unto thee do we give thanks.

2. For thou art near to help us : and that do thy wondrous works declare.

3. Thou knowest the fittest seasons : to execute judgment according to right.

4. The earth and all the inhabitants thereof, are in confusion : but thou wilt bring them into better order.

5. Say to the irreligious, deal not so foolishly : and to the wicked, boast not so much of your power.

6. Set not up your selves on high : be not so haughty and arrogant.

7. For riches and honour come not of themselves from the east, or the west : nor yet from the south.

8. But God is the wise-disposer of them : he putteth down one, and setteth up another.

9. For in the hand of the Lord, there is a cup full as it were of mixt wine : out of which he distributes draughts of adversity to the sons of men.

10. As for the dregs thereof, all the ungodly shall drink them : every drop of God's wrath shall be suck'd out by them.

11. But—

11. But I will acknowledge the justice of the God of our salvation: and sing praises daily unto him.

12. I will discourage wickedness: but promote honesty and piety to the utmost of my power.

MEDITATION.

VExation and anguish accompany riches and honour, they will either leave us, or we them. I will labour only for that treasure which shall never have an end, and be more delighted that I shall be rich hereafter, than that I am so now.

PSALM LXXVI.

Of the Kindness of God to our Fore-fathers.

IN Judah was God more particularly known of old: his name was great in Israel.

2. For he placed his tabernacle in Jerusalem: and fixed his temple on mount Sion.

3. There brake he the arrows of the enemy: their shields and their swords, and made them minister to his triumphs.

4. The hill of Sion was of more honour and might: than all the other mountains.

5. The stout hearted were spoiled, they died in their sleep: and all the men whose hands were mighty, could not defend themselves.

6. At thy rebuke, O God of Jacob: both the chariot and horse fell.

7. Thou even thou art to be feared: and who may stand in thy sight, when thou art angry?

8. Thou

8. Thou didst cause thy judgment to be heard from heaven : the earth trembled and was still,

9. When God arose to judgment : and to help all the meek upon earth.

10. Surely the wrath of man shall in the end turn to thy praise : and when thou hast glorified thy self by punishing some of them, the remainder of thy fury wilt thou restrain.

11. Promise obedience unto the Lord your God, submit to him all ye that hear these things : offer thanks and praises unto him that ought to be feared.

12. For he can restrain the haughty spirit of princes : and make the mightiest monarchs tremble.

MEDITATION.

O God ! we have heard with our ears, and our Fathers have declared unto us the noble works that thou didst in their days, and in the old time before them. O Lord, arise, help us also, and deliver us for thine honour.

PSALM LXXVII.

A Description of the Affliction of the Church, and her fear of spiritual desertion : Her relief against both from the consideration of God's great and gracious works of Old.

I Cried unto God with my voice : even unto God did I cry with my voice, and he did hearken unto me.

2. In the time of my trouble I sought the Lord : I stretched out my hands and ceased not to pray in the night season ; my soul refused comfort.

3. I called to mind the kindness of God to his people in former ages : the more I mused on it, the more my spirit was disturbed.

4. Infomuch that I could not close mine eyes to sleep : I was so troubled that I could not express my grief.

5. I could only recount in my mind thy mercies in the days of old : and think of thy kindness to our fore-fathers in the years that are past.

6. I called to remembrance the Psalms I have sung to thee : I spent whole nights in considering, why he who had taken such care of our ancestors, had so long rejected us !

7. Will the Lord, thought I, cast us off for ever : will he never shew us any more favour ?

8. Is his mercy clean gone for ever : and is his promise of protection utterly come to an end for evermore ?

9. Hath God forgotten to be gracious : and will he shut up his loving kindness in displeasure ?

10. But I thought also, 'twas what our sins deserved : so I must wait for deliverance in thy own appointed time.

11. In the mean while I will remember the former works of the Lord : and call to mind the wonders of old time.

12. I will think also of all thy works : and my talking shall be of thy doings.

13. Thy way, O God, is Holy : who is so great a God as our God ?

14. Thou art the God that doeth wonders : and hast declared thy power among the people.

15. Thou hast mightily delivered thy people : even the sons of Jacob and Joseph.

16. The

The Fifteenth Day.

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16. The waters saw thee, O God, the waters saw thee, and were afraid : the depths also were troubled.

17. The clouds poured out water, the air thundered : and thine arrows went abroad.

18. The voice of thy thunder was heard round about : the lightnings shone upon the ground, the earth was moved and shook withall.

19. Thy way is in the sea, and thy paths in the great waters : and thy footsteps are not known.

20. Thou leddest thy people like sheep : by the hand of Moses and Aaron.

COLLECT.

O God, who seeest that I have no power of my self to help my self, keep me both outwardly in my body, and inwardly in my soul, that I may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul, through Jesus Christ our Lord. *Amen.*

Evening

Evening Prayer.

P S A L M LXXVIII.

A short History of God's various dealing with the Children of Israel, in blessing or punishing them according to their Obedience or Disobedience to his Commands, from the time of their being in Egypt to David's exaltation to his Kingdom.

Hear my words, all ye people : incline your ears unto the words of my mouth.

2. I will lay before you instructive considerations : I will relate what happened in former ages.

3. Which we have read being written in the Scriptures : and such as are handed down to us by tradition from our fore-fathers.

4. On purpose that we should not hide them from the children of the Generations to come : but to shew the honour of the Lord, his mighty and wonderful works that he hath done.

5. How he made a covenant with Jacob, and gave Israel a Law : which he commanded our fore-fathers to teach their children.

6. That their posterity might know it : and the children which were yet unborn.

7. To the intent that when they came up : they might shew their children the same.

8. That they might put their trust in God : and not forget the works of God, but keep his commandments.

9. And not be as their fore-fathers, a faithless and stubborn generation : a generation that set
not

not their heart aright, and whose spirit cleaved not stedfastly unto God.

10. Like as the children of Ephraim : who being harnessed and carrying bows, turned themselves back in the day of battel.

11. They kept not the covenant of God : and would not walk in his Law.

12. But forgot what he had done : and the wonderful works that he had shewed for them.

13. Marvellous things did he in the sight of our fore-fathers in the land of Egypt : even in the land of Zoan.

14. He divided the sea, and let them go through : he made the waters to stand on an heap.

15. In the day time also he led them with a cloud : and all the night through with a light of fire.

16. He clave the hard rocks in the wilderness : and gave them drink thereof, as it had been out of the great depth.

17. He brought waters out of the stony rock : so that it gushed out like the rivers.

18. Yet for all this they sinned more against him : and provoked the most highest in the wilderness.

19. They tempted God in their hearts : and required meat for their lust.

20. They spake against God also, saying : Shall God prepare a table in the wilderness?

21. He smote the stony rock indeed, that the water gushed out, and the streams flowed withall : but can he give bread also, or provide flesh for his people?

22. When the Lord heard this, he was wroth : so the fire was kindled in Jacob, and there came up heavy displeasure against Israel.

23. Because they believed not in God : and put not their trust in his help.

24. Ye

24. Yet he commanded the clouds above : and opened the doors of heaven.

25. He rained down manna also for them to eat : and gave them food from heaven.

26. So man did eat food from heaven : he sent them meat to the full.

27. He caused the east wind to blow under heaven : and through his power he brought in the south-west wind.

28. He rained flesh upon them as thick as dust : and feathered fowls like as the sand of the sea.

29. He let it fall among their tents : even round about their habitation.

30. So they did eat and were filled, for he gave them their own desire : they were not disappointed of their lust.

31. But while the meat was yet in their mouths, the heavy wrath of God came upon them, and slew the wealthiest of them : yea, and smote down the chosen men that were in Israel.

32. But for all this they sinned yet more : and believed not his wondrous works.

33. Therefore their days did he consume in vanity : and their years in trouble.

34. When his judgments were severe upon them, they sought him : and turned and enquired after God.

35. And they remembered that God was their strength : and that the high God was their redeemer.

36. Nevertheless, they did but flatter him with their mouth : and dissembled with him in their tongue.

37. For their heart was not whole with him : neither continued they stedfast in his covenant.

38. But he was so merciful, that he forgave their misdeeds : and destroyed them not.

39. Yea,

39. Yea, many a time turned he his wrath away : and would not suffer his whole displeasure to arise.

40. For he considered that they were but flesh : and that they were even as a wind that passeth away, and cometh not again.

41. Many a time did they provoke him in the wilderness : and grieved him in the desert.

42. They turned back and tempted God : and moved the holy one in Israel.

43. They thought not of the miracles he had wrought : and of the day when he delivered them from the hand of the enemy.

44. How he had wrought his miracles in Egypt : and his wonders in the field of Zoan.

45. He turned their waters into blood : so that they might not drink of their rivers.

46. He sent lice among them and devoured them up : and Frogs to destroy them.

47. He gave their fruit unto the caterpillar : and their labour unto the grasshopper.

48. He destroyed their vines with hail-stones : and their mulberry-trees with the frost.

49. He smote their cattle also with hail-stones : and their flocks with hot thunderbolts.

50. He cast upon them the furiousness of his wrath, anger, displeasure and trouble : and sent evil angels among them.

51. He made a way to his indignation, and spared not their soul from death : but gave their life over to the pestilence.

52. And smote all the first-born in Egypt : the most principal and mightiest in the dwellings of Ham.

53. But as for those that feared him and obeyed his commands, he led them forth like sheep : and carried them in the wilderness like a flock.

54. He

54. He brought them out safely that they should not fear : and overwhelmed their enemies with the sea.

55. He brought them into the land of Canaan : even to mount Sion, which he purchased with his right hand.

56. He cast out the heathen also before them : caused their land to be divided among them for an heritage , and made the tribes of Israel to dwell in their tents.

57. Yet for all this they tempted and displeased the most high God : and kept not his testimonies ;

58. But turned their backs and fell away like their fore-fathers : starting aside like a broken bow.

59. For they grieved him with their hill-altars : and provoked him to displeasure with their Images.

60. When God saw this, he was wroth : and took sore displeasure at Israel.

61. So that he forsook the tabernacle in Silo : even the tent that he had pitched among men.

62. He delivered their ark into captivity : and their beauty into the enemies hands.

63. He gave his people over also unto the sword : and was wroth with his inheritance.

64. The fire consumed their young men : and their maidens were not given to marriage.

65. Their Priests were slain with the sword : and there were no widdows to make lamentation.

66. So the Lord awaked as one out of sleep : and like a Giant refreshed with wine.

67. He smote his enemies in the hinder parts : and put them to a perpetual shame.

68. Made them bring back the ark again, but would not place it as before at Shilo : which belonged to the tribe of Ephraim one of Joseph's Sons.

69. But

69. But chose to place it upon mount Sion: in the territories of the tribe of Judah.

70. And there he built his temple on high: and fixed it as immoveable as the ground on which it was built.

71. He chose David also his servant: and took him away from the sheep-folds.

72. As he was following the ewes great with young ones he took him: that he might feed Jacob his people, and Israel his Inheritance.

73. So he fed them with a faithful and true heart: and ruled them prudently with all his power.

MEDITATION.

GOD preacheth to us no less in his judgments than his word, when he strikes offenders, he warns the standers by: Others harms threaten me, and say with the Apostle, *What makes thee to differ from another?* where the Sins are the same, it is thy mercy, O God, that thy judgments also are not.

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The

The Sixteenth Day.

Morning Prayer.

PSALM LXXIX.

*A Prayer for the Pardon and Conversion
of the Jews.*

O God, thou art not ignorant how the heathen came into thine inheritance : how they defiled thy holy temple, and made Jerusalem an heap of stones.

2. The dead bodies of thy servants did they give to be meat to the fowls of the air : and the flesh of thy saints unto the beasts of the land.

3. Their blood they shed like water on every side of Jerusalem : and there was no man to bury them.

4. They became an open shame to their enemies : a very scorn and derision unto them that are round about them.

5. O Lord how long wilt thou be angry with thy ancient servants the Jews : shall thy jealousy burn like fire for ever ?

6. Pour out rather thine indignation upon the heathen that have not known thee : and upon the kingdoms that have not called upon thy name.

7. That devour thy servants : and lay waste thy dwelling places.

8. O remember not any longer their old sins, but have mercy on them, and that soon : for they are come into great misery.

9. Help them, O God of our salvation, for the glory of thy name : convert them and pour thy enlightning

lightning grace into their hearts for thy name sake.

10. Let not the heathen any longer reflect upon them, and say : where is now their God ?

11. O let the vengeance of thy servants blood that is shed : be openly shewed upon the heathen in our sight.

12. O let the sorrowful sighing of the Prisoners come before thee : according to the greatness of thy power, preserve thou those that are unjustly appointed to die.

13. And for the blasphemy wherewith the heathen have blasphemed thee : reward thou them, O Lord, sevenfold into their bosom.

14. So we that are thy people, and sheep of thy pasture shall give thee thanks for ever : and will alway be shewing forth thy praise from generation to generation.

MEDITATION.

THY judgments, O Lord, I confess are just, but deal, I beseech thee, with thy servants in mercy. Thou art, O Lord, the true light of the world ; they who follow thee are happy in every state of life.

PSALM LXXX.

A Prayer for the Church.

Hear, O thou shepherd of Israel, thou that leadeest thy children like sheep : shew thy self also, thou that sittest upon the cherubims.

2. As thou relievedst Ephraim, Benjamin, and Manasses of old : so stir up thy strength and come and help thy church.

G

3. Pardon

3. Pardon our offences, O God : shew the light of thy countenance upon us, and we shall be happy.

4. O Lord God of Hosts : how long wilt thou be angry with thy people that prayeth ?

5. We are in continual sorrow and distress : and have no comfort or refreshment.

6. Thou hast made us a very strife unto our neighbours : our enemies laugh us to scorn.

7. Turn us again, thou God of hosts : shew the light of thy countenance, and we shall be whole.

8. Thou hast brought thy church out from among the Heathen : thou plantedst it as a fruitful vine in the earth.

9. Thou madest room for it : and when thou hadst fixed it, thou caused it to spread upon the earth.

10. Whole nations were converted to thy faith : the same thereof went far and near.

11. It extended it self from one dominion to another : from the rivers on the east to the sea on the west.

12. Why therefore dost thou now withdraw thy protection : and leave her like a vineyard without fences ?

13. The heathens, like wild boars out of the wood, endeavour to destroy her : they hate thy worship and seek to root it out.

14. Turn thee again, thou God of Hosts, look down from heaven : behold, and visit thy church.

15. And that religion which thou thy self hast planted among us : and ordered peculiarly for thy worship.

16. Great numbers of thy servants have been destroyed : and we must all perish, if thou continuest thy anger against us.

17. Let thy mercy therefore be extended to all thy faithful servants : protect them that live in thy fear.

18. And

18. And so shall we never forsake thee : O let us live, and we shall call upon thy name.

19. Turn us again, O Lord God of hosts : shew the light of thy countenance, and we shall be whole.

MEDITATION.

I Have planted and fenced, and set Guardians over it, what more can I do for my vineyard, saith the Lord ? Yet still it wants thy continual protection, O God, still the dew of heaven to make it fruitful.

PSALM LXXXI.

A Memorial of the Love of God to the Israelites, and of their Obstinacy.

THE Israelites of old sang praises unto God their strength : they made a cheerful noise unto the God of Jacob.

2. They sang psalms and made use of the tabret : the merry harp with the lute.

3. The priests blew the Trumpets : as soon as they saw the new moon.

4. For this was made a statute for Israel : and a law of the God of Jacob.

5. This he appointed Joseph to see done for a testimony : when he came out of the land of Egypt, and had heard a strange language.

6. I, says God, removed the heavy burdens which the Egyptians had laid upon their shoulders : I delivered them from making brick.

7. They called upon me in trouble, and I delivered them : and heard them what time the storm fell upon them.

8. I made a trial of their temper also : at the waters of strife.

9. Hear, O my people, said I, and I will assure thee, O Israel : if thou wilt hearken unto me.

10. There shall no strange God be in thee : neither shalt thou worship any other God.

11. I am the Lord thy God who brought thee out of the land of Egypt : make any reasonable demand and I will grant it thee.

12. But my people would not hear my voice : and Israel would not obey me.

13. So I gave them up to their own hearts lusts : and let them follow their own imaginations.

14. O that my people would have hearkned unto me : for if Israel had walked in my ways,

15. I should have put down their enemies : and turned my hand against their adversaries.

16. The haters of the Lord should have been subject to them : but they should have enjoyed a lasting happiness.

17. He should have fed them with the choicest earthly blessings : and these should have been the pledges of those that are eternal.

COLLECT.

O Lord, from whom all good things do come, Grant to me thy humble servant that by thy holy inspiration I may think those things that be good, and by thy merciful guiding may perform the same, through our Lord Jesus Christ. *Amen.*

Evening

Evening Prayer.

PSALM LXXXII.

A Complaint of the Church for want of Justice.

God is present in the congregation of Princes :
he is a judge of the rulers of this world.

2. How long will ye give wrong judgment : and
accept the persons of the ungodly ?

3. You ought to defend the poor and fatherless :
see that such as are in need and necessity have
right.

4. You should deliver the orphan and helpless :
and save them from the hand of the ungodly.

5. But they will not understand the laws of God ;
but grow more and more corrupt : all the founda-
tions of the earth are out of course.

6. I raised you to dignity, even to act as Gods
upon earth : and suffered you to be called the chil-
dren of the most highest.

7. But this shall not privilege you from the com-
mon fate of mankind : you shall die like ordinary
persons.

8. Arise, O God, and judge thou the earth : for
all nations shall be accountable to thee.

COLLECT.

O Almighty God, give me grace to fol-
low the first Planters of our holy
Faith, and constantly to speak the truth,
boldly to rebuke vice, and on all occa-
sions

sions patiently to suffer for the truth's sake,
through Jesus Christ our Lord. *Amen.*

PSALM LXXXIII.

*A Prayer against them that oppress the
Church.*

Hold not thy Tongue, O God, keep not still
silence : restrain not thy self, O God.

2. For lo ! thine enemies make a murmuring :
and they that hate thee have lift up their head.

3. They have imagined craftily against thy peo-
ple : and taken counsel against those that are pre-
served by thee.

4. They have said, come, and let us root them out,
that they may be no more a people : and that the
name of thy church may be no more in remem-
brance.

5. A multitude of Nations have joined them-
selves together : and are confederate against thy
church.

6. But do thou to them as unto the Madianites
of old : unto Sisera and unto Jabin, at the brook
of Kison.

7. Who perished at Endor : and became as the
dung of the earth.

8. Make them and their princes like Oreb and
Zeb : yea, make all their princes as Zeba and Sal-
mana.

9. Who say, let us take to our selves : the Houses
of God in possession.

10. O my God, bruise them as the flail does
the straw : and scatter them as stubble before the
wind.

11. Destroy them as the fire that burneth up
the wood : and as the flame that consumeth the
mountains.

12. Pursue

12. Pursue them with thy vengeance : until thy anger makes them tremble.

13. Make their faces ashamed, O Lord : that they may seek thy name.

14. Let them be confounded and vexed ever more and more : let them be put to shame and perish.

15. That the world may know, that thou whose name is **JEHOVAH** : art only the most highest over all the earth.

MEDITATION.

HE that hath God hath every thing ;
God alone is a world of friends against a million of enemies. Then only will I think my self happy when he is mine, and miserable when he leaves me.

PSALM LXXXIV.

The earnest Desire of a Christian to have the benefit of worshipping God in his Holy Temple.

O How amiable are thy dwellings : thou Lord of hosts !

2. My soul hath a desire and longing to enter into the courts of the Lord : my heart and my flesh rejoyce in the living God.

3. Deprive me not of the benefit which the Birds enjoy : to find a place of rest near thy altars, O Lord of hosts, my king and my God.

4. Blessed are they that dwell in thy house : they will be alway praising thee.

5. Blessed is the man whose strength is in thee :
in whose heart are thy ways.

6. Who going through the vale of misery in this
world, hath recourse to thy altars for the water of
life : where plenty of spiritual provision ever waits
for thy people.

7. Who having drunk of it, shall grow in grace :
and desire more and more to appear before God.

8. O Lord God of Hosts, hear my prayer : hearken,
O God of Jacob.

9. Behold, O God, our defender : and look upon
those that put their trust in thee.

10. For one day employed in thy service : is
better than a thousand in any other state.

11. I had rather be a doorkeeper in the house of
my God : than dwell in the greatest outward pro-
sperity in the courts of wicked princes.

12. For the Lord God is a light and defence :
the Lord will give grace and glory, and no good
thing will he withhold from them that live a god-
ly life.

13. O Lord God of Hosts : blessed is the man that
putteth his trust in thee.

MEDITATION.

THE only glorious thing in this world
is a truly Christian life. When I am
in the Church, I am upon God's ground;
and when I am in his way, I am in the way
to every thing that a religious heart can
wish.

PSALM LXXXV.

*A Prayer for the Pardon of our Sins, and for
the Favour of God.*

Lord, thou art become gracious unto thy land :
thou hast delivered it out of trouble.

2. Forgive the iniquity of thy people : and cover all their sins.

3. Take away all thy displeasure : and turn thy self from thy wrathful indignation.

4. Turn us then, O God our Saviour : and let thine anger cease from us.

5. Wilt thou be displeased at us for ever : and wilt thou stretch out thy wrath from one generation to another ?

6. Wilt not thou turn again and finish our hopes : that thy people may rejoyce in thee ?

7. Shew us thy mercy, O Lord : and grant us thy salvation.

8. I will hearken what the Lord will say : for he shall speak peace unto his people and to his saints, that they turn not again unto folly.

9. For his salvation is nigh them that fear him : if we obey his commands, glory shall dwell in our land.

10. Mercy and truth shall meet together ; righteousness and peace shall kiss each other.

11. Truth shall flourish out of the earth : and righteousness shall look down from heaven.

12. Yea, the Lord will shew his loving kindness : and our land shall give her increase.

13. Righteousness shall go before him : and shall set us in the way of his steps.

MEDITATION.

THe love of God and the World are two contradictory things. If the love of this world dwell in me, the love of God forsakes me: I will renounce that, and receive this, it's fit the nobler love should have the best place and acceptance.

The Seventeenth Day.

Morning Prayer.

P S A L M LXXXVI.

The Prayer of a Devout Christian.

BOw down thine ear, O Lord, and hear me : for I am in misery.

2. Preserve my soul, for I am innocent : my God, save thy servant that putteth his trust in thee.

3. Be merciful unto me, O Lord : for I will call daily upon thee.

4. Comfort the soul of thy servant : for unto thee, O Lord, do I lift up my soul.

5. For thou, Lord, art good and gracious : and of great mercy unto all them that call upon thee.

6. Give ear, Lord, unto my prayer : and ponder the voice of my humble desires.

7. In the time of my trouble I will call upon thee : for thou hearest me.

8. Among

8. Among the heavenly beings there is none like unto thee, O Lord : there is not one that can do as thou doest.

9. All nations whom thou hast made, shall come and worship thee, O Lord : and shall glorify thy name.

10. For thou art great and doest wondrous things : thou art God alone.

11. Teach me thy way, O Lord, and I will walk in thy truth ; unite my heart unto thee : that I may fear thy name.

12. I will thank thee, O Lord my God, with all my heart : and will praise thy name for evermore.

13. For great is thy mercy toward me : and thou hast delivered my soul from the power of satan.

14. O God thou knowest that thy people have many enemies : and that evil men, that have not set thee before their eyes, are continually seeking to destroy them.

15. But thou, O Lord God, art full of compassion and mercy : long suffering, plenteous in goodness and truth.

16. O turn thee then unto me, and have mercy upon me : give thy strength unto thy servant, and help the son of thine handmaid.

17. Shew such tokens of thy favour to me, that they who hate me, may see them and be ashamed : because thou, Lord, hast holpen me, and comforted me.

MEDITATION.

THere is none under Heaven that can comfort me but thou, my Lord God the heavenly Physician of Souls, that strikest and healest. Calamities like scales did hang upon

upon my sight, so that I could not see the Sun of Justice and the Light of Truth; but thou in mercy hast opened mine eyes, and scattered away the Shades of Death.

PSALM LXXXVII.

A Song in Praise of Jerusalem.

THE foundations of God's temple were upon the holy hill of Sion: The Lord loved the gates of Sion more than all the dwellings of Jacob.

2. Very excellent things are spoken of thee, O Jerusalem: thou City of God.

3. I will not deny: but that Egypt and Babylon may boast of many great cities.

4. Behold the Philistins also: and they of Tyre with the Morians, may brag of some few great men that were born among them.

5. But of Sion it shall ever be reported, that many, very many eminent and pious men have been born in her more than in all the others: and she had more particularly the love and protection of the most high.

6. When the Lord shall at any time look over the register of nations: he will find but very few eminent men born among others in comparison of thee.

7. But of thee, O city of God, it shall be recorded, that thou excellest all the world in the multitude of worthies: and there has been a constant supply from thee of them as there is of water from the springs.

MEDITATION.

WELL had it been for that great city, if she had considered her happy estate; well may it be for us now, if we rightly weigh our present circumstances.

PSALM LXXXVIII.

*The Prayer of a grieved Soul in time of
Sickness or Trouble.*

O Lord God of my salvation, I have cried day and night before thee : O let my prayer enter into thy presence, incline thine ear unto my calling.

2. For my soul is full of trouble : and my life draweth nigh unto the grave.

3. I am counted as one of them that go down into the pit : I am as a man that hath no strength.

4. Free among the dead, like unto them that are wounded, and lie in the grave : who are out of remembrance, and are cut away from thy hand.

5. Thou hast brought me into a state of utmost distress : from whence I see no hopes of being delivered.

6. Thine indignation lieth hard upon me : and thou hast vexed me with all thy storms.

7. I am as far from my acquaintance as if I was in the other world : for I am not regarded by them.

8. I am so confined by sorrow : that I cannot get forth.

9. Mine

9. Mine eye mourneth by reason of affliction :
Lord I have called daily upon thee, I have stretched
forth my hands unto thee.

10. Dost thou shew wonders among the dead :
or shall the dead rise up again, and praise thee ?

11. Shall thy loving kindness be shewed in the
grave ? or thy faithfulness in my destruction ?

12. Shall thy wondrous works be known in the
dark : and thy righteousness in the land where all
things are forgotten ?

13. Unto thee have I cried, O Lord : and early
shall my prayer come before thee.

14. Lord, why abhorrest thou my soul : and
hidest thou thy face from me ?

15. I am in misery, and like unto him that
is at the point of death : even from my youth
up, thy terrors have I suffered, with a troubled
mind.

16. Thy wrathful displeasure goeth over me :
and the fear of thee hath undone me.

17. My misfortunes come round about me : and
encompass me together on every side.

18. My lovers and friends hast thou put away
from me : and hid mine acquaintance out of
my sight.

MEDITATION.

BE not afraid, O my soul, God's mercy
far exceeds thy misery. Where Sin a-
bounds, there Grace will abound much more
if we seek it ; Therefore fly unto him whose
arms are ready to embrace thee, and whose
ears are open to thy prayers, even thy Sa-
viour Jesus Christ.

Evening

Evening Prayer.

PSALM LXXXIX.

A Commemoration of the Covenant God made with David, and the Completion of it in our Saviour Jesus Christ.

MY song shall be alway of the loving kindness of the Lord : with my mouth will I ever be shewing thy truth from one generation to another.

2. For I have said, mercy shall be set up for ever : thy truth shalt thou establish in the Heavens.

3. Thou didst make a covenant with thy chosen : thou didst swear unto David thy servant, saying,

4. Thy seed will I establish for ever : and set up thy throne from one generation to another.

5. O Lord, the very heavens shall praise thy wondrous works : and thy truth in the congregation of the saints.

6. For who is he among the clouds : that shall be compared unto the Lord ?

7. And what is he among the angels : that shall be like unto the Lord ?

8. God is very greatly to be feared in the council of the saints : and to be had in reverence of all them that are round about him.

9. O Lord God of Hosts, who is like unto thee : thy truth, most mighty Lord, is on every side ?

10. Thou rulest the raging of the sea : thou stillest the waves thereof when they arise.

11. Thou hast subdued Egypt, and destroyed it : thou hast scattered thine enemies abroad with thy mighty arm.

12. The

12. The heavens are thine, the earth also is thine : thou hast laid the foundation of the round world, and all that therein is.

13. Thou hast made the north and the south : every part of the world affords matter for thy praise.

14. Thou hast a mighty arm : strong is thy hand, and high is thy right hand.

15. Righteousness and equity are the habitation of thy seat : mercy and truth shall go before thy face.

16. Blessed is the people, O Lord, that can rejoyce in thee : they shall walk in the light of thy countenance.

17. Their delight shall be daily in thy name : and in thy righteousness shall they make their boast.

18. For thou art the glory of their strength : and in thy loving kindness thou shalt give us power.

19. For the Lord is our defence : the holy one of Israel is our king.

20. Thou spakest sometime in vision unto saints, as unto Samuel, saying : I have provided my self a champion, I have exalted one chosen out of the people.

21. I have found David my servant : with my holy oyl have I anointed him.

22. My hand shall hold him fast : and my arm shall strengthen him.

23. The enemy shall not be able to do him violence : the son of wickedness shall not hurt him.

24. I will smite down his foes before his face : and plague them that hate him.

25. My truth also and my mercy shall be with him : and in my name shall he be strengthened with power.

26. I will set his dominion also in the sea: and his right hand in the floods.

27. He shall say unto me, thou art my father: my God and my strong salvation.

28. And I will make thee as my first-born: higher than the kings of the earth.

29. My mercy will I keep for him for evermore: and my covenant shall stand fast with him.

30. His seed also will I make to endure for ever; and his throne as the days of heaven.

31. But if his children forsake my law: and walk not in my judgments;

32. If they break my statutes, and keep not my commandments: I will visit their offences with the Rod, and their sin with scourges.

33. Nevertheless, my loving kindness will I not utterly take from him: nor suffer my truth to fail.

34. My covenant will I not break, nor alter the thing that is gone out of my lips: I have sworn once by my holiness, that I will not fail David.

35. His seed shall endure for ever: and his throne is like as the Sun before me.

36. He shall stand fast for ever as the Moon: and as the faithful witness in heaven.

37. Notwithstanding these promises thy punishments were heavy upon his family: and thou wert displeased at them.

38. Thou didst suspend the effect of the covenant which thou madest with him; for thou sufferedst the heathens to trample on the crown of Jehoiakim his successor.

39. Thou didst cause the walls of his city to be demolished: and his strong-holds to be broken down:

40. Let every one that would, make a prey of him; and made him a reproach to his neighbours.

41. Thou

41. Thou gavest his enemies power over him : and made all his adversaries to rejoyce.

42. Thou tookest away the edge of his sword : and gavest him not victory in the battle.

43. Thou didst put out his glory : and cast his throne down to the ground.

44. Thou madest a speedy end of his reign : and didst condemn him to be a prisoner all the days of his life.

45. Therefore thy people cryed to thee, Lord, how long wilt thou hide thy self, for ever : and shall thy wrath burn like fire ?

46. O remember how short our time is : wherefore hast thou made all men in vain ?

47. What man is he that liveth and shall not see death ? and shall he deliver his soul from the grave ?

48. Lord where are thy old loving kindneses : which thou swarest unto David in thy truth ?

49. Remember, Lord, the reproach that is cast upon thy servants on this account : how they falsely revile us as to thy promise to David and to his seed.

50. For thy covenant with David was in respect to the Messiah, which thou didst perform in Christ, the son of David, to whom belonged thy oath and promise : for the performance of which, praised be the Lord for evermore. *Amen and Amen.*

MEDITATION.

IT is very meet, right, and our bounden duty, that we should at all times and in all places give thanks unto thee, O Lord, Holy Father, Almighty, everlasting God, because thou didst give Jesus Christ thine only

only Son to be born for us, who by the operation of the Holy Ghost was made very man of the substance of the Virgin *Mary* his Mother, and that without spot of Sin to make us clean from all Sin: Therefore with Angels and Arch-angels, and with all the company of Heaven I laud and magnify thy glorious Name, evermore praising thee and saying, Holy, Holy, Holy, Lord God of Hosts, heaven and Earth are full of thy glory, Glory be to thee, O Lord most High.

Amen.

The Eighteenth Day.

Morning Prayer.

PSALM XC.

A Meditation on the Shortness of Humane Life.

O Lord, thou hast been our Refuge: from one generation to another.

2. Thou hadst a being before the mountains were brought forth, or ever the earth and the world were made: thou art God from everlasting, and wilt be so world without end.

3. As thou createdst man by thy word, and doomedst him to return again to dust: so canst thou raise him again also by thy word.

4. For

4. For if we should lie a thousand years in the grave, they will appear in thy sight but as yesterday : seeing time passes as a watch in the night.

5. If thou callest for the life of man, he vanishes as it were in a dream : and fades away suddenly like the grass,

6. Which in the morning is green and groweth up : but in the evening is cut down, dried up, and withered.

7. For we consume away in thy displeasure : and are afraid at thy wrathful indignation.

8. Thou hast set our misdeeds before thee : and our secret sins in the light of thy countenance.

9. When thou art angry with us, be we ever so young, our days are shortned : we bring our years to an end, as it were a tale that is told.

10. The days of our age are threescore years and ten, and though men be so strong that they come to fourscore years : yet is their strength then but labour and sorrow ; so soon passeth it away, and we are gone.

11. But who is the man among us, that seriously lays to heart the effects of thy wrath : that considereth, that as he feareth thee more or less, so doest thou proportion thy displeasure.

12. So teach us to number our days : that we may apply our hearts unto wisdom.

13. Turn thee unto us, O Lord : and be reconciled unto thy servants.

14. O satisfie us with thy mercy, and that soon : that we may rejoyce and be glad all the remaining part of our lives.

15. Comfort us again now according to the measure wherein thou hast afflicted us : and for the years wherein we have suffered adversity.

16. Shew thy servants thy mercy : and their children after them thy glory.

17. And

17. And the glorious majesty of the Lord our God be upon us : prosper thou the work of our hands upon us ; O prosper thou our handy-work.

MEDITATION.

ALL is vanity but the love of God, and the hope to enjoy him.

PSALM XCI.

The Promises of God to a truly Pious Christian.

WHoso commendeth himself to the protection of the most high : shall be sure to abide in safety.

2. A truly pious man will say unto the Lord, Thou art my hope and my strong hold : my God, in him will I trust.

3. For he shall deliver thee from the destroying angel : and from the noisom pestilence.

4. He shall defend thee under his wings, and thou shalt be safe under his feathers : his faithfulness and truth shall be thy shield and buckler.

5. Thou shalt not be afraid for any terror by night : nor for the arrow that flieth by day ;

6. For the pestilence that walketh in darkness : nor for the sickness that destroyeth in the noon day.

7. A thousand shall fall beside thee, and ten thousand at thy right hand : but it shall not come nigh thee.

8. Yea, with thine eyes shalt thou behold : and see the reward of the ungodly.

9. Because thou hast put thy hope in the Lord : and placed thy defence in the most high.

10. There-

10. Therefore shall no evil happen unto thee : neither shall any plague come nigh thy dwelling.

11. For he shall give his angels charge over thee : to keep thee in all thy ways.

12. They shall bear thee up : that no accident hurt thee.

13. Thou shalt withstand the fierceness of thine enemies : thou shalt triumph over their cruelty.

14. Because he hath set his love upon me therefore will I deliver him, saith the Lord : I will set him up, because he hath known my name.

15. He shall call upon me and I will hear him : yea, I am with him in trouble ; I will deliver him, and bring him to honour.

16. With long life will I satisfy him : and shew him my salvation.

COLLECT.

O Almighty God, who alone canst order the unruly wills and affections of sinful men, Grant that I may love the thing which thou commandest, and desire that which thou dost promise, that so among the sundry and manifold changes of this world, my heart may surely there be fixed, where true joys are to be found through Jesus Christ our Lord. *Amen.*

PSALM

PSALM XCII.

A Song of Praise to God for his wondrous Works, his Judgments on the Wicked, and his Goodness to the Godly.

IT is a good thing to give thanks unto the Lord :
and to sing praises unto thy name, O most
highest.

2. To tell of thy loving kindness early in the
morning : and of thy truth in the night season.

3. To sing praises unto thy name : with a loud
voice and with a chearful heart.

4. For thou, Lord, hast made me glad through
thy works : and I will rejoyce in giving praise for
the operations of thy hands.

5. O Lord, how glorious are thy works : thy
thoughts are very deep.

6. An unwise man doth not well consider this :
and a fool doth not understand it.

7. When the ungodly are green as the grass, and
when all the workers of wickedness do flourish :
then shall they be destroyed for ever ; but thou,
Lord, art the most highest for evermore.

8. For, lo, thine enemies, O Lord, lo ! thine
enemies shall perish : and all the workers of wick-
edness shall be destroyed.

9. But the good man shall prosper : thou shalt
make him as chearful as if he was anointed with
oyl.

10. His eyes shall see thy judgments upon his
enemies : and his ears shall hear of their down-
fall.

11. The righteous shall flourish like a palm-
tree : and shall spread abroad like a Cedar in
Libanus.

12. Such

12. Such as be planted in the house of the Lord : shall flourish in the courts of the house of our God.

13. They also shall bring forth more fruit in their age : and shall be fat and well liking.

14. That they may shew how true the Lord my strength is : and that there is no unrighteousness in him.

MEDITATION.

TO know thee, O Lord, is the highest Learning, and to see thy Face the only Happiness.

Evening Prayer.

PSALM XCIII.

Of the Power of God in defending the Church.

THE Lord is king and is cloathed with majesty : The Lord hath put on his robes of glory, and girded himself with strength.

2. He hath made the round world so sure : that it cannot be moved.

3. Ever since the world began hath thy seat been prepared : Thou art from everlasting.

4. Multitude of enemies have combined together, O Lord : to persecute thy church.

5. They raged like the waves of the sea, and were mighty : yet the Lord who dwelleth on high, did shew himself to be mightier.

6. Thy promises, O Lord, are very sure : Holiness becometh thy house for ever.

COLLECT.

Keepe, I beseech thee, O Lord, thy Church with thy perpetual mercy, and because the frailty of man without thee cannot but fall, keep me ever by thy help from all things hurtful, and lead me to all things profitable to my salvation, through Jesus Christ our Lord. *Amen.*

PSALM XCIV.

Of God's Omniscience, his Goodness to the Just, and Punishment on the Wicked.

O Lord God, to whom vengeance belongeth: thou God, to whom vengeance belongeth, shew thy self.

2. Arise, thou Judge of the world: and reward the proud after their deserving.

3. Lord, how long shall the ungodly: how long shall the ungodly triumph?

4. How long shall all wicked doers speak so disdainfully: and make such proud boasting?

5. They oppress thy people, O Lord: and trouble thine heritage.

6. They have no compassion on the widow and stranger: and take no care of the fatherless.

7. And yet they say, Tush, the Lord shall not see: neither shall the God of Jacob regard it.

8. Take heed, ye unwise among the people: O ye fools, when will ye understand?

9. He that planted the ear, shall not he hear: or he that made the eye, shall not he see?

H

10. Or

10. Or he that nourisheth the heathen : it is he that teacheth man knowledge, shall not he punish ?

11. The Lord knoweth the thoughts of man : that they are but vain.

12. Blessed is the man whom thou chastenest, O Lord : and teachest him in thy law.

13. That thou mayest give him patience in time of adversity : until absolute destruction be prepared for the ungodly.

14. For the Lord will not fail his people : neither will he forsake his inheritance.

15. Until righteousness turn again unto judgment : all such as are true of heart shall follow it.

16. Who will rise up for thy church against the wicked : or who will take my part against the evil doers ?

17. If the Lord had not helped me : I had long ago been put to silence.

18. But I complained to thee of my afflictions : and thy mercy, O Lord, brought me relief.

19. In the multitude of sorrowful thoughts within me : thy comforts have refreshed my soul.

20. Wilt thou favour the tyrannous proceedings of those wicked ones : who oppress thy people under pretence of justice ?

21. They gather them together against the soul of the righteous : and condemn the innocent blood.

22. But the Lord is my refuge : and my God is the strength of my confidence.

23. He shall bring upon them their own wickedness, and destroy them in their own malice : yea, the Lord our God shall destroy them.

MEDITATION.

THere are that hope in the Lord but in vain, because they only flatter themselves that God is merciful, but repent not of their Sins; such confidence is foolish, and will meet with Punishment instead of Reward, for nothing is hid from God, he searcheth our hearts, and requireth truth in our inward parts. I will therefore unfeignedly repent of my Sins, and so I am sure to obtain that Mercy which they are sure to miss.

The Nineteenth Day.

Morning Prayer.

PSALM XCV.

An Invitation to the Worship and Service of God.

O Come let us sing unto the Lord : let us heartily rejoice in the strength of our salvation.

2. Let us come before his presence in his house with thanksgiving : and shew our selves glad in him with psalms.

3. For the Lord is a great God : and a great king, above all Gods.

4. In his hand are all the corners of the earth : and the strength of the hills is his also.

5. The sea is his, and he made it : and his hands prepared the dry land.

6. O come, let us worship and fall down : and kneel before the Lord our maker.

7. For he is the Lord our God : and we are the people of his hand, and the sheep of his pasture.

8. If ye are ready now to hear his voice, harden not your hearts : as in the provocation, and as in the day of temptation in the wilderness.

9. When your fathers tempted me, proved me, and saw my works.

10. Forty years long was I grieved with this generation, and said : It is a people that do err in their hearts, for they have not known my ways.

11. Unto whom I sware in my wrath : that they should not enter into my rest.

MEDITATION.

I Will pray for encrease of grace, I will hear meekly the Word of God, receive it with pure affection, and endeavour to bring forth the fruits of the Spirit.

PSALM XCVI.

A Form of Praise and Thanksgiving.

O Sing unto the Lord a new song : sing unto the Lord, all the whole earth.

2. Sing unto the Lord, and praise his name : be telling of his salvation from day to day.

3. Declare his honour unto the heathen : and his wonders unto all people.

4. For

4. For the Lord is great, and cannot worthily be praised : he is more to be feared than all Gods.

5. As for all the Gods of the heathen they are but Idols : but it is the Lord that made the heavens.

6. Glory and worship are before him : power and honour are in his sanctuary.

7. Ascribe unto the Lord, O ye kindreds of the people : ascribe unto the Lord worship and power.

8. Ascribe unto the Lord the honour due unto his name : bring presents, and come into his courts.

9. O worship the Lord in the beauty of holiness : let the whole earth stand in awe of him.

10. Tell it out among the heathen, that the Lord is king ; and that it is He who hath made the round world so fast that it cannot be moved, and how that he shall judge the people righteously.

11. Let the heavens rejoyce, and let the earth be glad : let the Sea make a noise, and all that therein is.

12. Let the field be joyful, and all that is in it : then shall all the trees of the wood rejoyce before the Lord.

13. For he cometh, for he cometh to judge the earth : and with righteousness to judge the world, and the people with his truth.

MEDITATION.

PRaise the Lord, O my Soul, and all that is within me praise his holy Name. Blessing, and Honour, and Glory, and Power be unto him that sitteth upon the Throne, and unto the Lamb for ever and ever.

P S A L M XCVII.

A Prophetical Description of the Day of Judgment.

TH E Lord our Saviour is king, the earth may be glad thereof: yea, the most distant nations may be glad thereof.

2. Though clouds and darkness are round about him: yet righteousness and judgment are the habitation of his seat.

3. When he comes to judge the world, there shall go a fire before him: and burn up his enemies on every side.

4. His lightnings shall dart through the sky: the earth shall see them and tremble.

5. The hills shall melt like wax at the presence of the Lord: at the presence of the Lord of the whole earth.

6. The heavens shall declare his righteousness: and all people shall see his glory.

7. Confounded shall all they be that worship carved images, and that delight in vain Gods: worship him all ye Gods.

8. This will be a joyful time to all true believers: all pious christians will be glad, because thou art to judge the world, O Lord.

9. For thou, Lord, art higher than all that are in the earth: thou art exalted far above all Gods.

10. O ye that love the Lord, see that ye hate the thing that is evil: the Lord preserveth the souls of his saints; he shall deliver them from the hand of the ungodly.

11. There is sprung up a light for the righteous: and joyful gladness for such as are true hearted.

12. Rejoyce

12. Rejoyce in the Lord, ye righteous : and give thanks for a remembrance of his holiness.

MEDITATION.

THE day of the Lord so cometh as a Thief in the night, therefore let me not sleep as do others, but let me watch and be sober ; for God hath not appointed me to wrath, but to obtain salvation by our Lord Jesus Christ, who died for me, that whether I awake or sleep, I should live together with him.

Evening Prayer.

PSALM XCVIII.

A Thanksgiving for the Redemption of Mankind by Jesus Christ.

O Sing unto the Lord a new song : for he hath done marvellous things.

2. By his own power : has he overcome all our temporal and spiritual enemies !

3. The Lord hath declared his salvation : his righteousness hath he openly shewed in the sight of the heathen.

4. He hath remembered his mercy and truth toward mankind : and all the ends of the world have seen the salvation of our God.

5. Shew your selves joyful unto the Lord, all ye lands : sing, rejoyce and give thanks.

6. Praise the Lord with a cheerful heart : sing unto him a psalm of thanksgiving.

7. O shew your selves joyful before the Lord : with the best musick ye have.

8. Let the sea make a noise, and all that therein is : the round world, and they that dwell therein.

9. Let the floods dash their waves as we clap our hands, and let the Hills be joyful together before the Lord : for our Saviour has appeared upon earth.

10. And will govern the world with righteousness : and the people with equity.

COLLECT.

O God, who didst manifest thy only begotten Son to the world, mercifully grant, that I who know thee now by Faith, may after this life have the fruition of thy glorious Godhead, through Jesus Christ our Lord. *Amen.*

PSALM XCIX.

Of God and his Mercy.

THE Lord is king, be the people never so impatient : he will maintain his seat among the Cherubims, be the earth never so unquiet.

2. The Lord is great in his sanctuary : and high above all people.

3. They shall give thanks unto thy name : which is great, wonderful and holy.

4. The king's power loveth justice, thou hast prepared equity : thou hast executed judgment and righteousness in the world.

5. O magnify the Lord our God : and fall down before his Altars, for he is holy.

6. Moses

6. Moses and Aaron among his priests, and Samuel among such as call upon his name: these called upon the Lord, and he heard them.

7. He spake unto them out of the cloudy pillar: for they kept his testimonies, and the law that he gave them.

8. Thou heardest them, O Lord our God: thou forgavest them, though thou didst first take vengeance of their sins.

9. O magnify the Lord our God, and worship him in his sanctuary: for the Lord our God is holy.

COLLECT.

Lord, I beseech thee, give me grace to withstand the temptations of the world, the flesh, and the devil, and with a pure heart and mind to follow thee the only God, through Jesus Christ our Lord. *Amen.*

PSALM C.

A Glorification of God.

O Be joyful in the Lord all ye lands: serve the Lord with gladness, and come before his presence with a song.

2. Be ye sure that the Lord he is God; it is he that hath made us, and not we our selves: we are his people and the sheep of his pasture.

3. O go your way into his Gates with thanksgiving, and into his courts with praise: be thankful unto him, and speak good of his name.

4. For the Lord is gracious, his mercy is everlasting: and his truth endureth from generation to generation.

MEDITATION.

Glory be to God on high, and on earth
 peace, good will towards Men! I
 praise thee, I bless thee, I worship thee,
 I glorify thee, I give thanks unto thee, O
 Lord God, Heavenly King, for thou only
 art Holy, thou only art most High for
 evermore.

PSALM CI.

*The wise Resolution of a pious Housekeeper in
 the Management of his Family.*

MY Song shall be of mercy and judgment :
 unto thee, O Lord, will I sing.

2. O let me have understanding : in the way of
 godliness.

3. When wilt thou visit me with thy grace : I
 will behave my self in my family with a perfect
 heart.

4. I will take no wicked thing in hand ; I hate
 the sins of unfaithfulness : there shall no such
 cleave unto me.

5. A froward Heart shall depart from me : I will
 have no conversation with the wicked.

6. Whoso privily slandereth his Neighbour : him
 will I expel my house.

7. Whoso hath also a proud look, and high sto-
 mach : I will not suffer within my doors.

8. Mine eyes look upon such as are faithful and
 honest : that they may dwell with me.

9. Whoso

The Nineteenth Day.

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9. Whoso leadeth a godly life : he shall be my servant.

10. There shall no deceitful person dwell in my house : he that telleth lies, shall not tarry in my sight.

11. So shall I soon discourage vice and wickedness : and root out all evil doers from my family.

COLLECT.

O Lord, I beseech thee, to keep my Family in thy true Religion, and grant that we may perceive and know what things we ought to do, and also may have grace and power faithfully to fulfil the same, through Jesus Christ our Lord. *Amen.*

The Twentieth Day.

Morning Prayer.

PSALM CII.

A Prayer for Comfort in Sadness, and for the Establishment of the Church in Purity and true Worship.

Hear my prayer, O Lord : and let my crying come unto thee.

2. Hide not thy face from me in the time of my trouble : incline thine ear unto me when I call ; O hear me, and that right soon.

3. For

3. For my days are consumed away like smoke :
and my bones are burnt up as it were a fire-brand.

4. My heart is smitten down, and withered like
grass : so that I forget to eat my bread.

5. By reason of the voice of my groaning : my
body is mightily wasted.

6. I am become like a Pelican in the wilderness :
and like an owl that is in the desert.

7. I have watched, and am even as a sparrow :
that sitteth alone upon the house-top.

8. Mine enemies revile me all the day long :
and they that are mad upon me, are sworn toge-
ther against me.

9. In the mean while I behave my self as a pe-
nitent mourner : and mingle my drink with my
tears.

10. And that because of thine indignation and
wrath : for thou hast taken me up, and cast me
down.

11. My days are gone like a shadow : and I
am withered like grass.

12. But thou, O Lord, shalt endure for ever :
and thy remembrance throughout all generations.

13. Thou shalt arise, and have mercy upon thy
church : for it is time that thou have mercy upon
her, yea, the time is come.

14. And why ? thy servants think of her trou-
bles : and it pitieth them to see her in affliction.

15. The heathen shall fear thy name, O Lord :
and all the kings of the earth thy majesty.

16. When the Lord shall build up his church :
and his Majesty be worshipped with the primitive
purity :

17. When he turneth him unto the prayer of the
poor destitute : and despiseth not their desire.

18. This shall be written for those that come af-
ter : and the people which shall be born, shall praise
the Lord.

19. For

19. For he hath looked down from his sanctuary : out of the heaven did the Lord behold the earth.

20. That he might hear the mournings of such as are in captivity : and deliver the children appointed to death.

21. That they may declare the name of the Lord : and his worship among all nations.

22. Wheresoever the people shall be gathered together : and the Kingdoms also to serve the Lord.

23. Thou art able to bring down my strength in this journey of life : and to shorten my days.

24. But, I pray thee, O my God, take me not away in the midst of my Age, till I see thy church thoroughly established : as for thy years they endure throughout all generations.

25. Thou, Lord, in the beginning hast laid the foundation of the earth : and the heavens are the work of thy hands.

26. They shall perish, but thou shalt endure : they all shall wax old as doth a garment.

27. And as a vesture shalt thou change them, and they shall be changed : but thou art the same, and thy years shall not fail.

28. Let the children of thy servants enjoy the establishment of thy pure worship : and let their feed stand fast in thy sight.

MEDITATION.

Under all either publick or private Calamities, the All-sufficient God shall be my Trust.

PSALM

PSALM CIII.

A Celebration of God's mercies to Mankind.

PRaise the Lord, O my soul : and all that is within me praise his holy name.

2. Praise the Lord, O my soul : and forget not all his benefits.

3. Who forgiveth all thy sin : and healeth all thine infirmities.

4. Who saveth thy life from destruction : and crowneth thee with mercy and loving kindness.

5. Who satisfieth thy mouth with good things : making thee young and lusty as an eagle.

6. The Lord executeth righteousness and judgment : for all them that are oppressed with wrong.

7. He shewed his ways unto Moses : his works unto the children of Israel.

8. The Lord is full of compassion and mercy : long suffering, and great goodness.

9. He will not alway be chiding : neither keepeth he his anger for ever.

10. He hath not dealt with us after our sins : nor rewarded us according to our wickednesses.

11. For look how high the heaven is in comparison of the earth : so great is his mercy also toward them that fear him.

12. Look how wide also the east is from the west : so far hath he set our sins from us.

13. Yea, like as a Father pitieth his own children : even so is the Lord merciful unto them that fear him.

14. For he knoweth whereof we are made : he remembreth that we are but dust.

15. The days of man are but as grass : for he flourisheth as a flower of the field.

16. For

16. For as soon as the wind goeth over it, it is gone : and the place thereof shall know it no more.

17. But the merciful goodness of the Lord endureth for ever and ever upon them that fear him : and his righteousness upon childrens children.

18. Even upon such as keep his covenant : and think upon his commandments to do them.

19. The Lord hath prepared his seat in heaven : his kingdom ruleth over all.

20. O praise the Lord, ye angels of his, ye that excel in strength : ye that fulfil his commandment, and hearken unto the voice of his words.

21. O praise the Lord all ye his hosts : ye servants of his that do his pleasure.

22. O speak good of the Lord, all ye works of his, in all places of his dominion : praise thou the Lord, O my soul.

MEDITATION.

FLy from thy self, O my Soul, and haste thee to the Fountain of all mercy. Make thy Saviour thy Refuge, that when thy strength faileth thee, a stronger arm may bear thee up. Do what thou canst, and pray for what thou canst not.

Evening

Evening Prayer.

P S A L M CIV.

A most Elegant and pious Meditation on the Power and Wisdom of God in making and preserving all the Creatures in this World.

PRaise the Lord, O my soul : O Lord my God, thou art become exceeding glorious, thou art cloathed with majesty and honour.

2. Thou deckest thy self with light as with a garment : and spreadest out the heavens like a curtain.

3. Thou layest the beams of thy chambers in the waters : and makest the clouds thy chariot, and walkest upon the wings of the wind.

4. Thou makest thy angels spirits : and thy Ministers a flaming fire.

5. Thou hast laid the foundations of the earth : that it never should move at any time.

6. Thou coveredst it with the deep like as with a garment : the waters stand in the hills.

7. At thy rebuke they flee : at the voice of thy thunder they are afraid.

8. They go up as high as the hills, and down to the valleys beneath : even unto the place that thou hast appointed for them.

9. Thou hast set them their bounds which they shall not pass : neither turn again to cover the earth.

10. The almighty sendeth the springs into the rivers : which run among the hills.

11. All the beasts of the field drink thereof : and the wild asses quench their thirst.

12. Beside

12. Beside them shall the fowls of the air have their habitation : and sing among the branches.

13. He watereth the hills from above : the earth is filled with the fruit of thy works.

14. He bringeth forth grais for the cattle : and green herb for the use of men.

15. That he may bring food out of the earth, and wine that maketh glad the heart of man : and oyl to make him a cheerful countenance, and bread to strengthen man's heart.

16. The trees of the Lord are full of sap : even the cedars of Libanus which he hath planted.

17. Wherein the birds make their nests : and the fir-trees are a dwelling for the stork.

18. The high hills are a refuge for the wild goats : and so are the stony rocks for the Conies.

19. He appointed the Moon for certain seasons : and the sun knoweth his going down.

20. Thou makest darknes that it may be night : wherein all the beasts of the forest do move.

21. The lions roaring after their prey : do seek their meat from God.

22. The sun riseth, and they get them away together : and lay them down in their dens.

23. Man goeth forth to his work, and to his labour : until the evening.

24. O Lord, how manifold are thy works : in wisdom hast thou made them all, the earth is full of thy riches.

25. So is the great and wide sea also : wherein are things moving innumerable, both small and great beasts.

26. There go the ships, and there is that Leviathan : whom thou hast made to take his pastime therein.

27. These wait all upon thee : that thou mayest give them meat in due season.

28. When

28. When thou givest it them, they gather it : and when thou openest thy hand, they are filled with good.

29. When thou hidest thy face they are troubled : when thou takest away their breath, they die, and are turned again to their dust.

30. When thou lettest thy breath go forth, they shall be made : and thou shalt renew the face of them.

31. The glorious majesty of the Lord shall endure for ever : the Lord shall rejoyce in his works.

32. The earth shall tremble at the look of him : if he do but touch the hills, they shall smoke.

33. I will sing unto the Lord as long as I live : I will praise my God while I have my being.

34. And so shall my words please him : my joy shall be in the Lord.

35. As for sinners they shall be consumed out of the earth, and the ungodly shall come to an end : praise thou the Lord, O my soul, praise the Lord.

COLLECT.

I Beseech thee, Almighty God, mercifully to look upon me, that by thy great goodness I may be governed and preserved evermore both in body and soul, through Jesus Christ our Lord. *Amen.*

The Twenty first Day.

Morning Prayer.

PSALM CV.

*A Relation of God's various Providences
over the Jews.*

O Give thanks unto the Lord, and call upon his name : tell the people what things he hath done.

2. O let your songs be of him, and praise him : and your talking be of all his wondrous works.

3. Rejoyce in his holy name : let the heart of them rejoyce that seek the Lord.

4. Seek the Lord and his strength : seek his face evermore.

5. Remember the marvellous works that he hath done : his wonders and the judgments of his mouth ;

6. O ye seed of Abraham his servant : ye children of Jacob his chosen.

7. He is the Lord our God : his Judgments are in all the world.

8. He hath been alway mindful of his covenant and promise : that he made to a thousand generations.

9. Even the covenant that he made with Abraham : and the oath that he sware unto Isaac ;

10. And appointed the same unto Jacob for a law : and to Israel for an everlasting testament,

11. Saying,

11. Saying, unto thee will I give the land of Canaan : the lot of your inheritance.

12. When they were yet but a few of them : and they strangers in the land.

13. What time as they went from one nation to another : from one kingdom to another people ;

14. He suffered no man to do them wrong : but reprov'd even kings for their sakes.

15. Saying, touch not mine anointed : and do my prophets no harm.

16. Moreover he called for a dearth upon the land : and destroyed all the provision of bread.

17. But he had sent a man before them : even Joseph, who was sold to be a bond-servant.

18. Whose feet they hurt with fetters : the Iron eat through his flesh.

19. Until the time that his cause was known : the word of the Lord tried him.

20. The king sent and deliver'd him : the prince of the people let him go free.

21. He made him Lord also of his house : and ruler of all his substance.

22. That he might inform his princes after his will : and teach his senators wisdom.

23. Israel also came into Egypt : and Jacob was a sojourner in the land of Ham.

24. And he increased his people exceedingly : and made them stronger than their enemies.

25. Whose heart turned so, that they hated his people : and dealt untruly with his servants.

26. Then sent he Moses his servant : and Aaron whom he had chosen.

27. And these shewed his tokens among them : and wonders in the land of Ham.

28. He sent darkness, and it was dark : and they were not obedient unto his word.

29. He turned their waters into blood : and slew their fish.

30. Their

30. Their land brought forth frogs : yea, even in their king's chambers.

31. He spake the word, and there came all manner of flies : and lice in all their quarters.

32. He gave them hailstones for rain : and flames of fire in their land.

33. He smote their vines also and fig-trees : and destroyed the trees that were in their coasts.

34. He spake the word, and the grass-hoppers came, and caterpillars innumerable : and did eat up all the grass in the land, and devoured the fruit of their ground.

35. He smote all the first born in their land : even the chief of all their strength.

36. He brought them forth also with silver and gold : there was not one feeble person among their tribes.

37. Egypt was glad at their departing : for they were afraid of them.

38. He spread out a cloud to be a covering : and fire to give light in the night-season.

39. At their desire he brought quails : and he filled them with the bread of heaven.

40. He opened the rock of stone, and the waters flowed out : so that rivers ran in the dry places.

41. For why ? he remembered his holy promise : and Abraham his servant.

42. And he brought forth his people with joy : and his chosen with gladness ;

43. And gave them the lands of the heathen : and they took the labours of the people in possession.

44. That they might keep his statutes : and observe his laws.

MEDITATION.

O That we were wise and would understand these things, and consider what the Lord does for those that serve him!

Evening Prayer.

PSALM CVI.

A Narrative of God's dealing with the Israelites after their departure out of Egypt, 'till they were possessed of the land of Canaan.

O Give thanks unto the Lord, for he is gracious: and his mercy endureth for ever.

2. Who can express the noble acts of the Lord: or shew forth all his praise?

3. Blessed are they that alway keep judgment: and do righteousness.

4. Remember me, O Lord, according to the favour that thou bearest unto thy people: O visit me with thy salvation.

5. That I may see the felicity of thy chosen: and rejoyce in the gladness of thy people, and give thanks with thine inheritance.

6. We have sinned with our fathers: we have done amiss, and dealt wickedly.

7. Our fathers regarded not thy wonders in Egypt, neither kept they thy great goodness in remembrance: but were disobedient at the Sea, even at the red sea.

8. Never-

8. Nevertheless he helped them for his name's sake : that he might make his power to be known.

9. He rebuked the red sea also, and it was dried up : so he led them through the deep, as through a wilderness.

10. And he saved them from the adversaries hand : and delivered them from the hand of the enemy.

11. As for those that troubled them, the waters overwhelmed them : there was not one of them left.

12. Then they believed his words : and sang praises unto him.

13. But within a while they forgat his works : and would not abide his counsel.

14. But lust came upon them in the wilderness : and they tempted God in the desert.

15. And he gave them their desire : but sent leanness withal into their soul.

16. They angered Moses also in the tents : and Aaron the saint of the Lord.

17. So the earth opened and swallowed up Dathan : and covered the congregation of Abiram.

18. And the fire was kindled in their company : the flame burnt up the ungodly.

19. They made a calf in Horeb : and worshipped the molten image.

20. Thus they turned their glory : into the similitude of a calf that eateth hay.

21. And they forgat God their Saviour : who had done so great things in Egypt.

22. Wondrous works in the land of Ham : and fearful things by the red sea.

23. So he said he would have destroyed them, had not Moses his chosen stood before him in the gap : to turn away his wrathful indignation, lest he should destroy them.

24. Yea,

24. Yea, they thought scorn of that pleasant land : and gave no credence unto his word.

25. But murmured in their tents : and hearkened not unto the voice of the Lord.

26. Then lift he up his hand against them : to overthrow them in the wilderness.

27. To cast out their seed among the nations : and to scatter them in the lands.

28. They joyned themselves unto Baal-Peor : and ate the offerings of the dead.

29. Thus they provoked him to anger with their own invention : and the plague was great among them.

30. Then stood up Phinees and prayed : and so the plague ceased.

31. And that was counted unto him for righteousness : among all posterities for evermore.

32. They angered him also at the waters of strife : so that he punished Moses for their sakes.

33. Because they provoked his spirit : so that he spake unadvisedly with his lips.

34. Neither destroyed they the heathen : as the Lord commanded them.

35. But were mingled among the heathen : and learned their works.

36. Insomuch that they worshipped their Idols, which turned to their own decay : yea, they offered their sons and their daughters unto devils.

37. And shed innocent blood, even the blood of their sons and of their daughters : whom they offered unto the Idols of Canaan, and the land was defiled with blood.

38. Thus they were stained with their own works : and went a whoring with their own inventions.

39. Therefore was the wrath of the Lord kindled against his people : insomuch that he abhorred his own inheritance.

40. And

40. And he gave them over into the hand of the heathen : and they that hated them were Lords over them.

41. Their enemies oppressed them : and had them in subjection.

42. Many a time did he deliver them : but they rebelled against him with their own inventions, and were brought down in their wickedness.

43. Nevertheless, when he saw their adversity : he heard their complaint.

44. He thought upon his covenant, and pitied them, according to the multitude of his mercies : yea, he made all those that led them away captive, to pity them.

45. Deliver us, O Lord God, and gather us from among the heathen : that we may give thanks unto thy holy name, and make our boast of thy Praise.

46. Blessed be the Lord God of Israel from everlasting, and world without end : and let all the people say, *Amen.*

P R A Y E R.

REmember not, Lord, our offences, nor the offences of our Fore-fathers, neither take thou vengeance of our Sins : Spare us, good Lord, spare thy People whom thou hast redeemed with thy precious blood, and be not angry with us for ever ; Spare us Good Lord !

24. Yea, they thought scorn of that pleasant land : and gave no credence unto his word.

25. But murmured in their tents : and hearkened not unto the voice of the Lord.

26. Then lift he up his hand against them : to overthrow them in the wilderness.

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45. Deliver us, O Lord God, and gather us from among the heathen : that we may give thanks unto thy holy name, and make our boast of thy Praise.

46. Blessed be the Lord God of Israel from everlasting, and world without end : and let all the people say, *Amen.*

P R A Y E R.

Remember not, Lord, our offences, nor the offences of our Fore-fathers, neither take thou vengeance of our Sins : Spare us, good Lord, spare thy People whom thou hast redeemed with thy precious blood, and be not angry with us for ever; Spare us Good Lord !

The Twenty second Day.

Morning Prayer.

PSALM CVII.

A Declaration of the Goodness of God to the afflicted that call upon him, and of his Providence in the Varieties of this World.

O Give thanks unto the Lord, for he is gracious : and his mercy endureth for ever.

2. Let them give thanks whom the Lord hath redeemed : and delivered from the hand of the enemy.

3. And gathered them out of the lands from the east and from the west : from the north and from the south.

4. They went astray in the wilderness out of the way : and found no city to dwell in.

5. Hungry and thirsty : their soul fainted in them.

6. So they cried unto the Lord in their trouble : and he delivered them from their distress.

7. He led them forth by the right way : that they might go to the city where they dwelt.

8. O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!

9. For he satisfieth the empty soul : and filleth the hungry soul with goodness.

10. Such as sit in darkness, and in the shadow of death : being fast bound in misery and iron.

11. Because

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11. Because they rebelled against the words of the Lord : and lightly regarded the counsel of the most highest.

12. He also brought down their heart through heaviness : they fell down, and there was none to help them.

13. So when they cried unto the Lord in their trouble : he delivered them out of their distress.

14. For he brought them out of darkness, and out of the shadow of death : and brake their bonds in sunder.

15. O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men !

16. For he hath broken the gates of brass : and smitten the bars of iron in sunder.

17. Foolish men are plagued for their offences : and because of their wickedness.

18. Their soul abhorred all manner of meat : and they were even hard at death's door.

19. So when they cried unto the Lord in their trouble : he delivered them out of their distress.

20. He sent his word and healed them : and they were saved from their destruction.

21. O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men !

22. That they would offer unto him the sacrifice of thanksgiving : and tell out his works with gladness !

23. They that go down to the sea in ships : and occupy their business in great waters,

24. These men see the works of the Lord : and his wonders in the deep.

25. For at his word the stormy wind ariseth : which lifteth up the waves thereof.

26. They are carried up to the heaven, and down again to the deep : their soul melteth away because of the trouble.

27. They reel to and fro, and stagger like a drunken man : and are at their wits end.

28. So when they cry unto the Lord in their trouble : he delivereth them out of their distress.

29. For he maketh the storm to cease : so that the waves thereof are still.

30. Then are they glad, because they are at rest : and so he bringeth them unto the haven where they would be.

31. O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men !

32. That they would exalt him also in the congregation of the people : and praise him in the feat of the Elders !

33. Who turneth the floods into a wilderness : and drieth up the water-springs.

34. A fruitful land maketh he barren : for the wickedness of them that dwell therein.

35. Again, he maketh the wilderness a standing water : and water springs of a dry ground.

36. And there he setteth the hungry : that they may build them a City to dwell in.

37. That they may sow their land, and plant vineyards : to yield them fruits of increase.

38. He blesteth them, so that they multiply exceedingly : and suffereth not their cattle to decrease.

39. And again when they are minished and brought low : through oppression, through any plague or trouble.

40. Though he suffer them to be evil intreated through tyrants : and let them wander out of the way in the wilderness ;

41. Yet he helpeth the poor out of misery : and maketh him households like a flock of sheep.

42. The righteous will consider this and rejoyce : and the mouth of all wickedness shall be stopped.

43. Whoso

43. Whofo is wife will ponder thefe things : and they fhall underftand the loving kindnefs of the Lord.

MEDITATION.

CHeer up, my Soul ! for he that knoweth the frailty of the Flefh, will freely accept of the faithfulnefs of thy Heart. Blessed is the Man that endureth temptations, for when he is tried, he fhall receive the Crown of life which the Lord has promifed to them that love him.

Evening Prayer.

PSALM CIVIII.

The Church rejoices in the Promifes of God to protect her.

O God, my heart is ready, my heart is ready : I will fing and give praife with the beft member I have.

2. Awake, all ye faculties of my foul : I my felf will awake right early.

3. I will give thanks unto thee, O Lord, among the people : I will fing praifes unto thee among the nations.

4. For thy mercy is greater than the heavens : and thy truth reacheth unto the clouds.

5. Set up thy felf, O God, above the heavens : and thy Glory above all the earth :

6. That thy beloved may be delivered : let thy right hand fave them, and hear thou me.

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7. God hath spoken in his holiness : that he will deliver his servants.

8. For the hearts of the Senators, and soldiers, are in his hands : the rulers and judges are appointed by him.

9. The mighty are subject unto him, the haughty will he cast down : and over all his enemies will he triumph.

10. Who is he that will do these great things for us : who is he that shall extend our conquests ?

11. 'Tis thou, O God, who hast not forsaken us : and wilt not thou, O God, go forth with our hosts ?

12. O help us against the enemy : for vain is the help of man.

13. Through God we shall do great acts : and it is he that shall tread down our enemies.

P R A Y E R.

I Humbly beseech thee, O Father, mercifully to look upon my infirmities, and for the Glory of thy Name turn from me all those evils that I most righteously have deserved, and grant that in all my troubles I may put my whole trust and confidence in thy mercy, and evermore serve thee in holiness and pureness of living to thy honour and glory, through our only Mediator and Advocate Jesus Christ our Lord. *Amen.*

PSALM

PSALM CIX.

*The humble Complaint of the Church craving
Protection because she putteth her Trust in
God.*

Hold not thy tongue, O God of my praise :
for the mouth of the ungodly, yea, the mouth
of the deceitful is opened upon me.

2. And they have spoken against me with false
tongues : they compassed me about also with words
of hatred, and fought against me without a cause.

3. For the love that I had unto them, lo they
are become my adversaries : but I give my self
unto prayer.

4. Thus they have rewarded me evil for good :
hatred for my good will.

5. But deal thou with me, O Lord God, accord-
ing to thy name : for sweet is thy mercy.

6. O deliver me for I am helpless : and my heart
is wounded within me.

7. I go hence like a shadow that flieth : and am
driven away as the Grasshopper.

8. I am become weak through fasting : my flesh
is dried up for want of fatness.

9. I am also a reproach unto mine enemies : they
that look upon me shake their heads.

10. Help me, O Lord my God : O save me, ac-
cording to thy mercy.

11. And they shall know, how that this is thy
hand : and that thou, Lord, hast done it.

12. Though they curse, yet bless thou : and let
them be confounded that rise up against me, but
let thy servant rejoyce.

13. Let mine adversaries be cloathed with shame : and let them cover themselves with their own confusion as with a cloak.

14. As for me, I will give great thanks unto the Lord with my mouth : and praise him among the multitude.

15. For he shall stand at the right hand of the poor : to save his soul from unrighteous judges.

COLLECT.

O Almighty God, who hast built thy Church upon the Foundation of the Apostles and Prophets, Jesus Christ himself being the Head corner Stone; Grant us so to be joyned together in unity of Spirit by their doctrine, and to be so encouraged by their Faith and Patience, that we may be made an Holy Temple acceptable unto thee through Jesus Christ our Lord.
Amen.

The

The Twenty third Day.

Morning Prayer.

PSALM CX.

A Hymn in the Honour of Christ.

THE Lord said unto our Saviour : sit thou on my right hand, until I make thine enemies thy footstool.

2. The Lord hath sent the rod of his power out of Sion : he has made him ruler, even in the midst among his enemies.

3. In the day of thy power did the people offer thee free-will offerings with an holy worship : thy subjects are as numerous as the drops of dew upon the grafs.

4. The Lord hath sworn, and will not repent ; thou art a priest for ever.

5. The Lord upon thy right hand : did wound even kings in the day of his wrath.

6. He has and shall yet judge among the heathen, he shall fill the places with dead bodies : and smite in sunder the heads over divers Countries.

7. He hath drunk of the bitter cup of affliction : therefore is he exalted unto glory.

COLLECT.

O God, the King of Glory, who hast exalted thine only Son Jesus Christ with great triumph unto thy Kingdom in Heaven, I beseech thee leave me not, but exalt me also in thy good time unto the same place whither our Saviour is gone before; who liveth and reigneth with thee and the Holy Ghost one God, world without end. *Amen.*

PSALM CXI.

*Of the Benefits the Church receives through
our Redemption by Christ.*

I Will give thanks unto the Lord with my whole heart: secretly among the faithful, and in the congregation.

2. The works of the Lord are great: sought out of all them that have pleasure therein.

3. His work is worthy to be praised and had in honour: and his righteousness endureth for ever.

4. The merciful and gracious Lord hath so done his marvellous works: that they ought to be had in remembrance.

5. He hath given meat unto them that fear him: he shall ever be mindful of his covenant.

6. He hath shewed his people the power of his works: that he may give them the heritage of the heathen.

7. The works of his hands are verity and judgment: all his commandments are true.

8. They

8. They stand fast for ever and ever : and are done in truth and equity.

9. He sent redemption unto his people : he hath commanded his covenant for ever ; holy and reverend is his name.

10. The fear of the Lord is the beginning of wisdom : a good understanding have all they that do thereafter ; the praise of it endureth for ever.

MEDITATION.

CHrist our Passover is sacrificed for us, therefore let us keep the Feast. I will do it, not with the old leaven of malice and wickedness ; but with the unleavened bread of sincerity and truth.

PSALM CXII.

A Description of the happy estate of a Pious Man.

Blessed is the Man that feareth the Lord : that delighteth greatly in his commandments.

2. His seed shall be mighty upon the earth : the generation of the faithful shall be blessed.

3. Riches and plenteousness shall be in his house : and his righteousness endureth for ever.

4. Unto the godly there ariseth up light in the darkness : he is merciful, loving and righteous.

5. A good man is merciful and lendeth : and will guide his words with discretion.

6. For he shall never be moved : and the righteous shall be had in everlasting remembrance.

7. He will not be afraid of any evil tidings : for his heart standeth fast, and believeth in the Lord.

8. His

8. His heart is established and will not shrink : until he see his desire upon his enemies.

9. He hath dispersed abroad, and given to the poor : and his righteousness remaineth for ever ; his strength shall be exalted with honour.

10. The ungodly shall see it, and it shall grieve him : he shall gnash with his teeth, and consume away ; the desire of the ungodly shall perish.

COLLECT.

Lord, I pray thee, that thy grace may alway prevent and follow me, and make me continually to be given to all good works, through Jesus Christ our Lord. *Amen.*

PSALM CXIII.

Several Particulars of the Providence of God.

Praise the Lord, ye servants : O praise the name of the Lord.

2. Blessed be the name of the Lord : from this time forth for evermore.

3. The Lord's name is praised : from the rising up of the Sun, unto the going down of the same.

4. The Lord is high above all heathen : and his glory above the heavens.

5. Who is like unto the Lord our God, that hath his dwelling so high : and yet humbleth himself to behold the things that are in heaven and earth ?

6. He taketh the simple out of the dust : and lifteth the poor out of the mire.

7. That

7. That he may set him with princes : even with the princes of his people.

8. He maketh the barren woman to keep house : and to be a joyful mother of children.

MEDITATION.

THE ways of the Almighty, and his dealings with particular persons (as well as those of his common Providence and Judgments) are so strange and filled with such variety of spiritual Stratagems, that we may well say of him, His paths are in the deep waters, and his footsteps are not known.

Evening Prayer.

PSALM CXIV.

A short Recital of some of the Miracles which God wrought for Israel.

WHEN Israel came out of Egypt : and the house of Jacob from among the strange people.

2. The Lord took Judah for his sanctuary : and Israel for his dominion.

3. The sea saw it and fled : Jordan was driven back.

4. The mountains skipped like rams : and the little hills like young sheep.

5. What aileth thee, O thou sea, that thou fleddest : and thou, Jordan, that thou wast driven back?

6. Ye

6. Ye mountains, that ye skipped like rams : and ye little hills like young sheep ?

7. Tremble thou earth at the presence of the Lord : at the presence of the God of Jacob.

8. Who turned the hard rock into a standing water : and the flint stone into a springing well.

MEDITATION.

Miracles are apt to awaken and astonish, and by a sensible overpowering evidence to bear down the prejudices of infidelity, but there are secret charms in the goodness of God who works them for our benefits, that takes fast hold of the hearts of men, and does insensibly but effectually command our love and esteem. I never read of the miracles wrought by God, but I adore him for his goodness.

PSALM CXV.

An Exhortation to all sorts of Men, not to rely upon the Promises of beathen Idols, or the Designs of crafty Persons, but to put their trust in God.

NOT unto us, O Lord, not unto us, but unto thy name give the praise : for thy loving mercy, and for thy truth's sake.

2. Wherefore shall the heathen say : where is now their God ?

3. As for our God, he is in heaven : he has done whatsoever pleased him.

4. But

4. But the Idols of the heathen are silver and gold : even the work of mens hands.

5. They have mouths and speak not : eyes have they and see not.

6. They have ears and hear not : noses have they and smell not.

7. They have hands and handle not, feet have they and walk not : neither speak they through the throat.

8. They that make them are like unto them : and so are all such as put their trust in them.

9. But thou, house of Israel, trust thou in the Lord : he is their succour and defence.

10. Ye house of Aaron, put your trust in the Lord : he is their helper and defender.

11. Ye that fear the Lord, put your trust in the Lord : he is their helper and defender.

12. The Lord hath been mindful of us, and he shall bless us : even he shall bless the house of Israel, he shall bless the house of Aaron.

13. He shall bless them that fear the Lord : both small and great.

14. The Lord shall increase you more and more : you and your children.

15. Ye are the blessed of the Lord : who made heaven and earth.

16. All the whole Heavens are the Lords : the earth hath he given to the children of men.

17. The dead praise not thee, O Lord : neither all they that go down into silence.

18. But we will praise the Lord : from this time forth for evermore.

Praise the Lord.

PRAYER.

P R A Y E R.

O Almighty Lord, and everlasting God, vouchsafe, I beseech thee, to direct, sanctify and govern both my heart and body in the ways of thy laws and in the works of thy commandments, that through thy most mighty protection both here and ever I may be preserved in body and soul, through our Lord and Saviour Jesus Christ. *Amen.*

The Twenty fourth Day.

Morning Prayer.

P S A L M CXVI.

*A Thanksgiving for Deliverance from Sin,
Sickness, or any other Adversity.*

I Am well pleased : that the Lord hath heard the voice of my prayer.

2. That he hath inclined his ear unto me : therefore will I call upon him as long as I live.

3. The snares of death compassed me round about : and the pains of hell gat hold upon me.

4. I found trouble and heaviness, then I called upon the name of the Lord : O Lord, I beseech thee, deliver my soul.

5. Gracious is the Lord, and righteous : yea, our God is merciful.

6. The

6. The Lord preserveth the simple : I was in misery, and he helped me.

7. Turn again unto thy rest, O my soul ; for the Lord hath dealt bountifully with me.

8. And why ? thou hast delivered my soul from death : mine eyes from tears, and my feet from falling.

9. I will walk before the Lord : in the land of the living.

10. I believed in God, and therefore will I speak ; but I was sore troubled : I said in my haste such things as I ought not.

11. What reward shall I give unto the Lord : for all the benefits he hath done unto me ?

12. I will receive the holy sacramental cup of salvation : and call upon the name of the Lord.

13. I will pay my vows in the presence of all his people : right dear in the sight of the Lord is the death of his saints.

14. Behold, O Lord, how that I am thy servant : I am thy servant, and the son of thine handmaid, thou hast broken my bonds in sunder.

15. I will offer to thee the sacrifice of thanksgiving : and call upon the name of the Lord.

16. I will pay my vows unto the Lord in the sight of all his people : in the Courts of the Lord's house, even in the midst of the congregation.

Praise the Lord.

MEDITATION.

O Happy Sickness where the Infirmary is not to death, but to life, that God may be glorified in it ! O happy Fever, that proceedeth not from a consuming but refining Fire ! O happy Distemper, wherein
the

the Soul relisheth no earthly things, but only savoureth divine nourishment !

PSALM CXVII.

A Song of Praise.

O Praise the Lord, all ye Nations : praise him all ye people.

2. For his merciful kindness is ever more and more towards us : and the truth of the Lord endureth for ever. Praise the Lord.

MEDITATION.

THY delight, O Lord, is to protect the children of men, O ! make it ours to seek the God of Heaven.

PSALM CXVIII.

The Passionate desire of the Church to give God thanks in his Holy Temple for his Protection, and for sending the Messiah.

O Give thanks unto the Lord, for he is gracious : because his mercy endureth for ever.

2. Let Israel now confess that he is gracious : and that his mercy endureth for ever.

3. Let the house of Aaron now confess : that his mercy endureth for ever.

4. Yea, let them now that fear the Lord, confess : that his mercy endureth for ever.

5. I called upon the Lord in trouble : and the Lord heard me and set me at large.

6. The Lord is on my side : I will not fear what man doeth unto me.

7. The Lord taketh my part with them that help me : therefore shall I see my desire upon mine enemies.

8. It is better to trust in the Lord : than to put any confidence in man.

9. It is better to trust in the Lord : than to put any confidence in princes.

10. All nations compassed me round about : but by the help of the Lord, I did escape.

11. They kept me in on every side, they kept me in, I say, on every side : but in the name of the Lord I did escape.

12. They came about me like bees, and were extinct, even as the fire among thorns : for in the name of the Lord I overcame them.

13. Mine enemies thrust sore at me, that I might fall : but the Lord was my help.

14. The Lord is my strength and my song : and is become my salvation.

15. The voice of Joy and health is in the dwellings of the righteous : the right hand of the Lord bringeth mighty things to pass.

16. The right hand of the Lord hath the pre-eminence : the right hand of the Lord bringeth mighty things to pass.

17. I shall not die, but live : and declare the works of the Lord.

18. The Lord hath chastened and corrected me : but he hath not given me over unto death.

19. Open me the gates of righteousness : that I may go into them, and give thanks unto the Lord.

20. A true faith in Christ is that gate : by which the righteous must enter heaven.

21. I will thank thee, for thou hast heard me :
and art become my salvation.

22. The same stone which the builders refused :
is become the head-stone in the corner.

23. This is the Lord's doing : and it is marvelous
in our eyes.

24. This is the Day which the Lord hath made :
we will rejoyce, and be glad in it.

25. Help me now, O Lord : O Lord, send us now
prosperity.

26. Blessed be he that cometh in the name of
the Lord : we have wished you good luck, ye that
are of the house of the Lord.

27. God is the Lord who hath shewed us light :
let us offer to him the sacrifice of praise.

28. Thou art my God, and I will thank thee :
Thou art my God, and I will praise thee.

29. O give thanks unto the Lord, for he is gracious :
and his mercy endureth for ever.

COLLECT.

A Almighty God, who madeft thy Blessed
Son obedient to the Law for man,
Grant me thy Holy Spirit, that my heart
and all my members being mortified from
all worldly and carnal lusts, I may in all
things thankfully obey thy blessed will
through the same thy Son Jesus Christ our
Lord. *Amen.*

Evening

Evening Prayer.

P S A L M CXIX.

This Psalm teacheth us, That all true happiness consists in keeping God's Commandments, and therefore is wholly spent in consideration of the Excellency, Necessity, and Advantages of the Divine Law, with Exhortations to a pious Life, and constant adherence to God in Distress.

It is to be noted, That the words, Laws, the Way, the Testimony, Commandments, Precepts, Word, Judgments, Righteousness, Statutes, Truth : all mean the same thing, and are to be understood as signifying The Law of God.

I.

Blessed are those that are undefiled in the way : and walk in the Law of the Lord.

2. Blessed are they that keep his Testimonies : and seek him with their whole heart.

3. For they who do no wickedness : walk in his ways.

4. Thou hast charged : that we shall diligently keep thy commandments.

5. O that my ways were made so direct : that I might keep thy statutes !

6. So shall I not be confounded : while I have respect unto all thy commandments.

7. I will

7. I will thank thee with an unfeigned heart : when I shall have learned the judgments of thy righteousness,

8. I will keep thy statutes : O forsake me not utterly.

Lord have mercy upon me, and incline my heart to keep thy Laws.

II.

1. Wherewith shall a young man cleanse his way : even by ruling himself after thy word.

2. With my whole heart have I sought thee : O let me not go wrong out of thy commandments.

3. Thy words have I hid within my heart : that I should not sin against thee.

4. Blessed art thou, O Lord : O teach me thy statutes.

5. With my lips have I declared : all the judgments of thy mouth.

6. I have had as great delight, in the way of thy testimonies : as in all manner of riches.

7. I will talk of thy commandments : and have respect unto thy ways.

8. My delight shall be in thy statutes : and I will not forget thy word.

Lord have mercy upon me, and incline my heart to keep thy Laws.

III.

1. O do well unto thy servant : that I may live, and keep thy word.

2. Open thou mine eyes : that I may see the wondrous things of thy law.

3. I

3. I am a stranger upon earth : O hide not thy commandments from me.

4. My soul breaketh out for the very fervent desire : that it hath alway unto thy judgments.

5. Thou hast rebuked the proud : and cursed are they that do err from thy commandments.

6. O turn from me shame and rebuke : for I have kept thy testimonies.

7. Great men have made a jest of my devotion : but thy servant will meditate in thy statutes.

8. For thy testimonies are my delight : and my counsellors.

Lord have mercy upon me, and incline my heart to keep thy Laws.

IV.

1. My soul cleaveth to the dust : O quicken thou me according to thy word.

2. I have acknowledged my ways, and thou hearest me : O teach me thy statutes.

3. Make me to understand the way of thy commandments : and so shall I talk of thy wondrous works.

4. My soul melteth for very heaviness ; comfort thou me according to thy word.

5. Take from me the way of lying : and cause thou me to make much of thy law.

6. I have chosen the way of truth : and thy judgments have I laid before me.

7. I have stuck unto thy testimonies : O Lord, confound me not.

8. I will run the way of thy commandments : when thou hast set my heart at liberty.

Lord have mercy upon me, and incline my heart to keep thy Laws.

V.

The Twenty fifth Day.

Morning Prayer.

V.

1. Teach me, O Lord, the way of thy statutes :
and I shall keep it unto the end.
2. Give me understanding and I shall keep thy
law : yea, I shall keep it with my whole heart.
3. Make me to go in the path of thy command-
ments : for therein is my desire.
4. Incline my heart unto thy testimonies : and
not to covetousness.
5. O turn away mine eyes, lest they behold va-
nity : and quicken thou me in thy way.
6. O stablish thy word in thy servant : that I
may fear thee.
7. Take away the rebuke that I am afraid of :
for thy judgments are good.
8. Behold, my delight is in thy commandments :
O quicken me in thy righteousness.

Lord have mercy upon me, and incline my
heart to keep thy Laws.

VI.

1. Let thy loving mercy come unto me, O Lord :
even thy salvation, according to thy word.
2. So shall I make answer unto him that re-
proacheth me : for my trust is in thy word.
3. O take not the word of thy truth utterly out of
my mouth : for my hope is in thy judgments.

4. So

4. So shall I alway keep thy law : yea, for ever and ever.

5. And I will walk at liberty : for I seek thy commandments.

6. I will speak of thy testimonies also, even before kings : and will not be ashamed.

7. And my delight shall be in thy Commandments : which I have loved.

8. My hands also will I lift up unto thy commandments which I have loved : and my study shall be in thy statutes.

Lord have mercy upon me, and incline my heart to keep thy Laws

VII.

1. O think upon thy servant as concerning thy word : wherein thou hast caused me to put my trust.

2. The same is my comfort in my trouble : for thy word hath quickned me.

3. The proud have had me exceedingly in derision : yet have I not shrunked from thy law.

4. For I remembred thy everlasting judgments, O Lord : and received comfort.

5. I am horribly afraid ; for the ungodly that forsake thy law.

6. Thy statutes have been my songs : in the house of my pilgrimage.

7. I have thought upon thy name, O Lord, in the night season : and have kept thy law.

8. This satisfaction I had : because I kept thy commandments.

Lord have mercy upon me, and incline my heart to keep thy Laws.

VIII.

1. Thou art my Portion, O Lord : I have promised to keep thy law.
2. I intreated thy favour with my whole heart : O be merciful unto me according to thy word.
3. I called mine own ways to remembrance : and turned my feet unto thy testimonies.
4. I made haste and prolonged not the time : to keep thy commandments.
5. The ungodly have made a prey of me : but I have not forgotten thy law.
6. At midnight I will rise to give thanks unto thee : because of thy righteous judgments.
7. I am a companion of all them that fear thee : and keep thy commandments.
8. The earth, O Lord, is full of thy mercy : O teach me thy statutes.

Lord have mercy upon me, and incline my heart to keep thy Laws.

IX.

1. O Lord, thou hast dealt graciously with thy servant : according unto thy word.
2. O learn me true understanding and knowledge : for I have believed thy commandments.
3. Before I was troubled, I went wrong : but now I have kept thy word.
4. Thou art good and gracious : O teach me thy statutes.
5. The proud have imagined a lie against me : but I will keep thy commandments with my whole heart.

6. Their

6. Their heart is as fat as brawn : but my delight hath been in thy law.

7. It is good for me that I have been in trouble : that I may learn thy statutes.

8. The law of thy mouth is dearer unto me : than thousands of gold and silver.

Lord have mercy upon me, and incline my heart to keep thy Laws.

Evening Prayer.

X.

1. Thy hands have made me, and fashioned me : O give me understanding, that I may learn thy commandments.

2. They that fear thee will be glad when they see me : because I put my trust in thy word.

3. I know, O Lord, that thy judgments are right : and that thou of very faithfulness hast caused me to be troubled.

4. O let thy merciful kindness be my comfort : according to thy word unto thy servant.

5. O let thy loving mercies come unto me, that I may live : for thy law is my delight.

6. Let the proud be ashamed, that go wickedly about to destroy me : but I will be occupied in thy commandments.

7. Let such as fear thee, and have known thy testimonies : be turned unto me.

8. O let my heart be sound in thy statutes : that I be not ashamed.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XI.

1. My soul hath longed for thy salvation : and I have a good hope, because of thy word.
2. Mine eyes long fore for thy word : saying, O when wilt thou comfort me ?
3. For I am become like a bottle in the smoke : yet do I not forget thy statutes.
4. How many are the days of thy servant : when wilt thou be avenged of them that persecute me ?
5. The proud have laid snares for me : which are not after thy law.
6. All thy commandments are true : they persecute me falsely, O be thou my help.
7. They had almost made an end of me upon earth : but I forsook not thy commandments.
8. O quicken me after thy loving kindness : and so shall I keep the testimonies of thy mouth.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XII.

1. O Lord thy word : endureth for ever in heaven.
2. Thy truth also remaineth from one generation to another : thou hast laid the foundation of the earth, and it abideth.
3. They continue this day according to thine ordinance : for all things serve thee.
4. If my delight had not been in thy Law : I should have perished in my trouble.
5. I will never forget thy commandments : for with them thou hast quickned me.

6. I am thine, O save me : for I have sought thy commandments.

7. The ungodly laid wait for me to destroy me : but I will consider thy testimonies.

8. I see that all things come to an end : but thy commandment is exceeding broad.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XIII.

1. Lord, what love have I unto thy law : my study is ever in it.

2. Thou through thy commandments hast made me wiser than mine enemies : for they are ever with me.

3. I have more understanding than wicked teachers : for thy testimonies are my study.

4. I am wiser than my Seniors : because I keep thy commandments.

5. I have endeavoured to refrain my feet from every evil way : that I may keep thy word.

6. I have not departed from thy judgments : for thou teachest me.

7. O how sweet are thy words unto my taste : yea, sweeter than hony unto my mouth.

8. Through thy commandments I get understanding : therefore I hate all evil ways.

Lord have mercy upon me, and incline my heart to keep thy Laws.

The Twenty sixth Day.

Morning Prayer.

XIV.

1. Thy word is a lanthorn unto my feet : and a light unto my paths.
2. I have vowed, and am stedfastly purposed : to keep thy righteous judgments.
3. I am troubled very much : quicken me, O Lord, according to thy word.
4. Let the free-will offerings of my mouth please thee, O Lord : and teach me thy judgments.
5. My soul hangs continually in suspense : yet do I not forget thy law.
6. The ungodly have laid snares for me : yet will I not swerve from thy commandments.
7. Thy testimonies have I claimed as mine heritage for ever : and why ? they are the very joy of my heart.
8. I will apply my heart to fulfil thy statutes : even unto the end of my life.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XV.

1. I hate them that imagine evil things : but thy law do I love.
2. Thou art my defence and shield : and my trust is in thy word.
3. Away

3. Away from me, ye wicked : I will keep the commandments of my God.

4. Uphold me according to thy word, that I may live : and let me not be disappointed of my hope.

5. Hold thou me up, and I shall be safe : yea, my delight shall ever be in thy statutes.

6. Thou hast trodden down all them that depart from thy statutes : for they imagine but deceit.

7. Thou puttest away all the ungodly of the earth like dross : therefore I love thy testimonies.

8. My flesh trembleth for fear of thee : and I am afraid of thy judgments.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XVI.

1. I deal with the thing that is lawful and right :
O give me not over unto mine oppressors.

2. Make thou thy servant to delight in that which is good : that the proud do me no wrong.

3. Mine eyes are still looking for thy salvation :
and for the word of thy righteousness.

4. O deal with thy servant according to thy loving mercy : and teach me thy statutes.

5. I am thy servant, O grant me understanding :
that I may know thy testimonies.

6. It is time for thee, Lord, to shew thy self :
for they have made void thy law.

7. But I love thy commandments : above gold
and precious stones.

8. Therefore I keep close to thy commandments :
and all false ways I utterly abhor.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XVII.

1. Thy testimonies are wonderful : therefore doth my soul keep them.

2. When thy word is read and considered : it giveth light and understanding unto the simple.

3. I opened my mouth and panted : for my delight was in thy commandments.

4. O look thou upon me, and be merciful unto me : as thou usest to do unto those that love thy name.

5. Order my steps in thy word : and so shall no wickedness have dominion over me.

6. O deliver me from the wrongful dealings of men : and so shall I keep thy commandments.

7. Shew the light of thy countenance upon thy servant : and teach me thy statutes.

8. Mine eyes gush out with water : because men keep not thy law.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XVIII.

1. Righteous art thou, O Lord : and true is thy judgment.

2. The testimonies that thou hast commanded : are exceeding righteous and true.

3. My zeal hath made me uneasy : because mine enemies have forgotten thy words.

4. Thy word is very pure : and thy servant loveth it.

5. I am small and of no reputation : yet do I not forget thy commandments.

6. Thy

6. Thy righteousness is an everlasting righteousness : and thy law is the truth.

7. Trouble and heaviness have taken hold upon me : yet is my delight in thy commandments.

8. The righteousness of thy testimonies is everlasting : O grant me understanding and I shall live.

Lord have mercy upon me, and incline my heart to keep thy Laws.

Evening Prayer.

XIX.

1. I call with my whole heart : hear me, O Lord, I will keep thy statutes.

2. Yea, even unto thee do I call : help me and I shall keep thy testimonies.

3. Early in the morning do I cry unto thee : for in thy word is my trust.

4. Mine eyes prevent the night-watches : that I may meditate in thy word.

5. Hear my voice, O Lord, according to thy loving kindness : quicken me according as thou art wont.

6. They draw nigh that of malice persecute me : and are far from thy law.

7. Be thou nigh at hand, O Lord : for all thy commandments are true.

8. As concerning thy testimonies, I have known long since : that thou hast fixed them for ever.

Lord have mercy upon me, and incline my heart to keep thy Laws.

XX.

1. O consider mine adversity and deliver me : for I do not forget thy law.
2. Avenge thou my cause and deliver me : quicken me according to thy word.
3. Salvation is far from the ungodly : for they regard not thy statutes.
4. Great is thy mercy, O Lord : quicken me as thou art wont.
5. Many there are that trouble me, and persecute me : yet do I not swerve from thy commandments.
6. It grieveth me when I see the transgressors : because they keep not thy law.
7. Consider, O Lord, how I love thy commandments : O quicken me according to thy loving kindness.
8. Thy word is true from everlasting : all the judgments of thy righteousness endure for evermore.

Lord, have mercy upon me, and incline my heart to keep thy Laws.

XXI.

1. The great ones have persecuted me without a cause : but my heart standeth in awe of thy word.
2. I am as glad of thy word : as one that findeth great spoils.
3. As for lies I hate and abhor them : but thy law do I love.
4. I take all opportunities to praise thee : because of thy righteous judgments.
5. Great is the peace that they have who love thy law : and will not be ashamed at it.

6. Lord,

6. Lord, I have looked for thy saving health :
and done after thy commandments.

7. My soul hath kept thy testimonies : and loved
them exceedingly.

8. I have kept thy commandments and testimo-
nies : for all my ways are before thee.

Lord have mercy upon me, and incline my
heart to keep thy Laws.

XXII.

1. Let my complaint come before thee, O Lord :
give me understanding according to thy word.

2. Let my supplication come before thee : deliver
me according to thy word.

3. My lips shall speak of thy praise : when thou
hast taught me thy statutes.

4. Yea, my tongue shall sing of thy word : for all
thy commandments are righteous.

5. Let thine hand help me : for I have chosen
thy commandments.

6. I have longed for thy saving health, O Lord :
and in thy law is my delight.

7. O let my soul live, and it shall praise thee :
and thy judgments shall help me.

8. I have gone astray like a sheep that is lost : O
seek thy servant, for I do not forget thy command-
ments.

Lord, have mercy upon me, and write all
thy Laws in my heart, I beseech thee.

The Twenty seventh Day.

Morning Prayer.

PSALM CXX.

*The Complaint of a pious Christian living among
ungodly and wicked People.*

WHEN I was in trouble, I called upon the Lord:
and he heard me.

2. Deliver my soul, O Lord, from lying lips:
and from a deceitful tongue.

3. What reward shall be given, or done unto thee,
thou false tongue: even mighty and sharp arrows,
with hot burning coals.

4. Wo is me, that I am constrained to dwell with
the ungodly: and to have my habitation among
wicked people.

5. My soul hath long dwelt among them: that
are enemies unto peace.

6. I labour for peace, but when I speak to them
thereof: they make them ready to Battle.

MEDITATION.

IF it be so bad to cohabit with people of
unclean lips, and evil dispositions in this
world, let me consider, that in Hell the com-
pany is worse, nothing there but damned,
cursing, blaspheming spirits; I will there-
fore,

fore, by the grace of God assisting me, avoid evil society here, that I may be fitted for better company hereafter.

PSALM CXXI.

An act of Trust in God our great Preserver.

I Will lift up mine eyes unto heaven : from whence cometh my help.

2. My help cometh even from the Lord : who hath made heaven and earth.

3. He will not suffer mine enemies to take advantage over me : for he that keepeth me will not sleep.

4. Behold, he that keepeth Israel : shall not slumber nor sleep.

5. The Lord himself is my keeper ; the Lord is my defence upon my right hand.

6. So that the Sun shall not burn me by day : neither the Moon by night.

7. The Lord shall preserve me from all evil : yea, it is even he that shall keep my soul.

8. The Lord shall preserve my going out, and my coming in : from this time forth for evermore.

MEDITATION.

How shall I depend upon God for raising my Body from the Dust, and saving my Soul ? if I mistrust him for my Preservation.

PSALM

PSALM CXII.

A Prayer for the Prosperity of the Church.

I Am glad whenever they say unto me : let us go into the house of the Lord.

1. Our feet shall stand within the gates : of the church of God.

3. The church of God is as a city : that is at unity within it self.

4. Where all christians gather themselves together in all nations : to give thanks unto the name of the Lord.

5. For there are dispensed his word and sacraments : even the salvation of our God.

6. O pray for the peace of our Jerusalem : they shall prosper that love her.

7. Peace be within her walls : and plenteousness within her gates.

8. For my brethren and fellow-christians sake : I wish her prosperity.

9. Yea, because she is the house of the Lord our God : I will seek to do her good.

MEDITATION.

A Rise, O my Soul, and leave the world behind thee, enter the Palace of his glorious residence, the place where his Honour dwelleth ; what though our eyes see nothing but bread and wine ; our Faith assures us that God is there also. I will eat at the Lord's Table in remembrance that Christ died for me, and feed on him in my heart

heart by faith, with thanksgiving; I will drink also in remembrance, that Christ's blood was shed for me, and be thankful.

PSALM CXXIII.

A Prayer to be delivered from insulting Enemies.

UNto thee lift I up mine eyes: O thou that dwellest in the Heavens.

2. Behold, even as the eyes of servants look unto the hand of their masters, and as the eyes of a maiden unto the hand of her mistress: even so our eyes wait upon the Lord our God, until he have mercy upon us.

3. Have mercy upon us, O Lord; have mercy upon us: for we are utterly despised.

4. Our soul is filled with the scornful reproof of the wealthy; and with the despightfulness of the proud:

MEDITATION.

I Neither desire nor hope to enjoy Heaven without a great deal of difficulty and pains, and shall think it labour well bestowed, if I have it upon any Terms.

PSALM CXXIV.

A Form of Thanksgiving for any eminent Deliverance.

IF the Lord himself had not been on our side, now may his servants say: if the Lord himself had not been on our side, when men rose up against us;

2. They had swallowed us up quick: when they were so wrathfully displeased at us.

3. Yea, the waters of affliction had drowned us: and the stream had gone over our soul.

4. The deep waters of the proud had gone: even over our Soul.

5. But praised be the Lord: who hath not given us over for a prey unto their teeth.

6. Our soul is escaped, even as a bird out of the snare of the fowler: the snare is broken, and we are delivered.

7. Our help standeth in the name of the Lord: who hath made heaven and earth.

MEDITATION.

IT is the Devil's part to suggest, ours not to consent. As oft as we resist him, so often we overcome him; so often we bring joy to the Angels, and glory to God, who sendeth us that we may contend, and assisteth us that we may conquer.

PSALM

PSALM CXXV.

An Exhortation to rely upon God's Providence.

They that put their trust in the Lord, shall be even as the strong mountains : which may not be removed, but stand for ever.

2. As the mountains round about a city preserve it from storms : so standeth the Lord as a safeguard round about his people.

3. For the rod of the ungodly shall not come into the lot of the righteous : lest the righteous put their hand unto wickedness.

4. Do well, O Lord : unto those that are good and true of heart.

5. As for such as turn back unto their own wickedness : the Lord shall lead them forth with the evil Doers, but peace shall be upon such as fear him.

P R A Y E R.

A Ssist me mercifully, O Lord, in all my doings, and dispose the way of thy servant towards the attainment of everlasting salvation, that among all the changes and chances of this mortal life, I may ever be defended by thy most gracious and ready help through Jesus Christ our Lord. *Amen.*

Evening

Evening Prayer.

PSALM CXXVI.

*A joyful Remembrance of our Redemption, with
a Prayer for the encrease of Christ's Church.*

When the Lord redeemed his People : then
were we like unto them that dream.

2. Then was our mouth filled with laughter :
and our tongue with joy.

3. Then said they among the Heathen : The
Lord hath done great things for them.

4. Yea, the Lord hath done great things for us :
whereof we rejoyce.

5. Encrease still, O Lord, the number of the chri-
stian profelytes : let them flow into thy Church, as
the rivers into the south sea.

6. They that sow in tears : shall reap in joy.

7. He that now goeth on his way weeping, and
beareth forth good seed : shall doubtless come again
with joy, and bring his sheaves with him.

COLLECT.

Almighty God, who through thine only
begotten Son Jesus Christ hast over-
come death, and opened unto me the gate
of everlasting life. I humbly beseech thee,
that as, by thy special grace preventing me,
thou dost put into my mind good desires,
so by thy continual help I may bring the
same to good effect, through Jesus Christ our
Lord. *Amen.*

PSALM

PSALM CXXVII.

A Confession, that without God we should undertake nothing, and that Children are his Gift.

EXcept the Lord build the house : their labour is but lost that build it.

2. Except the Lord keep the City : the watchmen waketh but in vain.

3. It is but lost labour, that ye haste to rise up early, and so late take rest, and eat the bread of carefulness : for so he giveth his beloved sleep.

4. Lo, children and the fruit of the womb : are an Heritage and gift that cometh of the Lord.

5. Like as the arrows in the hand of the Giant : even so are the young children.

6. Happy is the man that hath his house full of them : they shall not be ashamed when they face their enemies.

MEDITATION.

Diligence and endeavour is ours, the blessing and success is Gods.

We must not desire Children out of an affection of nature only, that we may have some to inherit our estates, and perpetuate our names here upon earth; but the desire of posterity must be, to further the enlargement of God's Church, and to encrease the number of Believers.

PSALM

PSALM CXXVIII.

The Blessedness of him that feareth God.

Blessed is every one that feareth the Lord : and walketh in his ways.

2. For thou shalt eat the labours of thine hands : O, well shall it be with thee, and happy shalt thou be.

3. Thy wife shall be as the fruitful vine : upon the walls of thine house.

4. Thy children like the olive branches : round about thy table.

5. Lo, thus shall the man be blessed : that feareth the Lord.

6. The Lord from heaven shall so bless thee : that thou shalt live to see prosperity both in church and state.

7. Yea, thou shalt see thy childrens children : and peace upon our Israel.

COLLECT.

O God, forasmuch as without thee I am not able to please thee, mercifully grant, that thy Holy Spirit may in all things direct and rule my heart, through Jesus Christ our Lord. *Amen.*

PSALM

PSALM CXXIX.

The Complaint of the Church against her Enemies.

MAny a time have they fought against me
from my beginning : may the church now
say :

2. Yea, many a time have they vexed me : but
they have not prevailed against me.

3. The Plowers plowed upon my back : and made
long furrows.

4. But the righteous Lord : hath hewen the snares
of the ungodly in pieces.

5. Let them be confounded and turned backward :
as many as have evil will at thy church.

6. Let them be even as the grafs growing on the
house-tops : which withereth afore it be plucked
up.

7. Whereof the mower filleth not his hand :
neither he that bindeth up the sheaves his bosom.

8. So that they who go by, say not so much as,
The Lord prosper you : we wish you good luck in
the name of the Lord.

COLLECT.

IBefeech thee, Almighty God, mercifully
to look upon thy People, that by thy
great goodness they may be governed and
preserved evermore, both in Body and Soul,
through Jesus Christ our Lord. *Amen.*

PSALM

PSALM CXXX.

A Prayer for Pardon of Sins.

IN my greatest afflictions have I called unto thee,
O Lord : Lord, hear my voice.

2. O let thine ears consider well : the voice of my complaint.

3. If thou, Lord, wilt be extreme to mark what is done amiss : O Lord, who may abide it ?

4. But there is mercy with thee : therefore shalt thou be feared.

5. I look for the Lord, my soul doth wait for him : in his word is my trust.

6. My soul fleeth unto the Lord : before the morning watch, I say, before the morning watch.

7. O ye Christians trust in the Lord, for with the Lord there is mercy : and with him is plentiful redemption.

8. And he shall redeem his faithful servants : from all their sins.

MEDITATION.

LET no man despair, and thereby make himself incapable of divine grace, for God is very merciful, if man repents and forsakes his Sins.

PSALM

PSALM CXXXI.

A Profession of Humility.

Lord, I am not high minded : I have no proud looks.

2. I do not exercise my self in great matters : which are too high for me.

3. But I restrain my soul, and keep it low, like as a child that is weaned from his mother : yea, my soul is even as a weaned child.

4. O ye servants of God, trust in the Lord : from this time forth for evermore.

MEDITATION.

Humility is so requisite for all the duties of a Christian, that a man is neither qualified to be taught, nor obey, nor suffer without it; nay, there's no ascending to Glory unless we are first cloathed with it, for before Honour is Humility; God will exalt the humble and meek, but behold the proud afar off, as they behold others. No wonder then, if this Grace be owned as a sure mark of those that belong to the retinue of the Humble Jesus.

The

The Twenty eighth Day.

Morning Prayer.

PSALM CXXXII.

*A Representation of the Promise of God
to David.*

- L**ord, remember David : and all his trouble.
2. How he sware unto the Lord : and vowed a vow unto the Almighty God of Jacob ; saying,
3. I will not come within the Tabernacle of mine House : nor climb up into my bed.
4. I will not suffer mine eyes to sleep, nor mine eye-lids to slumber : neither the temples of my head to take any rest.
5. Until I find out a place for the temple of the Lord : an habitation for the mighty God of Jacob :
6. Lo, they heard of the Ark at Ephrata : and found it in the woody countrey of Kirjasearim.
7. Then said they, we will go into his tabernacle : and fall low on our knees before his foot-stool.
8. Arise, O Lord, into thy resting place : thou, and the ark of thy strength.
9. Let thy priests be clothed with righteousness : and let thy saints sing with joyfulness.
10. For thy servant David's sake : turn not away the presence of thine anointed :
11. The Lord hath made a faithful oath unto David : and he shall not shrink from it.
12. Of the fruit of thy body : shall I set upon thy seat.
13. If

13. If thy children will keep my covenant, and my testimonies that I shall learn them : their children also shall sit upon thy seat for evermore.

14. For the Lord hath chosen Sion, to be an habitation for himself : he hath longed for her.

15. This shall be my rest for ever : here will I dwell, for I have a delight therein.

16. I will bless her victuals with increase : and will satisfy her poor with bread.

17. I will deck her priests with health : and her saints shall rejoyce and sing.

18. There shall I make the power of David to flourish : his succession shall shine 'till the Messias appear.

19. As for his enemies, I will cloath them with shame : but upon himself shall his crown flourish.

COLLECT.

ALmighty God, who hast given thy only begotten Son to take our nature upon him, and to be born of a pure Virgin of the lineage of David, Grant that I being regenerate, and made thy child by adoption and grace, may daily be renewed by thy Holy Spirit, through the same our Lord Jesus Christ, who liveth and reigneth with thee and the same Spirit, ever one God world without end. *Amen.*

L

PSALM

PSALM CXXXIII.

A Description of the Happiness of Christian Unity.

BEhold how good and joyful a thing it is : for brethren to dwell together in unity.

2. It is like the precious ointment upon the head, that ran down unto the beard : even unto Aaron's beard, and went down to the skirts of his clothing.

3. Like as the dew of Hermon : which fell upon the hill of Sion.

4. For there the Lord promised his blessing : and life for evermore.

COLLECT.

O Almighty God, who hast knit together thine Elect in one Communion and Fellowship in the mystical body of thy Son Jesus Christ our Lord, grant me grace so to follow thy Blessed Saints in all virtue and godly living, that I may come to those unspeakable joyes that thou hast prepared for them that unfeignedly love thee, through Jesus Christ our Lord. *Amen.*

PSALM CXXXIV.

An Exhortation to the Ministers of God to attend to the appointed Hours of Prayer.

BEhold now, praise the Lord : all ye servants of the Lord ;

2. Ye that officiate in the house of the Lord : even in the courts of the house of our God.

3. Lift up your hands in the sanctuary : and praise the Lord.

4. The Lord that made heaven and earth : give his blessing to your devotions.

COLLECT.

O Lord Jesus Christ, grant that the Ministers and Stewards of thy mysteries may so prepare and make ready thy way, by turning the Hearts of the disobedient to the wisdom of the Just, that at thy coming to judge the world, we may be found an acceptable people in thy sight, who livest and reignest with the Father and the Holy Spirit, ever one God world without end.
Amen.

P S A L M CXXXV.

*A Thanksgiving, for God's great Mercies to
the Nation of the Jews.*

O Praise the Lord, laud ye the name of the Lord : praise it, O ye servants of the Lord.

2. Ye that stand in the house of the Lord : in the courts of the house of our God.

3. O praise the Lord, for the Lord is gracious : O sing praises unto his name, for it is lovely.

4. For why? the Lord did choose Jacob unto himself : and Israel for his own possession.

5. For I know that the Lord is great : and that our Lord is above all Gods.

6. Whatsoever the Lord pleased, that did he in heaven, and in the earth : and in the sea, and in all deep places.

7. He bringeth forth the clouds from the end of the world : and sendeth forth lightnings with the rain, bringing the winds out of his treasures.

8. He smote the first-born of Egypt : both of man and beast.

9. He sent tokens and wonders in the midst of thee, O thou land of Egypt : upon Pharaoh, and all his servants.

10. He smote divers nations : and slew mighty kings.

11. Sehon king of the Amorites, and Og the king of Basan : and all the kingdoms of Canaan.

12. And gave their land to be an heritage : even an heritage unto Israel his people.

13. Thy name, O God, endureth for ever : so doth thy memorial, O Lord, from one generation to another.

14. For the Lord will avenge his people : and be gracious unto his servants.

15. As

15. As for the images of the heathen, they are but silver and gold : the work of mens hands.

16. They have mouths and speak not : eyes have they, but they see not.

17. They have ears, and yet they hear not : neither is there any breath in their mouths.

18. They that make them are like unto them : and so are all they that put their trust in them.

19. Praise the Lord, ye house of Israel : praise the Lord, ye house of Aaron.

20. Praise the Lord, ye house of Levi : ye that fear the Lord, praise the Lord.

21. Praise the Lord out of his holy temple : who honoureth his servants there with his glorious presence.
Praise the Lord.

MEDITATION.

LET men tremble and fear before this God, for he is the living God, and steadfast for ever ; His kingdom that which shall not be destroyed, and his Dominion shall be even unto the end, he delivereth and rescueth, and worketh signs and wonders in Heaven and Earth.

*Evening Prayer.***P S A L M CXXXVI.**

*A Thanksgiving to God for his Mercy to
our Forefathers.*

O Give thanks unto the Lord, for he is gracious:
and his mercy endureth for ever.

2. O give thanks unto the God of all Gods : for
his mercy endureth for ever.

3. O thank the Lord of all Lords : for his mer-
cy endureth for ever.

4. Who only doeth great wonders : for his mercy
endureth for ever.

5. Who by his excellent wisdom made the hea-
vens : for his mercy endureth for ever.

6. Who laid out the earth above the waters : for
his mercy endureth for ever.

7. Who hath made great lights : for his mercy
endureth for ever.

8. The sun to rule the day : for his mercy en-
dureth for ever.

9. The moon and the stars to govern the night :
for his mercy endureth for ever.

10. Who smote Egypt with their first-born : for
his mercy endureth for ever.

11. And brought out Israel from among them :
for his mercy endureth for ever.

12. With a mighty hand and stretched out arm :
for his mercy endureth for ever.

13. Who divided the red sea in two parts : for
his mercy endureth for ever.

14. And made Israel to go through the midst of
it : for his mercy endureth for ever.

15. But

15. But as for Pharaoh and his host, he overthrew them in the red sea : for his mercy endureth for ever.

16. Who led his people through the wilderness : for his mercy endureth for ever.

17. Who smote great kings : for his mercy endureth for ever.

18. Yea, and slew mighty kings : for his mercy endureth for ever.

19. Sehon King of the Amorites : for his mercy endureth for ever.

20. And Og the king of Basan : for his mercy endureth for ever.

21. And gave away their land for an heritage : for his mercy endureth for ever.

22. Even for an heritage unto Israel his servant : for his mercy endureth for ever.

23. Who remembred us when we were in trouble : for his mercy endureth for ever.

24. And hath delivered us from our enemies : for his mercy endureth for ever.

25. Who giveth food to all flesh : for his mercy endureth for ever.

26. O give thanks unto the God of heaven : for his mercy endureth for ever.

27. O give thanks unto the Lord of Lords : for his mercy endureth for ever.

MEDITATION.

IT is good to praise God and exalt his Name, and with honour to shew forth all his works, therefore shall my soul bless thee, O God, I will alway be speaking good of thy Fame, I will shew forth thy praise as *name* well as I am able to all Generations.

P S A L M CXXXVII.

The Lamentation of the Jews after their Captivity.

BY the waters of Babylon we sat down and wept :
when we remembred thee, O Sion.

2. As for our Harps, we hanged them up : upon
the trees that are therein.

3. For they that led us away captive, required of
us then a song and melody in our heaviness : saying,
Sing us one of the songs of Sion.

4. How shall we sing the Lords song : in a strange
land ?

5. If I forget thee, O Jerusalem : let my right
hand forget her cunning.

6. If I do not remember thee, let my tongue
cleave to the roof of my mouth : yea, if I prefer
not Jerusalem in my mirth.

7. Remember the children of Edom, O Lord, in
the day of Jerusalem : how they said, down with
it even to the ground.

8. O daughter of Babylon, wasted with misery :
yea, happy shall he be who rewardeth thee as thou
hast served us.

9. Blessed shall he be, that taketh thy children :
and throweth them against the stones.

MEDITATION.

WHO is not interested in the miseries
of Sion ? The Church now answers
to Jerusalem of old, and her wicked Perse-
cutors to the Children of Edom ; yet I will
not

not mourn as if there was no relief; I know that He that permits her to suffer, will sustain her and crown her sufferings. Remember, O my Soul! she is of God's planting, then none can pluck her up. Thou shalt not prosper, nor see good days, unless thou wishest Prosperity to our Jerusalem, and prayest for the Peace of our Sion.

PSALM CXXXVIII.

A Thanksgiving to God for Mercies received.

I Will give thanks unto thee, O Lord, with my whole heart: even before the angels will I sing praise unto thee.

2. I will worship thee in thy holy temple, and praise thy name, because of thy loving kindness and truth: for thou hast magnified thy name, and thy word above all things.

3. When I called upon thee, thou heardest me: and enduedst my soul with much strength.

4. All the kings of the earth shall praise thee, O Lord: for they have heard the words of thy mouth.

5. Yea, they shall sing in the ways of the Lord: that great is the glory of the Lord.

6. For though the Lord be high, yet hath he respect unto the lowly: as for the Proud, he be- holdeth them afar off.

7. Though I walk in the midst of trouble, yet shalt thou refresh me: thou shalt stretch forth thy hand upon the furiousness of mine enemies, and thy right hand shall save me.

8. The Lord shall make good his loving kindness toward me : yea, thy mercy, O Lord, endureth for ever ; despise not then the works of thine own hands.

P R A Y E R.

ALmighty God, Father of all Mercies, I thy unworthy servant, do give thee most humble and hearty thanks for all thy goodness and loving kindness to me and to all Men, beseeching thee to give me that due sense of all thy Mercies, that my Heart may be unfeignedly thankful, and that I may shew forth thy praise, not only with my lips but in my life, by giving up my self to thy Service, and by walking before thee in holiness and righteousness all my days, through Jesus Christ our Lord. *Amen.*

The Twenty ninth Day.

Morning Prayer.

P S A L M CXXXIX.

God's Omnipresence and Omniscience are largely described..

O Lord, thou hast searched me out, and known me : thou knowest my down-sitting and mine up-rising, thou understandest my thoughts afar off.

2. Thou

2. Thou art about my path, and about my bed :
and spiest out all my ways,

3. For lo, there is not a word in my tongue : but
thou, O Lord, knowest it altogether.

4. Thou hast fashioned me behind and before :
and laid thine hand upon me.

5. Such knowledge is too wonderful and excel-
lent for me : I cannot attain unto it.

6. Whither shall I go then from thy spirit : or
whither shall I go then from thy presence ?

7. If I climb up into heaven, thou art there :
if I go down into the lowermost parts of the earth,
thou art there also.

8. If I take the wings of the morning : and re-
main in the uttermost parts of the sea ;

9. Even there also shall thy hand lead me : and
thy right-hand shall hold me.

10. If I say, peradventure the darkness shall co-
ver me : then shall my night be turned to day.

11. Yea, the darkness is no darkness with thee,
but the night is as clear as the day : the darkness
and light to thee are both alike.

12. For thou composest my reins : thou hast co-
vered me in my mothers womb.

13. I will give thanks unto thee, for I am fear-
fully and wonderfully made : marvellous are thy
works, and that my soul knoweth right well.

14. My bones are not hid from thee : though I
be made secretly, and fashioned beneath in the
earth.

15. Thine eyes did see my substance, yet being
imperfect : and in thy book were all my members
written ;

16. Which day by day were fashioned : when as
yet there was none of them.

17. How dear are thy counsels unto me, O God :
O how great is the sum of them.

252 *The Twenty ninth Day.*

18. If I tell them, they are more in number than the sand : when I awake, I am present with thee.

19. Wilt thou not slay the wicked, O God : depart from me, ye blood-thirsty men.

20. For they speak unrighteously against thee : and thine enemies take thy name in vain.

21. Do not I hate them, O Lord, that hate thee : and am not I grieved with those that rise up against thee ?

22. Yea, I hate them with a perfect hatred : even as though they were mine enemies.

23. Try me, O God, and seek the ground of my heart : prove me, and examine my thoughts.

24. Look well if there be any way of wickedness in me : and lead me in the way everlasting.

PRAYER.

ALmighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid, cleanse the thoughts of my heart by the inspiration of thy Holy Spirit, that I may perfectly love thee, and worthily magnify thy Holy Name through Jesus Christ our Lord. *Amen.*

PSALM CXL

A Prayer for Deliverance from our Enemies.

Deliver me, O Lord, from the evil man : and preserve me from the wicked man.

2. Who imagine mischief in their hearts : and stir up strife all the day long.

3. They

3. They have sharpened their tongues like a serpent : Adders poison is under their lips.

4. Keep me, O Lord, from the hands of the ungodly : preserve me from the wicked men, who are purposed to overthrow my goings.

5. The proud have laid a snare for me : yea, and set traps in my way.

6. I said unto the Lord, Thou art my God : hear the voice of my Prayers, O God.

7. O Lord God, thou strength of my health : thou hast covered my head in the day of danger.

8. Let not the ungodly have his desire, O Lord : let not his mischievous imagination prosper ; lest they be too proud.

9. Let the mischief of their own lips fall upon the head of them : that design me evil.

10. A man full of words shall not prosper upon the earth : evil shall hunt the wicked person to overthrow him.

11. Sure I am that the Lord will avenge the poor : and maintain the cause of the helpless.

12. The righteous also shall give thanks unto thy name : and the just shall continue in thy sight.

MEDITATION.

THe best people alive are not free from the insults of Malice and Envy ; but to bear them patiently is the property of Christian Fortitude.

PSALM CXLI.

*A Prayer for compofure of Mind under Pref-
fures, and for Deliverance from our E-
nemies.*

Lord I call upon thee, hafte thee unto me : and
confider my voice, when I cry unto thee.

2. Let my prayer be fet forth in thy fight as the
incense : and let the lifting up of my hands be an
evening facrifice.

3. Set a watch, O Lord, before my mouth : and
keep the door of my lips.

4. O let not mine heart be inclined to any evil
thing : let me not be occupied in ungodly works,
with the men that work wickednefs, left I confent
to do fuch things as pleafe them.

5. Let the righteous rather fmite me friendly :
and reprove me.

6. Their reproof fhall be as a precious balm
which will not break my head : and I will pray yet
for the converfion of the wicked.

7. That the great ones may be humbled : that
they may hear the words of falvation, for they are
sweet.

8. I have been as it were at the graves mouth :
my condition has been very desperate.

9. But mine eyes look unto thee, O Lord God :
in thee is my truft, O caft not out my foul.

10. Keep me from the fnares that they have laid
for me : and from the traps of the wicked doers.

11. Let the ungodly fall into their own nets to-
gether : and let me ever efcape them.

MEDITATION.

God suffers us sometimes to be afflicted, that our reward may thereby be increased, and as much as he addeth to my tribulation, so much and more will he add to my Retribution.

Evening Prayer.

PSALM CXLII.

A Prayer in time of Trouble.

I Will cry unto the Lord with my voice : yea, even unto the Lord will I make my supplication.

2. I will pour out my complaints before him : and shew him of my trouble.

3. When my spirit was in heaviness, thou knewest my path : in the way wherein I walked have they privily laid a snare for me.

4. I looked also upon my right hand : and saw there was no man that would know me.

5. I had no place to flee unto : and no man cared for my soul.

6. I cried unto thee, O Lord, and said : Thou art my hope and my portion in the land of the living.

7. Consider my complaint : for I am brought very low.

8. O deliver me from my Persecutors : for they are too strong for me.

9. Bring my soul out of trouble, that I may give thanks unto thy name : which thing if thou wilt grant me, then shall the righteous resort unto my company.

M E D I.

MEDITATION.

GOD is a sure refuge in time of trouble,
I will therefore endeavour to make
him my Friend.

PSALM CXLIII.

A Prayer for Grace to live well.

Hear my prayer, O Lord, consider my desire :
hearken unto me for thy truth and righte-
ousness sake.

2. And enter not into judgment with thy ser-
vant : for in thy sight shall no man living be
justified.

3. For the enemy hath persecuted my soul, he
hath smitten my life down to the ground : he hath
laid me in darkness, as the men that have been long
dead.

4. Therefore is my spirit vexed within me : and
my heart within me is desolate.

5. Yet do I remember the time past, I muse upon
all thy works : yea, I exercise my self in the works
of thy hands.

6. I stretch forth my hands unto thee : my soul
gaspeth after thee as a thirsty land.

7. Hear me, O Lord, and that soon, for my spirit
waxeth faint : hide not thy face from me, lest I be
like unto them that go down to the grave.

8. O let me hear thy loving kindness betimes in
the morning, for in thee is my trust : shew thou me
the way that I should walk in, for I lift up my soul
unto thee.

9. Deliver me, O Lord, from mine enemies : for I
fly unto thee to hide me.

10. Teach

10. Teach me to do the thing that pleaseth thee, for thou art my God : let thy loving spirit lead me forth into the land of righteousness.

11. Quicken me, O Lord, for thy names sake : and, for thy righteousness sake, bring my soul out of trouble.

12. And of thy goodness rebuke mine enemies : and turn the hearts of all them that vex my soul, for I am thy servant.

MEDITATION.

With God all things are possible ; I will never despair of help from him. I cannot be so infinitely sinful as God is merciful ; O God, if thou wilt, and when thou wilt, thou canst make me whole.

The Thirtieth Day.

Morning Prayer.

PSALM CXLIV.

Of the Goodness of God, with a Prayer for Peace to our Nation.

Blessed be the Lord our strength : who teacheth our hands to war, and our fingers to fight.

2. Our hope, and our fortress, our castle, and deliverer, our defender in whom we trust : who subdueth all our enemies.

3. Lord, what is man, that thou hast such respect unto him : or the son of man, that thou so regard-
est him ?

4. Man

4. Man is like a thing of nought : his time passeth away like a shadow.

5. Bow thy Heavens, O Lord, and come down : touch the mountains and they shall smoke.

6. Cast forth thy lightning, and tear them : shoot out thine arrows, and consume them,

7. Send down thine hand from above : deliver this Nation, and take us out of the waters of affliction, from the hand of the wicked,

8. Whose mouth talketh of vanity : and their right hand is a right hand of iniquity.

9. We will sing a new song unto thee, O God : we will sing praises unto thee with thankful hearts, saying,

10. 'Tis thou only that givest victory unto kings : and hast delivered our king and nation from the peril of the sword.

11. Save us and deliver us still from the hand of the wicked : whose mouth talketh of vanity, and their right hand is a right hand of iniquity.

12. That our sons may grow up as the young plants : and our daughters may be as the polished corners of the temple.

13. That our garners may be full and plenteous with all manner of store : that our sheep may bring forth thousands, and ten thousands in our fields.

14. That our oxen may be strong to labour, that there be no decay : no leading into captivity, and no complaining in our streets.

15. Happy are the people that are in such a case : Yea, blessed are the people that have the Lord for their God.

MEDITATION.

EYe hath not seen, nor ear heard, neither hath it entered into the heart of Man, the things which God hath prepared for them that love him.

PSALM CXLV.

A Celebration of God's Attributes.

I Will magnify thee, O God my King: and I will praise thy name, for ever and ever.

2. Every day will I give thanks unto thee: and praise thy name for ever and ever.

3. Great is the Lord and marvellous, worthy to be praised: there is no end of his greatness.

4. One generation shall praise thy works unto another: and declare thy power.

5. As for me, I will be talking of thy worship: thy glory, thy praise and wondrous works.

6. So that men shall speak of the might of thy marvellous acts: and I will also tell of thy greatness.

7. The memorial of thy abundant kindness shall be shewed: and men shall sing of thy righteousness.

8. The Lord is gracious and merciful: long suffering, and of great goodness.

9. The Lord is loving unto every man: and his tender mercy is over all his works.

10. All thy works praise thee, O Lord: and thy saints give thanks unto thee.

11. They shew the glory of thy kingdom: and talk of thy power.

12. That

12. That thy power, thy glory and mightiness of thy kingdom : might be known unto men.

13. Thy kingdom is an everlasting kingdom : and thy Dominion endureth throughout all ages.

14. The Lord upholdeth all such as fall : and lifteth up all those that are down.

15. The eyes of all wait upon thee, O Lord : and thou givest them meat in due season.

16. Thou openest thine hand : and fillest all things living with plenteousness.

17. The Lord is righteous in all his ways : and holy in all his works.

18. The Lord is nigh unto all them that call upon him : yea, all such as call upon him faithfully.

19. He will fulfil the desire of them that fear him : he also will hear their cry, and will help them.

20. The Lord preserveth all them that love him : but scattereth abroad all the ungodly.

21. My mouth shall speak the praise of the Lord : and let all flesh give thanks unto his holy name for ever and ever.

COLLECT.

Almighty and everlasting God, who dost govern all things both in Heaven and Earth, mercifully hear my Supplications and grant me thy Peace all the days of my life, through Jesus Christ our Lord. *Amen.*

PSALM CXLVI.

*An Acknowledgment, that we can put our
Trust in none, but God.*

PRaise the Lord, my soul; while I live will I
praise the Lord: yea, as long as I have any
being, I will sing praises unto my God.

2. O put not your trust in princes, nor in any
child of man: for there is no help in them.

3. For when the breath of man goeth forth, he
shall turn again to his earth: and then all his
thoughts perish.

4. Blessed is he that hath the God of Jacob
for his help: and whose hope is in the Lord his
God.

5. Who made heaven and earth, the sea and
all that therein is: who keepeth his promise for
ever.

6. Who helpeth them to right that suffer wrong:
who feedeth the hungry.

7. The Lord looseth men out of Prison: the Lord
giveth sight to the blind.

8. The Lord helpeth them that are fallen: the
Lord careth for the righteous.

9. The Lord careth for the strangers, he defend-
eth the fatherless and widow: as for the way of
the ungodly, he turneth it upside down.

10. The Lord our God shall be king for ever-
more: and throughout all generations. *Halle-
lujah.*

MEDITATION.

Vain is the Help of Man ; in thee , O Lord, only do I put my trust, O let me never be put to confusion, but deliver me in thy Righteousness.

Evening Prayer.

P S A L M CXLVII.

A Thanksgiving to God for his Works of Power and Mercy.

O Praise the Lord, for it is a good thing to sing Praises unto our God : yea, a joyful and pleasant thing it is to be thankful.

2. The Lord doth uphold his Church : and will gather together the out-casts of Israel.

3. He healeth those that are broken in heart : and bindeth up their wounds.

4. He telleth the number of the stars : and calleth them all by their names.

5. Great is our Lord and great is his power : yea, and his wisdom is infinite.

6. The Lord setteth up the meek : and bringeth the ungodly down to the ground.

7. O sing unto the Lord with Thanksgiving : sing Praises upon the harp unto our God.

8. Who covereth the heaven with clouds, and prepareth rain for the earth : and maketh the grass to grow upon the mountains, and herbs for the use of men.

9. Who

9. Who giveth fodder unto the cattel : and feedeth the young ravens that call upon him.

10. He hath no pleasure in the strength of an Horſe : neither delighteth he in any man's ſwiftnels.

11. But the Lords delight is in them that fear him : and put their truſt in his mercy.

12. Praise the Lord, ye members of the true church : praise the Lord, ye people of God.

13. For he hath defended you from the assaults of the enemy : and hath blessed your children.

14. He maketh peace in your borders : and filleth you with the flower of wheat.

15. He sendeth forth his Commandments upon earth : and his word runneth very swiftly.

16. He giveth ſnow like wool : and ſcattereth the hoar-froſt like aſhes.

17. He caſteth forth his ice like morſels : who is able to abide his froſt ?

18. He ſendeth out his word, and melteth them : he bloweth with his wind, and the waters flow.

19. He formerly ſhewed his word unto Jacob : he has now manifested his ſtatutes and ordinances unto the Gentiles.

20. He hath not dealt ſo kindly with other nations : as with thoſe that have the knowledge of his truth.

MEDITATION.

Blessed be the God and Father of our Lord Jeſus Chriſt, who according to his abundant mercy hath begotten us again unto a lively hope of an inheritance incorruptible and undefiled that faſteth not away.

PSALM

P S A L M CXLVIII.

*The whole Creation is called upon to celebrate
the Divine Praises.*

O Praise the Lord of Heaven : praise him in the courts above.

2. Praise him, all ye angels of his : praise him all his host.

3. Praise him sun and moon : praise him all ye stars and light.

4. Praise him all ye heavens : and the waters that are above the heavens.

5. Let them praise the name of the Lord : for he spake the word, and they were made, he commanded, and they were created.

6. He hath made them fast for ever and ever : he hath given them a Law which shall not be broken.

7. Praise the Lord upon earth : ye dragons and all deeps.

8. Fire and hail, snow and vapours : wind and storm, fulfilling his word.

9. Mountains and all hills : fruitful trees and all cedars.

10. Beasts and all cattel : worms and feathered fowls ;

11. Kings of the earth and all people : princes and all the judges of the world.

12. Young men and maidens, old men and children, praise the name of the Lord : for his name only is excellent, and his praise above heaven and earth.

13. He

13. He shall exalt the strength and power of his people, all his Saints shall praise him: even the children of Israel, even the people that serveth him.

MEDITATION.

Singing of divine Hymns and Praises to God, as the Author of all our Comforts and Benefits, has been ever look'd upon as a very proper Exercise for a Christian, even Brutes and inanimate things do somewhat towards the Acknowledgment of a Deity, and the praising of him for his Beneficence; But man is High-priest to the rest of the Creation, and is bound to a more express and particular charge of this office; therefore will I sing the Praises of my God while I have a Being here, that I may be prepared to do it better hereafter.

P S A L M CXLIX.

A Thanksgiving to God for his Love to his Church, and for the Power he hath given it to teach and govern its own Members.

O Sing unto the Lord a new song: let the congregation of saints praise him.

2. Let the true Christian rejoyce in him that made him; and all the children of God be joyful in their King.

M

3. Let

3. Let them celebrate his honour with musick : and sing praise unto him.

4. For the Lord hath pleasure in his people : and helpeth the meek-hearted.

5. Let the saints be joyful with glory : let them rejoyce in their stations.

6. Let the high praises of God be in their mouth : and a spiritual sword in their hands.

7. To be avenged of the wicked : and to rebuke the people.

8. To subdue the greatest monarchs : to the empire of Christ.

9. That they may be brought under government : such honour may all his saints have.

MEDITATION.

THE peace of God which passeth all understanding keep my heart and mind in the knowledge and love of God, and of his Son Jesus Christ our Lord, and the blessing of God Almighty, the Father, Son and Holy Ghost be upon me and remain with me always.

PSALM

PSALM CL.

A solemn Exhortation to praise God.

O Praise God in his sanctuary: praise him in the firmament of his power.

2. Praise him for his noble acts: praise him according to his excellent greatness.

3. Praise him with the sound of the trumpet: praise him upon the lute and harp.

4. Praise him with all the attendants of musick: praise him upon the stringed instruments and Pipe.

5. Praise him upon the loud instruments: praise him upon the high-sounding Organ.

6. Let every thing that hath breath: praise the Lord.

MEDITATION.

TIS not the noisy string or airy voice,
but the sound heart, and pure love,
that is most musical in the ears of God.
O that I were filled with the Spirit, then
should I sing with raptures, elevations and
raised meditations indeed! Tune up my heart,
O God, still more and more to an earnest
desire of praising thee, that I may continue
to sing *Hallelujahs* here, till I be trans-
lated to the happy Quire of glorified Saints
M. 2 and

and Angels, and joyned with them in singing an eternal *Hallelujah* to him that sits upon the Throne, and to the Lamb for ever and ever; even so be it for Jesus Christ his sake; Amen, *Hallelujah*.

25 SE 60



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